

4-H EVENT/OPPORTUNITY:

Master 4-H PetPALS Volunteer Leader Training

DATE/DEADLINE:

Event date: Saturday, March 3, 2018, 10:00 a.m. – 4:00 p.m.

Registrations due Friday, February 23, 2018

LOCATION:

Nationwide & Ohio Farm Bureau 4-H Center, 2201 Fred Taylor Drive, Columbus, OH 43210

REGISTRATION INFORMATION:

The registration fee is \$35.00 per person. This fee covers the cost of registration, lunch, teaching materials, and CGC testing (dogs). Each participant is responsible for purchasing a set of the 4-H PetPALS curriculum prior to the training (except youth); and one set per club is fine. Registrations are due Friday, February 23. Refer to the registration form. *(Note: Youth ages 13 and older who would like to help Master 4-H PetPALS Volunteers with their clubs are welcome to attend this training. They must complete a registration form and pay the \$25.00 fee.)*

BRIEF DESCRIPTION:

4-H PetPALS (People and Animals Linking Successfully) is an intergenerational 4-H project connecting youth and their pets with senior adults in various types of healthcare facilities. The core curriculum relies on trained adult volunteers, called Master 4-H PetPALS Volunteer Leaders, who teach youth skills needed to interact with residents of healthcare facilities, specifically assisted living and skilled nursing environments. Members learn to select, socialize, and train appropriate pets to participate as youth-pet teams in animal-assisted activities. They learn how animals behave and communicate, and how to interpret their own pet's temperament and personality. Youth practice safe and humane animal handling techniques, involve their pets in animal wellness programs, and practice responsible pet ownership and care. Youth participate in aging sensitivity simulation activities to learn about the physical changes associated with aging. After completing additional sensitivity simulation activities to learn about medical conditions they may encounter, youth role play with their pets to learn how to meet and communicate with senior adults. Upon successfully completing the curriculum, 4-H members and their pets, accompanied by adult volunteers, visit senior healthcare facilities, thus enhancing intergenerational relationships. Refer to the Master 4-H PetPALS Volunteer job description.

GOALS/OBJECTIVES:

This Master 4-H PetPALS Volunteer Training is designed to:

- Teach volunteers the key elements necessary for youth to have a positive 4-H experience.
- Familiarize volunteers with the 4-H PetPALS Leader's Guide and Project and Record Book.
- Prepare volunteers, using experiential learning teaching methods, to conduct the activities described in the 4-H PetPALS curriculum.
- Teach volunteers animal handling and assessment skills.
- Teach volunteers how animals communicate and the appropriateness of pets for 4-H PetPALS animal-assisted activities.
- Teach volunteers how to form partnerships with senior healthcare facilities.



- Teach volunteers how youth should communicate and visit with residents in senior healthcare facilities.
- Teach volunteers about aging, physical, and medical conditions 4-H PetPALS may encounter during visits.
- Teach volunteers the protocols for 4-H PetPALS animal-assisted activities.

CONTACT PERSON:

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Master 4-H PetPALS Volunteer Leader

Volunteer Job Description

Ohio 4-H Program

Ohio State University Extension

Position Title: Master 4-H PetPALS Volunteer Leader

Time Required: Two-year minimum time commitment.
Must be able to attend a 6-hour volunteer workshop.
Initially, 10 - 15 hours to teach curriculum, then four hours per month.
Other time varies according to 4-H PetPALS training, visits, etc.

Location: Volunteer's Community

General Purpose: Serve as a 4-H club project leader to youth enrolled in the 4-H PetPALS program. Help recruit and teach youth, ages 9 - 18, with pets, to become 4-H PetPALS, conducting animal-assisted activities.

