

## WHERE DO I START?

With many opportunities available for teens, it's important to know where to start. Your first step should be to **contact your county 4-H professional.**

For more detailed information about each of these opportunities check out the Ohio 4-H Teen Opportunities Table at [go.osu.edu/Ohio4HTeenTable](http://go.osu.edu/Ohio4HTeenTable)



### Ohio 4-H Youth Development

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**CFAES**

OHIO STATE UNIVERSITY EXTENSION

# Ohio 4-H Opportunities for Teens



**THE OHIO STATE UNIVERSITY**  
COLLEGE OF FOOD, AGRICULTURAL,  
AND ENVIRONMENTAL SCIENCES



## WHAT OPPORTUNITIES ARE AVAILABLE TO YOU?

Ohio 4-H offers a wide variety of opportunities for teens to develop knowledge, skills, attitudes, and aspirations needed for success. Opportunities for teens begin at the local 4-H club level and expand to the county, state, national, and international levels through various awards, boards, travel experiences, and camping opportunities.

## COUNTY LEVEL

- 4-H Camp Counselor
- County Junior Fair Board Member
- CARTEENS
- Food and Fashion Board
- Junior Leaders

*Contact your county 4-H professional for more information about county level opportunities!*

## OHIO ACHIEVEMENT RECORD

By annually completing and submitting your Ohio 4-H Achievement Record, you are eligible to be selected for these opportunities. For more information visit: [go.osu.edu/4-hachievement](http://go.osu.edu/4-hachievement)

- **State 4-H Achievement Awards & National 4-H Congress**
  - 27 Award recipients receive a trip to National 4-H Congress in Atlanta, Georgia held in November each year
- **National Dairy Conference**
  - Two winners are selected annually to attend this conference in fall in Madison, Wisconsin
- **Ohio State Fair Junior Fair Board**
  - Represent Ohio 4-H during the action-packed 12 days of the Ohio State Fair (2-year term)
- **Ohio Township Association 4-H Local Government Award**
  - For seniors who have participated in local government activities

## STATE CAMP OPPORTUNITIES

- **Leadership Camp**
  - June 1-5, 2020; 4-H Camp Ohio; ages 14-18
  - [go.osu.edu/leadershipcamp](http://go.osu.edu/leadershipcamp)
- **Sea Camp**
  - July 11-15, 2020; Kelleys Island 4-H Camp; ages 15-17
  - [go.osu.edu/seacamp](http://go.osu.edu/seacamp)
- **Ohio Military Kids Camp Counselor**
  - August 3-7 & 7-11, 2020; Kelley Island 4-H Camp; ages 15+
  - [go.osu.edu/OMK](http://go.osu.edu/OMK)
- **Shooting Sports Education Camp**
  - Junior: June 26-28, 2020; ages 9-12
  - Senior: July 19-24, 2020; ages 12-18
  - [go.osu.edu/ssedcamp](http://go.osu.edu/ssedcamp)
- **Carving New Ideas**
  - November 2020; 4-H Camp Ohio; grades 8-12
  - [go.osu.edu/4-HCNI](http://go.osu.edu/4-HCNI)



## STATE BOARDS AND COUNCILS

Each of the opportunities below require separate applications and vary in their time commitment and requirements:

- **Ohio 4-H Health Heroes**
  - Teen advocate of Ohio 4-H Healthy Living program
  - One year term (may renew for additional years); grades 9-12
  - [ohio4h.org/healthheroes](http://ohio4h.org/healthheroes)
- **State 4-H Fashion Board**
  - Promote Ohio 4-H clothing program and assist at the Ohio State Fair Fashion Revue
  - One year term; preference to teens ages 14+
  - [go.osu.edu/statefashionboard](http://go.osu.edu/statefashionboard)
- **4-H Educational Youth Assistants**
  - Assist and represent Ohio 4-H at Ohio State Fair events; ages 13-18
  - [go.osu.edu/4HEYA](http://go.osu.edu/4HEYA)
- **Teen Leadership Council**
  - Statewide group of 4-H teens that provide a youth stakeholder perspective for Ohio 4-H while developing skills for future success
  - One year term (may renew for additional years); ages 14-18
  - [go.osu.edu/TLC](http://go.osu.edu/TLC)
- **Film Crew**
  - Program for youth interested in video and filmmaking; will create and share stories about 4-H in Ohio
  - One year term; grades 7-12

## EDUCATIONAL EXPERIENCES

- **Ohio 4-H Conference**
  - Day-long conference designed to engage teens in educational sessions pertaining to leadership, 4-H opportunities, and current events
  - Held annually in Columbus on the second Saturday of March; ages 13+
  - [go.osu.edu/O4HC](http://go.osu.edu/O4HC)
- **Ohio Youth Capital Challenge**
  - Learn how to make a difference through public policy and action
  - Hosted each spring/summer; ages 14-18 and grades 9-12
  - [go.osu.edu/OYCC2020](http://go.osu.edu/OYCC2020)
- **Buckeye Leadership Workshop**
  - This 5 day event focuses on experiential learning through recreation to learn, share, and grow
  - Held annually in March in central Ohio; ages 14+
  - [buckeyeleadership.com](http://buckeyeleadership.com)
- **Citizenship Washington Focus**
  - Held in Washington, D.C, this one-week experience develops students communication, leadership, and citizenship skills.
  - Ohio sends two delegations in June/July each year; ages 14-19
  - [go.osu.edu/CWF](http://go.osu.edu/CWF)
- **Leadership Washington Focus**
  - Leadership development experience designed exclusively for 4-H youth held in Washington, D.C.
  - Ohio sends one delegation in July each year; grades 7-9
  - [go.osu.edu/LWF](http://go.osu.edu/LWF)
- **International Program**
  - Many international trip opportunities for varying amounts of time are available each year for teens to immerse themselves in a new culture
  - [go.osu.edu/4Hinternational](http://go.osu.edu/4Hinternational)