Ohio 4-H New & Notes March 17, 2013

Hi,

In the past week I had the opportunity to share some data relative to the contributions of 4-H Volunteers in a couple of different presentations, and now I think it is a good idea to put these data in writing.

Without Volunteers, 4-H would not be what it is today; recent data have shown that in 2012 Ohio had more than 4,550 4-H clubs under the watchful eyes of more 22,000 adult 4-H volunteers. A recent study has determined that the median time commitment was 6 hours per week during the summer months. If we just take four busy 4-H months per year, then 6 hours X 16 weeks X 22,000 = 2,112,000 4-H volunteer hours.

The most recent information from the Independent Sector indicates that the value of volunteer time now is \$21.79/hour. If we take the 2,112,000 4-H volunteer hours X \$21.79, that equals a little over \$46 million of volunteer contribution in Ohio each year. In addition, we know that the median miles driven were 11 miles per month by each 4-H Volunteer and the median cash contribution was \$26. That is a total 968,000 miles in four months, and another \$572,000 is cash contributions by volunteers. Beyond the club, many advisors give time to the 4-H advisory committees, as well as service committees and fund raising committees as 4-H is very much a "grass roots" organization

Back when I began as a county 4-H Professional, I thought the "chicken and the egg" question was, "What comes first, several youth who might be interested in a particular 4-H subject matter area, or a qualified adult who knew something about a particular 4-H subject matter area?" It did not take me too long to realize that first we need a volunteer. And this volunteer cannot be one that we have to "twist their arm" to engage them in 4-H. They must have their own inner interest to become a part of 4-H. That is not to say that we do not ask people to become volunteers, but it does mean that a volunteer will not have sustained commitment if s/he is somewhat coerced into the position.

I know that we are asking our 4-H Volunteers to do more and more each year. We try to minimize the extra burdens, but some things become unavoidable. Our over arching goal is that everything that we do will make our 4-H organization better, and therefore provide better experiences for youth. I know from experience that more rigorous requirements may initially create a downturn in participation, but a better organization eventually attracts more involvement.

That is what we are about, "To Make the Best Better"

Thanks,

Patricia Kunz Brundige Youth Development Fund for Positive Youth Development Research - Request for Proposals

Fund Description: The Patricia Kunz Brundige Youth Development Fund was established in 2012 by the Board of Trustees of The Ohio State University. The annual distribution from this fund shall be used to support seed grants for research in positive youth development through OSU Extension. Research areas may include, but are not limited to, volunteer recruitment and retention for youth development programs, impact of youth development programs on workforce development, and evaluation of efficacy of existing 4-H youth development programs. Grants will be awarded on a competitive basis to OSU Extension faculty and staff. Awards shall be made in accordance with guidelines and procedures established the assistant director of OSU Extension – 4-H Youth Development. For 2013 up to \$6,000 is available. See attached RFP, which is due to Tom Archer, archer, archer, by March 18.

2013 Special Needs 4-H Camp

June 14-16 Canter's Cave 4-H Camp

CLICK HERE FOR FLYER

2013 Ohio Pullorum Testing Schools Announced

The Ohio Poultry Association and the Ohio Department of Agriculture are combining efforts to organize Pullorum-Fowl Typhoid pate agglutination tester training classes for testers whose certifications are due to expire or for those interested in becoming testers. People must be 18 years of age and older to become a certified tester. Information and a registration form can be found at:

http://www.4hansci.osu.edu/poultry/index.php. For questions please contact the Ohio Poultry Association at 614.882.6111.

Scarlet & Gray 4-H & FFA Judging Contest

The OSU Saddle & Sirloin Club is hosting a judging contest on April 13, for 4-H members 8-18 and FFA members. The contest will be held at the OSU Sheep Barns. Youth will be judging 8 classes, with seniors giving 4 sets of reasons and juniors giving 2 sets of reasons. The cost is \$7.50 per contestant. Contestants must be pre-registered by April 11. The flyer is posted at:

http://www.4hansci.osu.edu/livestock/livestockEvents.php. For additional information please contact Kayla Hinds at hinds.33@osu.edu.

4-H Volunteer Orientation Resources on Website: Off to a Good Start

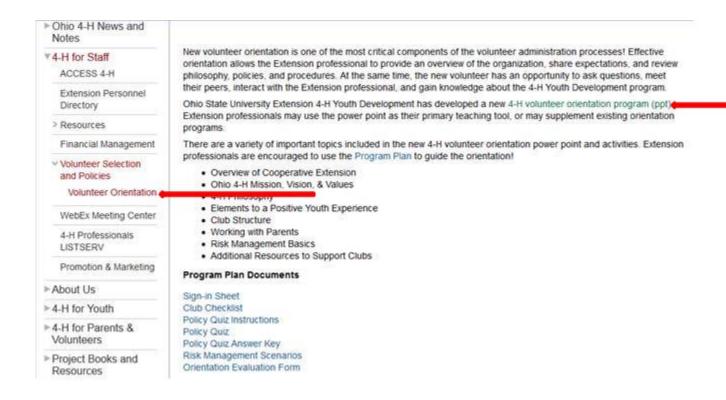
Not yet accustomed to the new website, there have been questions about finding the 4-H Volunteer Orientation training resources, Off to a Good Start. The screen shot below will be helpful. These materials can now be found as a drop down of Volunteer Selection and Policies in the Left-hand bar.

The PowerPoint is a link in the main window. It may be a bit difficult to see as it is a dark blue/green, but it is a live link within the 2^{nd} paragraph of the message.

The teaching plan of how to use the resource is the blue hot link in the 3rd paragraph.

All the handouts are then found as links in the Program Plan Documents below the bottom of that window.

http://www.ohio4h.org/4-h-staff/volunteer-selection-and-policies/volunteer-orientation



The Ohio State University College of Veterinary Medicine Annual Open House

The College of Veterinary Medicine is hosting its Annual Open House from 9 a.m.- 3 p.m. Saturday (4/6). Activities are designed for all ages, including the popular children's activity center, information booths featuring student groups and community organizations, an exotic animal display, plus demonstrations and seminars discussing animal behavior, applying to vet school and careers in vet med, as well as self-guided tours of the Veterinary Medical Center. This year's keynote speaker will be Thomas E. Stalf, President and CEO of the Columbus Zoo and Aquarium. Admission is free.

--> Read more: http://vet.osu.edu/annualopenhouse

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Commodity Carnival Opportunity at 2013 Ohio County Fairs and Other Similar Events The Chicago Mercantile Exchange (CME) is providing \$1000 for each of eight Ohio Fairs (or similar events) to host a Commodity Carnival in 2013. Two hands-on mini-carnival activities will introduce participants to the concepts of agricultural futures and options. Activities focuses on an educational component and guides participants on the path from producing a commodity to selling it. In the process, participants will discover how business investments and risks factor enter into agricultural markets and prices. Please review the video located at the URL below to understand what will be involved. The primary responsibility will be scheduling times for older teens or adults to man the "Carnival". Materials, banners, and equipment will be provided at no cost to the participating events. Contact Bob Horton or Tom Archer if interested or for further information.

See the video at: https://voicethread.com/share/4113218/

National Physical Activity Plan

The U.S. Department of Health and Human Services (HHS) has just released a 5-year follow-up report to the 2008 Physical Activity Guidelines for Americans. The Physical Activity Guidelines for Americans Midcourse Report: Strategies to Increase Physical Activity Among Youth provides recommendations for increasing physical activity levels of American youth across five key settings:

- Schools
- Preschool and Childcare
- Community
- Home
- Healthcare http://www.ohio4h.org/node/399/edit

The bottom line is that kids need 60 minutes or more per day where they live, learn and play. To access the report, please visit www.health.gov/paguidelines http://r20.rs6.net/tn.jsp?e=001-l2AFXKpdxOGaSG0N S-

Omn_Db2KHQNFjPeK_oputgVmUD_Agt6e7M7jj6bodjVx4ik1jJgFtg2VOWyY93Uy_ebRJPENP5l9_S Ywz-G3v2V5DysxxXjbQxyZCKkgzRzL>. The National Physical Activity Plan Alliance is working with HHS to broaden awareness for the report. We would sincerely appreciate any actions you can take to let others know about the report Sincerely, Russell R. Pate President National Physical Activity Plan Alliance.