

# Comparing Apples to Apples



**You will need:** a red, a green, and a yellow apple; copies of the attached handout for your 4-H Cloverbud members, crayons, pencils or pens, napkins or plates, paring knife or an apple slicer

## **Instructions:**

Take advantage of the apple harvest by completing this 4-H Cloverbud activity. Purchase a red, a green and a yellow apple. Visit this web-site <http://www.ohioapples.org/> and click on “Ohio Apple Varieties and Their Uses” for a guide to selection and use of apples, or use those suggested here:

Variety	Color	Flavor	Texture	Use
Granny Smith	Green	Tart (sour)	Hard	Salads, pies, baking
Golden Delicious	Yellow	Sweet	Firm	Eating fresh, salads, baking
Cortland	Red	Spicy	Tender	Salads, sauce, pies and baking

## **Teaching Activities:**

- Talk about the different colors of apples. Ask the children what color of apples they usually eat. There are lots of different varieties/kinds of apples. Print the names of the three apples on poster paper. Using the “Comparing Apples to Apples” handout, ask the children to print the names of the apples in the first column of the chart. Besides coming in different colors, they have different flavors (sweet, spicy, tart) and different textures (tender, crisp, firm, hard).
- Ask the children to name foods that are made from apples. Tell them that different kinds of apples are used for different foods. Tender apples are softer inside than others so they make great applesauce. Most people enjoy eating crisp apples fresh. Some people like sweet apples while others like tart ones. Most tart apples make good pies, crisps, and apple dumplings because sugar is added to make them taste sweet.
- Wash and slice each apple. Give the children a slice of each apple. As they taste each slice have them complete the chart on the activity sheet. Ask the Cloverbuds which apple they would like to eat fresh, in pie, or in apple-sauce.
- After they’ve tasted each apple, have them color the big apple the same color as their favorite apple. Ask how many children liked each variety. Decide which variety is most popular with your group. Have the children explain how they choose their favorite.
- For more resources on apples or a listing of children’s books, visit the Cloverbud Connections web-site at [www.cloverbudconnections.osu.edu](http://www.cloverbudconnections.osu.edu) and click on “Past Issues” and then “Fall, 2003.”

*Prepared by: Joyce A. Shriner, Extension Educator, FCS/County Extension Director, OSU Extension, Hocking County.*



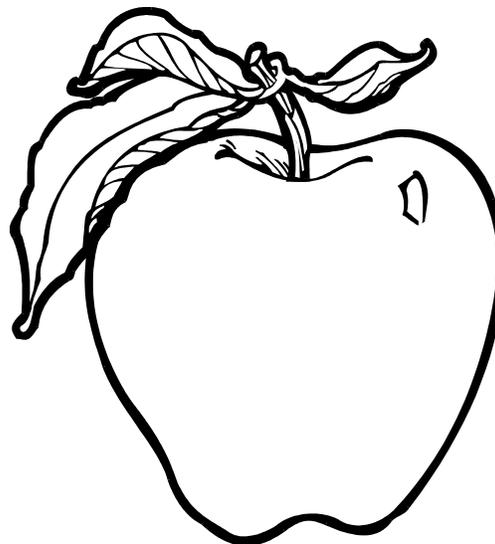
**4-H Cloverbuds**  
OHIO STATE UNIVERSITY EXTENSION

# Comparing Apples to Apples



Name: \_\_\_\_\_

Word Bank	
Color:	red, green, yellow
Flavor:	tart (sour), sweet, spicy
Texture:	hard, firm, tender (soft)
Use:	eating fresh, pie, applesauce



**Instructions:** Taste each apple slice and then use the word bank to complete this chart. Color the big apple the same color as your favorite apple.

Name (Variety)	Color	Flavor	Texture	Use

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