

## Achievement Form Section Suggestions

*Note: These are just examples of what could go in each section.*

How does your project work demonstrate why you are the best applicant for this award? Some of your projects may fit under multiple categories. When you choose your award category (categories) consider ALL projects that have helped you with your success in this area.

You should also make the decision on where it is best to list items. Events and activities should only appear in one place within the application. The family guide is a good resource to also help organize project work.

### Section A: 4-H Project Work Category Ideas

- Beef
  - All Beef Projects
  - Dairy Feeder
- CARTEENs
  - 4-H CARTEENs facilitators only
- Citizenship & Community Service
  - My Hands to Larger Service \*Can also go under Leadership
  - Pantry Panic \*Can also go under Leadership
  - *(Not directly project-related but focuses more on overall service projects, leadership activities, etc.; how did you incorporate Citizenship & Community Service into your projects)*
- Clothing and Textiles
  - All clothing and textile projects- construction or shopping as listed in the family guide.
- Communications
  - Finding Your Voice
  - Play the Role
  - Set the Stage
  - Writing and Reporting for Teenagers
  - The Writer in You
  - *(Not directly project-related but focuses more on overall communication, demonstrations, leadership activities, etc.)*
- Companion Animals
  - All Dog Projects
  - Cavy
  - Purr-fect Pals
  - Climbing Up
  - Leaping Forward
  - Pocket Pets
  - PetPALS
  - Pet Rabbits
  - Self-Determined- Small Animals
- Creative Arts
  - Cake Decorating
  - Creative Arts
  - Scrapbooking
  - Get Started in Art
  - Quilting
  - My Favorite Things
- Dairy
  - All Dairy Cattle Projects
- Environmental Science
  - Explore the Outdoors
  - Exploring Ponds
  - Why Trees Matter
  - Ohio Birds
  - Trapping Muskrats in Ohio
  - Beginning Fishing
  - Fishing for the Intermediate
  - Beekeeping
  - Insect Adventures (Level 1,2 and 3)
- Family Life and Child Development
  - Babysitting
  - Family History Treasure Hunt
  - The Laundry Project
  - It's My Home
  - Makeover My Space
  - Your First Home Away From Home
  - Becoming Money Wise
  - Teens on the Road to Financial Success
- Foods and Nutrition
  - All Food & Nutrition Projects as listed in the Family Guide.
- Gardening and Horticulture
  - Canning and Freezing
  - How Does your Garden Grow?
  - Grow Your Own Vegetables
  - Growing with the Seasons
  - Flower Gardening
  - Crops (may be county specific)

- Goat
  - All Goat Projects
- Health and Safety
  - You're the Athlete
  - Staying Healthy
  - Keeping Fit
  - First Aid in Action
  - Alcohol and Drug Abuse
  - The Truth About Tobacco
  - Your Thoughts Matter
- Horse
  - All Horse Projects
- Leadership
  - One on One
  - Club Leadership 1
  - Club Leadership 2
  - Diversity
  - Teens on Board
  - Leadership Road Trip
  - Pantry Panic
  - Leadership Master
  - My Hands to Larger Service (Can also go with Citizenship)
  - *(Not directly project-related but focuses more on overall leadership of projects, activities, offices, etc.)*
- Llama
  - Llamas and Alpacas
- Mechanical and Engineering Science STEM
  - Rockets Away
  - Science Fun with Flight
  - Solid-Fuel Rocketry Master
  - ATV Safety
  - Bicycling for Fun
  - Wheels in Motion
  - Science Fun with Kitchen Chemistry
  - Magic of Electricity
  - Investigating Electricity
  - Wired for Power
  - Entering Electronics
  - Science Fun with Electricity
  - Young Engineers in Solar Energy
  - Science Fun with Dairy Foods
  - Electric Radio-Controlled Vehicles
  - Not Just Knots
  - Science Fun with Physics
  - Robotics (Level 1, 2, and Master)
  - Crank It Up
  - Warm It Up
  - Tune It Up
  - Starting up: Getting to Know Your Tractor
- Mechanical and Engineering Science STEM (Cont.)
  - Tractor Operations: Gearing Up for Safety
  - Moving Out: Learning About Agricultural Tractors and Equipment
  - Learning More: Learning About Agricultural Tractors and equipment
  - National Safe Tractor and Machinery Program
  - Arcs and Sparks
- Personal Development
  - *(Not directly project-related but focuses more on overall growth of the member over their 4-H career.)*
  - *Be sure to highlight your personal development through your project work.*
- Photography
  - All photography projects as listed in the Family Guide.
- Poultry
  - All Poultry Projects
- Rabbits
  - All Rabbit Projects
- Sheep
  - All Sheep Projects
- Shooting Sports
  - Safe Use of Guns
  - Basic Archery
  - All 700 level Shooting Sports Projects as listed in the Family Guide.
- Swine
  - All Swine Projects
- Veterinary Science
  - From Airedales to Zebras
  - All Systems Go
  - On the Cutting Edge
  - Along with any livestock or small animal projects that have had a strong veterinary focus. *Be sure to explain the focus in the "what you learned" portion.*
- Woodworking
  - Measuring Up
  - Making the Cut
  - Nailing It Together
  - Finishing Up
  - Woodworking Master

## Section A: 4-H Project Work (Continued)

List all project areas that you have been involved in during your 4-H career. Start with the project area in which you are applying for as your area of focus for the Achievement Form. Format your most recent project accomplishments first (including the year of involvement), then chronologically list your involvement in each project starting with most recent year and working back to your first year of involvement. Next, include another project area in which you have been involved. Again, list this project with its most recent year to its first year.