Specific Responsibilities:

- ◆ Incorporate the eight key elements of positive youth development in all aspects of 4-H;
- ◆ Be committed to young people and their growth in all areas;
- ◆ Be dedicated to young people and sensitive to their abilities and needs;
- ◆ Follow all 4-H guidelines and policies of Ohio State University Extension and the Ohio 4-H Program;
- ◆ Attend a 6-hour workshop to embrace positive youth development and learn how to implement the 4-H PetPALS program;
- ◆ Become a Master 4-H PetPALS Volunteer Leader as a result of the 6-hour workshop;
- ◆ Identify a minimum of three to five youth, ages 9-18, who show interest in 4-H PetPALS;
- ◆ Recruit these youth, ages 9-18, to become 4-H PetPALS;
- ◆ Help youth identify pets to socialize and train to become 4-H PetPALS;
- ◆ Provide the opportunity for youth to train their pets and prepare them for 4-H PetPALS visits using positive reinforcement and humane methods;
- ◆ Provide the opportunity for youth to socialize their pets throughout the training;
- ◆ Help youth and their pets successfully complete the requirements to become 4-H PetPALS for animal-assisted activities visits in local senior healthcare facilities such as skilled nursing, assisted living or retirement centers;
- ◆ Identify one senior healthcare facility desiring animal-assisted activities visits;
- ◆ Assist youth in making contacts with senior healthcare facility for 4-H PetPALS visits;
- ◆ Assist youth in making at least one visit per month to one or more senior healthcare facilities.
- ◆ Encourage 4-H parents to attend 4-H PetPALS club meetings and trainings; and
- ◆ Welcome parents' cooperation and support of 4-H PetPALS.



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AND ENVIRONMENTAL SCIENCES



ohio4h.org

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis. For more information: go.osu.edu/cfaesdiversity.

Qualifications:

An individual serving as a Master 4-H PetPALS Volunteer Leader must have:

- ◆ Been approved as a current 4-H volunteer;
- ◆ A sincere interest in working with 4-H members;
- ◆ Experience in working with dogs, cats and other acceptable pets; the volunteer may have a co-leader who does not have experience with animals;
- ◆ A sincere interest in animal-assisted activities;
- ◆ A desire to enhance the lives of senior healthcare skilled nursing, assisted living or retirement center residents;
- ◆ The ability to teach and motivate youth while nurturing positive self esteem, decision making, responsibility and leadership in the youth;
- ◆ A sincere interest in teaching and sharing knowledge and skills with youth in an educational setting;
- ◆ The ability to work and communicate effectively in verbal and written forms;
- ◆ The ability to work with minimal supervision from professional staff; and
- ◆ A willingness to become familiar with and work within the philosophy and guidelines of Ohio State University Extension and the Ohio 4-H program.

Ohio State University Extension Agrees To:

- ◆ Provide training opportunities that will help volunteers meet the needs of the youth;
- ◆ Provide appropriate curriculum and other resources;
- ◆ Provide avenue(s) for youth and their animals to become 4-H PetPALS;
- ◆ Have professionals available to consult with volunteers on a one-on-one basis; and
- ◆ Provide appropriate recognition and awards to volunteers and youth.

Supervising Professional:

Lucinda B. Miller, Ph.D.
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Livestock, Companion & Small Animal Programs
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REGISTRATION FORM
MASTER 4-H PetPALS VOLUNTEER LEADER TRAINING
March 3, 2018
Nationwide & Ohio Farm Bureau 4-H Center
The Ohio State University, Columbus
10:00 a.m. – 4:00 p.m.

Name _____ County _____

Mailing Address _____
P. O. Box or Street No.

_____ City _____ State _____ Zip _____

Phone (____) _____ Email _____

Adult _____ **Youth** _____ (Registration fee: \$25.00)

Registration Fee:

\$35.00 (includes lunch, teaching materials, and CGC testing)
Make checks payable to: The Ohio State University

Note: Prior to the training, adults should purchase the 4-H PetPALS Leader's Guide (4-H 230GPM) – 1 Guide per club is fine – and Project Record and Book (4-H 230), become familiar with the contents, and bring them with you to the training. Curriculum can be purchased through county Extension offices or by ordering online at: <http://estore.osu-extension.org/>.

You are encouraged to bring your own pet that you would like to take to visit senior healthcare facilities. More information will be sent to those who register. Please indicate what species of animal you will bring:

_____ Dog _____ Cat _____ Rabbit _____ Guinea Pig

_____ Other (please specify _____)

Please provide information for any special dietary needs and/or accommodations for disabilities:

Mail this registration form along with the applicable registration fee(s) to:

4-H PetPALS Volunteer Leader Training
Attn: Lucinda Miller, Ph.D., Extension Specialist, 4-H
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