

HEALTH DAY
Youth Center
Wednesday, July 24, 2019
LISA JINKS, Assistant Superintendent

GENERAL GUIDELINES

1. Age of Participants:
 - Junior (age 13 or under)
 - Senior (age 14 or over) as of January 1 of the current year.
2. Participation Guidelines:
 - Winner of any one class in 2018 is not eligible to participate in the same class in 2019.
 - Counties may have one participant per class. No individual may participate in more than one class.
3. Type of Evaluation:
 - Participant will have a personal interview evaluation with at least one judge.
 - Judge will evaluate participants on the following basis (also see sample score sheet):
 - 55% Knowledge (Basic concepts learned in the project)
 - 30% Interview (Presentation of the project)
 - 15% Project Display (Quality)
4. Participant to bring:
 - Registration information provided by your County 4-H Educator.
 - Completed project manual/book.
 - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview with the judge. The display does not need to be a tri-fold display board.

CLASSES

| | | | |
|-----|----------------------------------|------|--------------------------------|
| J-1 | Staying Healthy – Junior | J-8 | Keeping Fit - Senior |
| J-2 | Staying Healthy – Senior | J-9 | First Aid in Action – Junior |
| J-3 | The Truth About Tobacco – Junior | J-10 | First Aid in Action – Senior |
| J-4 | The Truth About Tobacco – Senior | J-11 | You're the Athlete -- Junior |
| J-5 | Alcohol and Drug Abuse – Junior | J-12 | You're the Athlete -- Senior |
| J-6 | Alcohol and Drug Abuse – Senior | J-13 | Your Thoughts Matter – Junior |
| J-7 | Keeping Fit - Junior | J-14 | Your Thoughts Matter -- Senior |

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. "Outstanding of the Day" awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2018 clock trophies were sponsored by: **Barb Mulford, Trevor Minyo, Kirk and Marlise Bloir, The Wenner Family, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Emily Winnenberg**

2018 CLASS WINNERS

| | | |
|------|------------------------------------|--------------------------|
| J-1 | Staying Healthy -Junior | Gracin Romero, Hancock |
| J-2 | Staying Healthy-Senior | Sydney Fannin, Warren |
| J-3 | The Truth About Tobacco, Junior | Hunter Drury, Allen |
| J-4 | The Truth About Tobacco, Senior | Hannah Crihfield, Athens |
| J-5 | Alcohol and Drug Abuse, Junior | Nora Grieshop, Mercer |
| J-6 | Alcohol and Drug Decisions, Senior | Jennel Benson, Mahoning |
| J-7 | Keeping Fit - Junior | Tivan Bennett, Wood |
| J-8 | Keeping Fit - Senior | Hannah Borton, Fulton |
| J-9 | First Aid in Action – Junior | Cayden Wills, Brown |
| J-10 | First Aid in Action – Senior | Isabella Byrd, Fairfield |
| J-11 | You're The Athlete -- Junior | Mahaila Strobel, Morrow |
| J-12 | You're The Athlete – Senior | Alexis Bailey, Licking |

J-13 Your Thoughts Matter – Junior
J-14 Your Thoughts Matter – Senior

Kathryn Polachek-Sneider, Wyandot
Melanie Magin, Franklin

JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

- 9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union
- 10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot
- 11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood
- 1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington
- 2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams

4-H HEALTH DAY

Evaluation Sheet

NAME: _____

EXHIBITOR NUMBER: _____

COUNTY: _____

CLASS: _____

AGE AS OF JAN. 1 (OF CURRENT YEAR): _____

PROJECT NAME: _____

YEARS IN 4-H: _____

YEARS IN PROJECT: _____

Keep this sheet with you until the judge calls your exhibitor number

Brief description of display/item you brought to the fair:

| | Excellent | Very Good | Good | Average |
|--|------------------|------------------|-------------|----------------|
| 55% Knowledge- basic concepts/skills learned in project | 10 9 8 | 7 6 5 | 4 3 | 2 1 |
| 30% Communication- ability to communicate project knowledge | 10 9 8 | 7 6 5 | 4 3 | 2 1 |
| 15% Quality- quality of project exhibited or displayed | 10 9 8 | 7 6 5 | 4 3 | 2 1 |
| <u>Judge's Overall Rating</u> | 10 9 8 | 7 6 5 | 4 3 | 2 1 |
| | Excellent | Very Good | Good | Average |

Judge's Comments:

Strengths:

Area(s) for improvement: