GENERAL GUIDELINES
1. Age of Participants:
   - Junior (age 13 or under)
   - Senior (age 14 or over) as of January 1 of the current year.

2. Participation Guidelines:
   - Winner of any one class in 2016 is not eligible to participate in the same class in 2017.
   - Counties may have one participant per class. No individual may participate in more than one class.

3. Type of Evaluation:
   - Participant will have a personal interview evaluation with at least one judge.
   - Judge will evaluate participants on the following basis (also see sample score sheet):
     55% Knowledge (Basic concepts learned in the project)
     30% Interview (Presentation of the project)
     15% Project Display (Quality)

4. Participant to bring:
   - Registration information provided by your County 4-H Educator.
   - Completed project manual/book.
   - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview with the judge. The display does not need to be a tri-fold display board.

CLASSES
- J-1 Staying Healthy – Junior
- J-2 Staying Healthy – Senior
- J-3 The Truth About Tobacco – Junior
- J-4 The Truth About Tobacco – Senior
- J-5 Alcohol and Drug Abuse – Junior
- J-6 Alcohol and Drug Abuse – Senior
- J-7 Keeping Fit - Junior
- J-8 Keeping Fit - Senior
- J-9 First Aid in Action – Junior
- J-10 First Aid In Action – Senior
- J-11 You’re the Athlete -- Junior
- J-12 You’re the Athlete – Senior

AWARDS AND SPONSORS
1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. “Outstanding of the Day” awards will be presented to a select number of individuals at the 4:30 p.m. Awards Ceremony.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. Award Ceremony.

2016 CLASS WINNERS
- J-1 Staying Healthy -Junior: Trenton Morrissey, Meigs
- J-2 Staying Healthy-Senior: Callia Barwick, Mahoning
- J-3 The Truth About Tobacco, Junior: Luke Peart, Madison
- J-4 The Truth About Tobacco, Senior: Shyanne Zoellner, Scioto
- J-5 Alcohol and Drug Abuse, Junior: Emma McKibben, Pickaway
- J-6 Alcohol and Drug Decisions, Senior: Angelica Heggem, Greene
- J-7 Keeping Fit - Junior: Dennis Antalek, Summit
- J-8 Keeping Fit - Senior: Jacob Shuman, Ross
- J-9 First Aid in Action – Junior: Jeremiah Melvin, Clermont
- J-10 First Aid in Action – Senior: James Shuman, Ross
- J-11 You’re The Athlete -- Junior: Sarrianne Baum, Stark
- J-12 You’re The Athlete – Senior: Emma Wensink, Erie
JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union

10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot

11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood

1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington

2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams
4-H Health Day
Evaluation Sheet

NAME: _____________________________________    EXHIBITOR NUMBER: ________________

COUNTY: _____________________________    CLASS: _____________________________

AGE AS OF JAN. 1 (OF CURRENT YEAR): ____________    PROJECT NAME: ______________________

YEARS IN 4-H: _______________________________    YEARS IN PROJECT: ___________________

Keep this sheet with you until the judge calls your exhibitor number

Brief description of display/item you brought to the fair:

<table>
<thead>
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<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
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</thead>
<tbody>
<tr>
<td>Knowledge-</td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
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<tr>
<td>basic concepts/skills learned in project</td>
<td></td>
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<tr>
<td>Communication-</td>
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<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
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<tr>
<td>ability to communicate project knowledge</td>
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<tr>
<td>Quality-</td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
<tr>
<td>quality of project exhibited or displayed</td>
<td></td>
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</tr>
<tr>
<td>Judge’s Overall Rating</td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
</tbody>
</table>

Judge’s Comments:

Strengths:

Area(s) for improvement: