

For Immediate Release

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Opportunities Growing for 4-H Cloverbuds

4-H Cloverbud programs and activities that are happening in Ohio include: clubs, day camps, after school programs, fair activities, and school enrichment, some of which are happening right here in **[insert county name]** County. 4-H Cloverbuds is an age-appropriate program designed for children who are age five and in kindergarten until age 8 and 3rd grade. Last year, more than 25,000 young children throughout the state participated in Ohio's 4-H Cloverbud program. Since Cloverbuds began, its members have enjoyed many exciting activities and events such as Experimenting With the Senses, Ant Antics, Super Seed Fun, Digging Those Dinosaurs, Have You Eaten a Flower Today? and Fitness is Fun in the many formats previously mentioned.

In 4-H Cloverbud Day Camp settings, adult and teen volunteers serve as camp counselors to help children do all kinds of activities. For starters, Cloverbud children paint flower pots, plant plants, and sing songs. Camp themes are often used such as "Around the World in Four Days," with activities over a four-day period ranging from "Heartland of America" to "Chilly in Jamaica." This is just one example of the many types of 4-H Cloverbud programs that exist in Ohio and **[insert county name]** county.

4-H Cloverbuds is great because it is specifically designed to promote life skills in children enabling them to become the best they can be in the future as adolescents and adults. There are five life skills focused on in 4-H Cloverbuds: feeling good about oneself

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4-H Cloverbuds

(self-esteem), making friends, making decisions, learning how to learn, and physical mastery. All of which are attained through the numerous activities and events preciously mentioned.

Scott Scheer, OSU Extension Preadolescent Education Specialist, reports that 4-H's Cloverbud program may be just right for your child or yourself as a 4-H Cloverbud Volunteer. 4-H takes great pride in this program knowing that with your assistance we can help young children start off on the right track. Children in 4-H Cloverbuds experience a program that is fun, success oriented, leader directed, noncompetitive, broad based, and positively focused.

[County Educators's Full Name], **[County Name]** County OSU Extension Educator agreed. **[Educator's Last Name]** said that the 4-H Cloverbud program is ideal to help children improve their life skills by sharing, learning, and achieving. For more information about the 4-H Cloverbud program, please contact the **[county]** County OSU Extension Office at **[County Phone Number]**.

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