Details to add to each project:

- Name of project:
- What did you learn/what specific skills did you use?
- How much time did you spend on your project?
- How much money did you spend?
- How much money did you make?

## Section B: 4-H Participation

*Need to describe that these were true “participative” opportunities – if doing something that involved leadership being put forth, that opportunity should be listed in sections E or F. Participation means you were just there as an active participant. Items should only be listed in one place.*

- 4-H international program delegate
- Attended an educational tour
- Attended animal clinic (ex: dog, goat, rabbit, etc.)
- Attended or participated in another county’s fair event
- Attend an Ohio Military Kids program activity
- Carving New Ideas Workshop participant
- County 4-H camp
- County awards program
- County demonstration contest
- County fair assistant
- County fair participant
- County health & safety speaking, creed contest
- County livestock judging contest
- County officer (Secretary, Treasurer, etc.) book contest
- County Skill-a-Thon
- County Fair Queen, Livestock Queen/Representative, Ambassador
- County workshop
- District health & safety speaking
- Helped assemble 4-H club scrapbook
- Horse PAS show
- Learned 4-H pledge and motto
- Ohio 4-H Conference participant
- Participated in club banquet or recognition program
- Participated in county 4-H officer training
- Participated in junior leadership programs
- Participated in junior fair board meeting activities
- National livestock show participation (with your 4-H project)
- National 4-H Conference attendee
- National 4-H Congress attendee
- National dairy conference attendee
- Showmanship participant
- State camp participant (Leadership, Sea, Space, etc.)
- State demonstration contest
- State health & safety speaking contest
- State fair showmanship participant
- State fair participant
- State livestock judging contest
- State Skill-a-Thon
- State workshop/clinic
- Summer/Still project judging participant
- Super Showmanship /Showman of Showman participant
- Quality Assurance training participant

## Section C: Major 4-H Honors

- County award winner
- County trip winner (Leadership camp, CNI, Sea camp, etc.)
- Project placings
- Scholarship award winner
- Selected as a Junior Fair Board Member or to be in another leadership role
- Showmanship placings
- State achievement award recognition

## Section D: 4-H Community Service/Citizenship

- Name of service activity/project
- Who participated in the service? Was it as part of your 4-H project, with your club, state, etc.?
- What did you do?
- How did you participate?
- Who did the project help/who did it reach?
- What did the project accomplish? How much was collected/donated?

## Section E: 4-H Leadership: Educational/Promotional

- Arrange for a guest speaker at club meeting
- Assist with educational display or exhibit at the fair (species poster, Ag Adventures, etc.)
- Club or individual display at library, local store or event
- Encourage someone to join 4-H
- Facilitated 4-H CARTEENS program
- Have written or published news articles for your club
- Host or organize educational tour for your club
- Host and/or maintain 4-H club website
- Host an international youth
- Led a pledge at a local club meeting
- Led pledges at county event
- Mentor younger 4-H'er with project
- Ohio: Military Kids volunteer
- Participation in an organized member recruitment effort (club recruitment, school visit, 4-H week activity, 4-H Awareness Team, etc.)
- Radio or TV appearances promoting 4-H
- Served as a teen leader for your club
- Served as a camp counselor, junior fair board member, junior leader member, etc.
- Served as county fair queen, livestock representative/ambassador
- Taught at a club 4-H workshop
- Taught at a county 4-H workshop
- Taught educational session at 4-H camp
- Volunteer at a county 4-H event (Officer Training, 4-H Day, etc.)

## Section F: 4-H Leadership: Office/Committee

- Club officer
- Club committee member (decorations, fundraising, community service, etc.)
- County fashion and nutrition board
- County committee member
- County junior leader officer
- County junior leader committee member
- County advisory committee member
- County junior fair board committee member
- County junior fair board officer
- County sale committee member
- County camp counselor planning committee member
- State board member (Fashion Board, Healthy Living, Teen Leadership Council, Junior Fair Board, etc.)

## **Section G: Non 4-H Experiences in School, Church and Community**

- Boy/Girl Scouts
- Breed Association
- Campfire
- Church Member
- FFA Member
- Grange
- Honor Roll
- Music (Choir/Band Member)
- Theatrical Production Member
- Officer/Volunteer for a Non 4-H Group/Activity
- School/Co-op Club Member
- Sports Team
- Student Council Member

**If you have any questions regarding the Ohio 4-H Achievement Form feel free to contact your local Extension Office or the State 4-H Office at (614) 292-4444.**