



Cross-Reference of Lessons by Competencies and Title

The 27 lessons provided here are designed to teach the competencies in a thoughtful and engaging way. The competencies are listed in alphabetical order, but 4-H professionals can use the lessons in any order desired.

Each competency has at least one lesson, but each lesson might address more than one competency. For easy reference, see Cross-Reference of Lessons by Competencies and by Title. Descriptions of the competencies are provided in Ohio 4-H Camp Counselor Core Competencies and Their Descriptions.

Lessons Listed by Competencies

(Information in parenthesis indicates the competency where the lesson is located.)

1. **Child and Adolescent Development Knowledge**
 - A Recipe for Camping Success (1. Child and Adolescent Development)
 - Camper Self-Health Care (4. Health, Wellness, and Risk Management)
 - Catching Kids Being Good (14. Thinking and Problem Solving)
 - If/Then Behavior Management (1. Child and Adolescent Development)
 - Learning Styles (12. Teaching and Facilitating)
 - What's Age Got to Do with It? (1. Child and Adolescent Development)
2. **Communication**
 - Creating an Inclusive Environment at Camp (3. Cultural Awareness)
 - If/Then Behavior Management (1. Child and Adolescent Development)
 - Mastering the Art of Communication (2. Communication)
 - SMART Camp Marketing (2. Communication)
3. **Cultural Awareness**
 - Creating an Inclusive Environment at Camp (3. Cultural Awareness)
4. **Health, Wellness, and Risk Management**
 - Camper Self-Health Care (4. Health, Wellness, and Risk Management)
 - Proactive Camper Health and Wellness (4. Health, Wellness, and Risk Management)
 - Risk Management (4. Health, Wellness, and Risk Management)
 - Weather (4. Health, Wellness, and Risk Management)
5. **Personal Commitment**
 - Building an Effective Counselor Team (13. Teamwork and Leadership)
 - Personal Commitment (5. Personal Commitment)
 - Raccoon Circles (13. Teamwork and Leadership)
 - Time Management (7. Professionalism)
 - Why Are You Here? (5. Personal Commitment)
6. **Professional Development**
 - Opportunity Hunter 1 (10. Self-Direction)
 - Opportunity Hunter 2 (10. Self-Direction)
 - SMART Goals (6. Professional Development)



7. **Professionalism**
 - Time Management (7. Professionalism)
8. **Program Planning**
 - Camp Programming (8. Program Planning)
 - Learning Styles (12. Teaching and Facilitating)
 - Mastering the Art of Communication (2. Communication)
 - Planning a Session at Camp (8. Program Planning)
 - SMART Camp Marketing (2. Communication)
 - Teaching Sessions (8. Program Planning)
 - What's Age Got to Do with It? (1. Child and Adolescent Development)
9. **Role Model**
 - Being a Role Model (9. Role Model)
 - Looking Inward (11. Supportive Relationships)
 - Opportunity Hunters 1 (10. Self-Direction)
 - Opportunity Hunters 2 (10. Self-Direction)
 - Proactive Camper Health and Wellness (4. Health, Wellness, and Risk Management)
10. **Self-Direction**
 - Camper Self-Health Care (4. Health, Wellness, and Risk Management)
 - Catching Kids Being Good (14. Thinking and Problem Solving)
 - If/Then Behavior Management (1. Child and Adolescent Development)
 - Opportunity Hunters 1 (10. Self-Direction)
 - Opportunity Hunters 2 (10. Self-Direction)
 - Time Management (7. Professionalism)
11. **Supportive Relationships**
 - A Recipe for Camping Success (1. Child and Adolescent Development)
 - Creating an Inclusive Environment at Camp (3. Cultural Awareness)
 - Looking Inward (11. Supportive Relationships)
 - Opportunity Hunters 1 (10. Self-Direction)
 - Opportunity Hunters 2 (10. Self-Direction)
12. **Teaching and Facilitating**
 - Learning Styles (12. Teaching and Facilitating)
 - Planning a Session at Camp (8. Program Planning)
 - Teaching and Facilitating (12. Teaching and Facilitating)
 - Teaching Sessions (8. Program Planning)
 - What's Age Got to Do with It? (1. Child and Adolescent Development)
13. **Teamwork and Leadership**
 - Building an Effective Counselor Team (13. Teamwork and Leadership)
 - Creating an Inclusive Environment at Camp (3. Cultural Awareness)
 - Learning Styles (12. Teaching and Facilitating)



Lessons by Competency

- Mastering the Art of Communication (2. Communication)
 - Personal Commitment (5. Personal Commitment)
 - Planning a Session at Camp (8. Program Planning)
 - Raccoon Circles (13. Teamwork and Leadership)
14. **Thinking and Problem Solving**
- Camper Self-Health Care (4. Health, Wellness, and Risk Management)
 - Catching Kids Being Good (14. Thinking and Problem Solving)
 - If/Then Behavior Management (1. Child and Adolescent Development)
 - Mastering the Art of Communication (2. Communication)
 - SMART Camp Marketing (2. Communication)
 - Weather (4. Health, Wellness, and Risk Management)
15. **Understands Organizational and Camp Environment**
- A Recipe for Camping Success (1. Child and Adolescent Development)
 - Proactive Camper Health and Wellness (4. Health, Wellness, and Risk Management)
 - What Is Camp? (15. Understands Organizational and Camp Environment)





Lessons Listed by Title

(competencies covered in lesson)

- A Recipe for Camping Success (1, 11, 15)
- Being a Role Model (9)
- Building an Effective Counselor Team (5, 13)
- Camp Programming (8)
- Camper Self-Health Care (1, 4, 10, 14)
- Catching Kids Being Good (1, 10, 14)
- Creating an Inclusive Environment at Camp (2, 3, 11, 13)
- If/Then Behavior Management (1, 2, 10, 14)
- Learning Styles (1, 8, 12, 13)
- Looking Inward (9, 11)
- Mastering Art of Non-Verbal Communication (2, 8, 13, 14)
- Opportunity Hunters 1 (6, 9, 10, 11)
- Opportunity Hunters 2 (6, 9, 10, 11)
- Personal Commitment (5, 13)
- Planning a Session at Camp (8, 12, 13)
- Proactive Camper Health and Wellness (4, 9, 15)
- Raccoon Circles (5, 13)
- Risk Management (4)
- SMART Camp Marketing (2, 8, 14)
- SMART Goals (6)
- Teaching and Facilitating (12)
- Teaching Sessions (8, 12)
- Time Management (5, 7, 10)
- Weather (4, 14)
- What's Age Got to Do with It? (1, 8, 12)
- Why Are You Here? (5)
- What Is Camp? (15)

