

HEALTH DAY  
Youth Center  
Wednesday, July 29, 2020  
LISA JINKS, Assistant Superintendent

GENERAL GUIDELINES

1. Age of Participants:
  - Junior (age 13 or under)
  - Senior (age 14 or over) as of January 1 of the current year.
2. Participation Guidelines:
  - Winner of any one class in 2019 is not eligible to participate in the same class in 2020.
  - Counties may have one participant per class. No individual may participate in more than one class.
3. Type of Evaluation:
  - Participant will have a personal interview evaluation with at least one judge.
  - Judge will evaluate participants on the following basis (also see sample score sheet):
    - 55% Knowledge (Basic concepts learned in the project)
    - 30% Interview (Presentation of the project)
    - 15% Project Display (Quality)
4. Participant to bring:
  - Registration information provided by your County 4-H Educator.
  - Completed project manual/book.
  - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview. The display does not need to be a tri-fold display board.

CLASSES

J-1	Staying Healthy – Junior	J-8	Keeping Fit - Senior
J-2	Staying Healthy – Senior	J-9	First Aid in Action – Junior
J-3	The Truth About Tobacco – Junior	J-10	First Aid in Action – Senior
J-4	The Truth About Tobacco – Senior	J-11	You're the Athlete -- Junior
J-5	Alcohol and Drug Abuse – Junior	J-12	You're the Athlete -- Senior
J-6	Alcohol and Drug Abuse – Senior	J-13	Your Thoughts Matter – Junior
J-7	Keeping Fit - Junior	J-14	Your Thoughts Matter -- Senior

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. "Outstanding of the Day" awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2019 clock trophies were sponsored by: **Barb Mulford, Trevor Minyo, Kirk and Marlise Blair, The Wenner Family, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Emily Winnenberg**

2019 CLASS WINNERS

J-1	Staying Healthy -Junior	Blake Addis, Darke
J-2	Staying Healthy-Senior	Annie Mowrey, Hancock
J-3	The Truth About Tobacco, Junior	Kylie Arnett, Hocking
J-4	The Truth About Tobacco, Senior	Makayla Lange, Pickaway
J-5	Alcohol and Drug Abuse, Junior	Jillian Overmyer, Preble
J-6	Alcohol and Drug Decisions, Senior	Regan Gable, Brown
J-7	Keeping Fit - Junior	Tate Niekamp, Auglaize
J-8	Keeping Fit - Senior	Caitlyn Wills, Brown
J-9	First Aid in Action – Junior	Leyna Fortner, Champaign
J-10	First Aid in Action – Senior	Hannah May Borton, Fulton
J-11	You're The Athlete -- Junior	Elizabeth Theobald, Fulton
J-12	You're The Athlete – Senior	Peter Harrington, Hancock
J-13	Your Thoughts Matter – Junior	Madison Mohler, Franklin
J-14	Your Thoughts Matter – Senior	Natalia Kresic, Mahoning

## JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

- 9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union
- 10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot
- 11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood
- 1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington
- 2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams

# 4-H HEALTH DAY

## Evaluation Sheet

NAME: \_\_\_\_\_

EXHIBITOR NUMBER: \_\_\_\_\_

COUNTY: \_\_\_\_\_

CLASS: \_\_\_\_\_

AGE AS OF JAN. 1 (OF CURRENT YEAR): \_\_\_\_\_

PROJECT NAME: \_\_\_\_\_

YEARS IN 4-H: \_\_\_\_\_

YEARS IN PROJECT: \_\_\_\_\_

**Keep this sheet with you until the judge calls your exhibitor number**

Brief description of display/item you brought to the fair:

	Excellent	Very Good	Good	Average
55% <b>Knowledge-</b> basic concepts/skills learned in project	10 9 8	7 6 5	4 3	2 1
30% <b>Communication-</b> ability to communicate project knowledge	10 9 8	7 6 5	4 3	2 1
15% <b>Quality-</b> quality of project exhibited or displayed	10 9 8	7 6 5	4 3	2 1
<b><u>Judge's Overall Rating</u></b>	10 9 8	7 6 5	4 3	2 1
	<b>Excellent</b>	<b>Very Good</b>	<b>Good</b>	<b>Average</b>

Judge's Comments:

Strengths:

Area(s) for improvement: