Achievement Form Section Suggestions

Note: These are just examples of what could go in each section.

Section A: 4-H Project Work

- **Beef**
  - All Beef Projects
  - Dairy Feeder

- **CARTEENs**
  - 4-H CARTEENs facilitators only

- **Citizenship & Community Service**
  - My Hands to Larger Service *Can also go under Leadership
    - *(Not directly project-related but focuses more on over all service projects, leadership, activities, etc.)*

- **Clothing and Textiles**
  - Clothes for High School and College
  - Accessories for Teens
  - Creative Costumes
  - Sew Fun
  - Fun with Clothes
  - Embellish
  - Sew for Others
  - Sundresses and Jumpers
  - Active Sportswear
  - Dress-Up Outfit
  - Loungewear
  - Tops for Tweens
  - Outerwear for Anywhere
  - Clothing for Middle School
  - Look Great for Less
  - Clothing for Your Career
  - Shopping Savvy
  - Sewing and Textiles Master
  - Get Started in Art (Textile Medium)
  - Quilting

- **Companion Animals**
  - All Dog Projects
  - Cavy
  - Purr-fect Pals
  - Climbing Up
  - Leaping Forward
  - Pocket Pets
  - PetPALS
  - Pet Rabbits
  - Self Determined- Small Animals

- **Dairy**
  - All Dairy Cattle Projects

- **Dairy Goat**
  - All Dairy Goat Projects

- **Environmental Science**
  - Explore the Outdoors

- **Foods and Nutrition**
  - Let’s Start Cooking
  - Let’s Bake Quick Breads
  - Yeast Bread on the Rise
  - You’re the Chef
  - Global Gourmet
  - Grill Master
  - Beyond the Grill
  - Star Spangled Foods
  - Pathways to Culinary Success
  - Party Planner
  - Sports Nutrition 1 and 2
  - Racing the Clock to Awesome Meals
  - Dashboard Dining
  - Fast Break for Breakfast

- **Gardening and Horticulture**
  - Canning and Freezing
  - How Does your Garden Grow?
  - Grow Your Own Vegetables
  - Growing with the Seasons
  - Flower Gardening

- **Health and Safety**
  - You’re the Athlete
  - Staying Healthy
  - Keeping Fit
  - First Aid in Action
  - Alcohol and Drug Abuse
  - The Truth About Tobacco

- **Horse**
  - All Horse Projects

- **Family Life and Child Development**
  - Growing on My Own
  - Growing with Others
  - Growing in Communities
  - Family History Treasure Hunt
  - The Laundry Project
  - Adventures in Home Living
  - Makeover My Space
  - Your First Home Away From Home
  - Cake Decorating
  - Scrapbooking
  - My Favorite Things
Leadership
- One on One
- Club Leadership 1
- Diversity
- Teens on Board
- Leadership Road Trip
- Pantry Panic
- Leadership Master
- Club Leadership 2
- My Hands to larger service *Can also go with Citizenship
  - (Not directly project-related but focuses more on overall leadership of projects, activities, offices, etc.)

Meat Goat
- Market- Dairy, Meat or Cross Goats

Mechanical and Engineering Science
- Rockets Away
- Science Fun with Flight
- Solid-Fuel Rocketry Master
- ATV Safety
- Bicycling for Fun
- Wheels in Motion
- Magic of Electricity
- Investigating Electricity
- Wired for Power
- Entering Electronics
- Science Fun with Electricity
- Young Engineers in Solar Energy
- Electric Radio-Controlled Vehicles
- Not just Knots
- Science Fun with Physics
- Robotics (Level 1, 2, and Master)
- Crank It Up
- Warm It Up
- Tune It Up
- Lawn Care
- Starting up: Getting to Know Your Tractor
- Tractor Operations: Gearing Up for Safety
- Moving Out: Learning About Agricultural Tractors and Equipment
- Learning More: Learning About Agricultural Tractors and equipment
- National Safe Tractor and Machinery Program

Details to add to each project:
- Name of project:
- What did you learn?
- How much time did you spend on your project?
- How much money did you spend?
- How much money did you make?

Arcs and Sparks

Personal Development
  - (Not directly project-related but focuses more on overall growth of the member over their 4-H career.)

Photography
- Focus on Photography
- Controlling the Image
- Mastering photography
- Photography Master

Poultry
- All Poultry Projects

Rabbits
- All Rabbit Projects

Sheep
- All Sheep Projects

Shooting Sports
- Safe Use of Guns
- Basic Archery
- Rifle
- Archery
- Shotgun
- Pistol
- Hunting and Wildlife
- Muzzleloader

Swine
- All Hog Projects

Veterinary Science
- From Airedales to Zebras
- Ally Systems Go
- On the Cutting Edge
  - (Along with any livestock or small animal projects that have had a strong veterinary focus.)

