## For Immediate Release

Source: Ryan J. Schmiesing and Vicki Schwartz, Interim Co-State 4-H Leaders & Assistant Directors, Ohio State University Extension

PH: 614-292-6944; FX: 614-292-5937; EM: 4hweb@ag.osu.edu; www.ohio4h.org

## Ohio 4-H - Making A Difference

For more than 100 years The Ohio State University has been home to the largest out-of-school, educational program in the United States with over 7 million young people participating last year. This program, known as 4-H, was first developed in 1902 by A.B. Graham, Superintendent of Clark County Schools in Springfield, Ohio. Since those early days, 4-H has grown to include rural, suburban, and urban youth and continues to focus on critical issues facing young people in their local communities.

[educator's full name], Extension Educator, 4-H Youth Development, further explained that Graham first initiated the concept of 4-H with the idea that if young people could "learn by doing" in the environment around them. According to [educator's last name], Graham's philosophy was that by learning about the soil, studying plants and how they grow, conducting experiments and research, youth could become more productive people and have a better quality of life.

Today, Ohio 4-H is still an exciting program for young people, said [educator's last name], with over 318,000 members "learning by doing" and developing themselves to their greatest potential with the motto "to make the best better." The vision of Ohio 4-H is developing youth to become positive, productive citizens and catalysts for effective change to improve our diverse society. The [county name] county 4-H program currently reaches [number of 4-H youth] youth.

Ohio 4-H programs are designed to engage youth in healthy learning experiences, thus increasing self-esteem and problem solving skills. [educator's last name] said programs address topics such as stress management, parent-teen communication, personal development, careers, environmental stewardship, and global understanding. A wide range of content offerings encourages youth to explore science, technology, and citizenship. [educator's last name] also talked about the statewide 4-H effort. [he or she] said Ohio 4-H offers over 200 different projects related to the needs of people living in a complex society.

"4-H is a dynamic program because of the many volunteers who support youth who are involved in clubs, special interests groups, and school enrichment programs, and many other programs **[educator's last name]** said. "Nearly 22,000 adults in Ohio give their time, energy and talents to guide and teach youth through various educational programs and activities."

[educator's last name], reported that [number of 4-H volunteers] volunteers are involved in the [county name] county 4-H Youth Development program.

For more information about the 4-H program, contact the [county name] county Ohio State University Extension office at [office phone number].