



Teen Leadership 20

Intended Audience:

- Teens

Lesson Objectives:

Participants will:

- Define what a Leader means.
- Learn the definition of Leader.

Time: 20 minutes

Equipment and supplies:

- *Handout* – Leader Outline (one for each group)
- Pens

Do Ahead:

- Review Lesson
- Gather Equipment and Supplies
- Copy/print Leader Outline on 11x17 paper

Defining Yourself as a Leader

BACKGROUND

In many areas of a teenager's life, they will be asked different formats of a similar question – “Tell me about yourself”. This open-ended question can be a challenging answer.

WHAT TO DO

Activity: What is a leader?

Time needed: 15 minutes

- Divide into groups of 5-6 teens.
- Distribute one pen and a Leader Outline handout to each group.
- Within the group, members need to discuss words which describe a leader to them, and record them on their large paper. If applicable, record the words near a relevant area of the picture (Caring might be written near the heart, Service might be written near the hands, etc.).
- After 7-9 minutes, have the groups share their description words.

TALK IT OVER

Reflect:

Each participant should be able to define themselves as a leader and identify key words of what might define others who are leaders.

Apply:

Share the definition of Leader: *A Leader is the person who leads or commands a group, organization, or country.* How do you define yourself?

DIG DEEPER

- Pass out an index card and a pen to each person and allow 2 minutes to write a 30 second sales pitch finishing the statement “I am a leader _____”.
- What are some areas of your life, now or in the future, where you might use your sales pitch? (*job interviews, ambassadors, elections, etc*)



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Considerations for Conducting Virtually:

- Send Leader Outline to participants ahead of time and have them print it off or save to their computer
- Create breakout rooms to randomly place 5-6 participants in each breakout room
- In each breakout room, they can use the Leader Outline and discuss the words which describe a leader to them and write on the Leader Outline where it is most relevant
- After 7-9 minutes, come back as a large group to debrief and discuss results

Sources:

- Definition of Leader. (n.d.). Retrieved January 25, 2016, from <http://www.merriam-webster.com/dictionary/leader>

Reviewed by:

Ohio 4-H Teen Leadership Design
Team Members

Prepared By

Morgan Domokos, Extension
Educator
4-H Youth Development
OSU Extension Medina County
Phone: 330.725.4911 x. 105
Email: domokos.2@osu.edu