Woodworking
- Measuring Up
- Making the Cut
- Nailing It Together
- Finishing Up
- Woodworking Master
Section B: 4-H Participation

- 4-H international program delegate
- Attended an educational tour
- Attended animal clinic (ex: dog, goat, rabbit, etc.)
- Attended or participated in another county’s fair event
- Attend a Ohio (Operation) Military Kids program activity
- Carving New Ideas Workshop participant
- County 4-H camp
- County awards program
- County demonstration contest
- County fair assistant
- County fair participant
- County health & safety speaking, creed contest
- County livestock judging contest
- County officer (Secretary, Treasurer, etc.) book contest
- County Skill-a-Thon
- County Fair Queen, Livestock Queen/Representative, Ambassador
- County workshop
- District health & safety speaking
- Helped assemble 4-H club scrapbook
- Horse PAS show
- Learned 4-H pledge and motto
- Ohio 4-H Conference participant
- Participated in club banquet or recognition program
- Participated in county 4-H officer training
- Participated in junior leadership programs
- Participated in junior fair board meeting activities
- National livestock show participation (with your 4-H project)
- National 4-H Conference attendee
- National 4-H Congress attendee
- National dairy conference attendee
- Showmanship participant
- State camp participant (Leadership, Sea, Space, etc.)
- State demonstration contest
- State health & safety speaking contest
- State fair showmanship participant
- State fair participant
- State livestock judging contest
- State Skill-a-Thon
- State workshop/clinic
- Summer/Still project judging participant
- Super Showmanship /Showman of Showman participant
- Quality Assurance training participant

Section C: Major 4-H Honors

- County award winner
- County trip winner (Leadership camp, CNI, Sea camp, etc.)
- Project placings
- Scholarship award winner
- Selected as a Junior Fair Board Member or to be in another leadership role
- Showmanship placings
- State achievement award recognition

Section D: 4-H Community Service/Citizenship

- Name of service activity/project
- Who participated in the service? Was it as part of your 4-H project, with your club, state, etc.?
- What did you do?
- How did you participate?
- Who did the project help/who did it reach?
- What did the project accomplish? How much was collected/donated?
Section E: 4-H Leadership: Educational/Promotional

- Arrange for a guest speaker at club meeting
- Assist with educational display or exhibit at the fair (species poster, Ag Adventures, etc.)
- Club or individual display at library, local store or event
- Encourage someone to join 4-H
- Facilitated 4-H CARTEENS program
- Have written or published news articles for your club
- Host or organize educational tour for your club
- Host and/or maintain 4-H club website
- Host an international youth
- Led a pledge at a local club meeting
- Led pledges at county event
- Mentor younger 4-H’er with project
- Ohio: Military Kids volunteer
- Participation in an organized member recruitment effort (club recruitment, school visit, 4-H week activity, 4-H Awareness Team, etc.)
- Radio or TV appearances promoting 4-H
- Served as a teen leader for your club
- Served as a camp counselor, junior fair board member, junior leader member, etc.
- Served as county fair queen, livestock representative/ambassador
- Taught at a club 4-H workshop
- Taught at a county 4-H workshop
- Taught educational session at 4-H camp
- Volunteer at a county 4-H event (Officer Training, 4-H Day, etc.)

Section F: 4-H Leadership: Office/Committee

- Club officer
- Club committee member (decorations, fundraising, community service, etc.)
- County fashion and nutrition board
- County committee member
- County junior leader officer
- County junior leader committee member
- County advisory committee member
- County junior fair board committee member
- County junior fair board officer
- County sale committee member
- County camp counselor planning committee member
- State board member (Fashion Board, Healthy Living, Teen Leadership Council, Junior Fair Board, etc.)

Section G: Non 4-H Experiences in School, Church and Community

- Boy/Girl Scouts
- Breed Association
- Campfire
- Church Member
- FFA Member
- Grange
- Honor Roll
- Music (Choir/Band Member)
- Theatrical Production Member
- Officer/Volunteer for a Non 4-H Group/Activity
- School/Co-op Club Member
- Sports Team
- Student Council Member

If you have any questions regarding the Ohio 4-H Achievement Form feel free to contact your local Extension Office or the State 4-H Office at (614) 292-4444.