HEALTH DAY  
Youth Center  
Wednesday, July 24, 2019  
LISA JINKS, Assistant Superintendent

GENERAL GUIDELINES

1. Age of Participants:
   - Junior (age 13 or under)
   - Senior (age 14 or over) as of January 1 of the current year.

2. Participation Guidelines:
   - Winner of any one class in 2018 is not eligible to participate in the same class in 2019.
   - Counties may have one participant per class. No individual may participate in more than one class.

3. Type of Evaluation:
   - Participant will have a personal interview evaluation with at least one judge.
   - Judge will evaluate participants on the following basis (also see sample score sheet):
     - 55% Knowledge (Basic concepts learned in the project)
     - 30% Interview (Presentation of the project)
     - 15% Project Display (Quality)

4. Participant to bring:
   - Registration information provided by your County 4-H Educator.
   - Completed project manual/book.
   - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview with the judge. The display does not need to be a tri-fold display board.

CLASSES

J-1 Staying Healthy – Junior  
J-2 Staying Healthy – Senior  
J-3 The Truth About Tobacco – Junior  
J-4 The Truth About Tobacco – Senior  
J-5 Alcohol and Drug Abuse – Junior  
J-6 Alcohol and Drug Abuse – Senior  
J-7 Keeping Fit - Junior  
J-8 Keeping Fit - Senior  
J-9 First Aid in Action – Junior  
J-10 First Aid in Action – Senior  
J-11 You’re the Athlete – Junior  
J-12 You’re the Athlete – Senior  
J-13 Your Thoughts Matter – Junior  
J-14 Your Thoughts Matter -- Senior

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. “Outstanding of the Day” awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2018 clock trophies were sponsored by: Barb Mulford, Trevor Minyo, Kirk and Marlise Blair, The Wenner Family, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Emily Winnenberg

2018 CLASS WINNERS

J-1 Staying Healthy -Junior  Gracin Romero, Hancock  
J-2 Staying Healthy-Senior  Sydney Fannin, Warren  
J-3 The Truth About Tobacco, Junior  Hunter Drury, Allen  
J-4 The Truth About Tobacco, Senior  Hannah Crihfield, Athens  
J-5 Alcohol and Drug Abuse, Junior  Nora Grieshop, Mercer  
J-6 Alcohol and Drug Abuse, Senior  Jennel Benson, Mahoning  
J-7 Keeping Fit - Junior  Tivan Bennett, Wood  
J-8 Keeping Fit - Senior  Hannah Borton, Fulton  
J-9 First Aid in Action – Junior  Cayden Wills, Brown  
J-10 First Aid in Action – Senior  Isabella Byrd, Fairfield  
J-11 You’re The Athlete -- Junior  Mahaila Strobel, Morrow  
J-12 You’re The Athlete – Senior  Alexis Bailey, Licking
JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union

10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot

11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood

1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington

2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams
**4-H HEALTH DAY**

**Evaluation Sheet**

**NAME:** _____________________________________    **EXHIBITOR NUMBER:** ___________________

**COUNTY:** ___________________________________    **CLASS:** _____________________________

**AGE AS OF JAN. 1 (OF CURRENT YEAR):** ____________    **PROJECT NAME:** ______________________

**YEARS IN 4-H:** _______________________________    **YEARS IN PROJECT:** ________________

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**Keep this sheet with you until the judge calls your exhibitor number**

Brief description of display/item you brought to the fair:

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<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
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</thead>
<tbody>
<tr>
<td><strong>Knowledge</strong></td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
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<tr>
<td>basic concepts/skills learned in project</td>
<td></td>
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<tr>
<td><strong>Communication</strong></td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
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<tr>
<td>ability to communicate project knowledge</td>
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<tr>
<td><strong>Quality</strong></td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
<tr>
<td>quality of project exhibited or displayed</td>
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</tr>
<tr>
<td><strong>Judge's Overall Rating</strong></td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
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**Judge’s Comments:**

Strengths:

Area(s) for improvement: