

Ohio 4-H Planning Guide for In-person Meetings & Events

Updated June 1, 2021

Information effective June 1, 2021:

- Club meetings and events - including fundraisers, community service activities, local holiday parades and other community celebrations - can take place.
 - Follow state/local health department COVID guidance, if issued.
- Food booths, food-based fundraisers, buffets, and potlucks are permitted.
 - Follow state/local health department guidance regarding food service, COVID, etc.
 - Social distance while actively eating - at least 3-feet when possible.
- Face masks are strongly recommended for those who are not yet fully vaccinated.
 - "Strongly recommended" means the individual chooses to wear a mask or not.
 - Masks should fit snugly around the mouth and nose and be worn appropriately to be effective.
- Send the following notice in advance of the meeting/event:
 - *Individuals and/or family members may not attend if they or anyone living their household is experiencing any of the following symptoms: fever, cough, shortness of breath, loss of sense of taste or smell, or has been directly exposed (confirmed or suspected) to COVID-19 if they are not fully vaccinated. COVID-19 vaccinations are our best current protection against infection and a fatal outcome. Fully vaccinated individuals are not required to wear a face mask; however we strongly recommend eligible, but unvaccinated individuals to continue to properly wear a face mask when social distancing cannot be maintained.*
- Take attendance at the meeting or event. It is preferred to check-off names on a roster.
 - Keep attendance records for at least six months beyond the date of the meeting/event. Attendance records will be needed in case someone attending the meeting/event contracts COVID-19 and information is needed for contact tracing.

Continue to Consider:

Time

- Consider limiting the length of meetings and events, particularly those that take place indoors, and the length of time people will be in contact with one another. Sustained contact provides an increased opportunity for virus transmission.

Place

- Consider the guidance from your local county health department regarding locations where you meet, as well as where attendees may be coming from.

People

- Consider the overall number of attendees and whether this includes individuals (including others in their home) who may be at a higher risk of serious illness if they develop COVID-19.

Space

- Host meetings and activities outdoors when possible.
- Social distancing is encouraged.
- A general rule of thumb is to have no more than 75% of typical occupancy. For example: if a space typically holds 100 people, reduce the maximum number to 75 when possible.
- Offer options for virtual engagement when individuals request it due to COVID-19 concerns.



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Quarantine and Isolation

Quarantine or isolation is required by:

- People who have been in close contact with someone who has COVID-19, excluding people who have tested positive for COVID-19 within the past 3 months or who are fully vaccinated.
 - People who have tested positive for COVID-19 within the past 3 months and recovered, do not have to quarantine or get tested again as long as they do not develop new symptoms.
 - People who develop symptoms again within 3 months of their first bout of COVID-19 may need to be tested again if there is no other cause identified for their symptoms.
 - People who have been in close contact with someone who has COVID-19 are not required to quarantine if they have been fully vaccinated against the disease and show no symptoms.
- *What counts as close contact?*
 - You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more.
 - You provided care at home to someone who is sick with COVID-19.
 - You had direct physical contact with the person (hugged or kissed them).
 - You shared eating or drinking utensils.
 - They sneezed, coughed, or somehow got respiratory droplets on you.
- Any individual who develops COVID-19 symptoms, or any unvaccinated individual who learns they have been exposed to someone who tested positive for COVID-19, should immediately isolate and seek medical care.
 - Contact the local health department about suspected cases or exposures.
 - Work with your local health department to identify potentially infected or exposed individuals to help facilitate effective contact tracing.
 - Attend 4-H club and county activities virtually.
 - *If the individual attended a club meeting or activity:*
 - All unvaccinated individuals should participate virtually for 14 days following the exposure.
 - *If the individual attended a county, regional or state 4-H activity:*
 - Notify your county OSU Extension professional so they can work with local health departments as needed.

Sanitizing

- Clean and disinfect high-touch point areas and restrooms once a day. High touch points include door handles, faucets, handrails, and other commonly touched surfaces in high traffic areas.
- If you are unable to find an EPA-registered cleaner-disinfectant, the following bleach solutions may be used:
 - 5 tablespoons (1/3 cup) bleach per gallon of water OR 4 teaspoons bleach per quart of water
- Check the label to see if your bleach is intended for disinfection and confirm the product is not past its expiration date. Some bleaches, such as those designed for safe use on colored clothing or for whitening, may not be suitable for disinfection.
- Follow manufacturer's instructions for application and proper ventilation.
- Never mix household bleach with ammonia or any other cleanser.
- Wear disposable gloves when handling bleach solutions. Use nitrile gloves rather than latex since some people have a latex allergy.
- Leave solution on the surface for at least 1 minute.
- Bleach solutions will be effective for disinfection up to 24 hours.
- Alcohol solutions with at least 70% alcohol may also be used.

Practice Good Hygiene

- Wash your hands often, with soap and water for at least 20 seconds.
- Sneeze or cough into a tissue or the inside of your elbow.
- Provide tissues and make sure there is a wastebasket to dispose of used tissues.
- Provide hand sanitizer that contains at least 70% alcohol at a registration table or at a table near the entrance of the meeting room.

For More Information

- www.coronavirus.ohio.gov www.cdc.gov/coronavirus