GENERAL GUIDELINES

1. Age of Participants:
   - Junior (age 13 or under)
   - Senior (age 14 or over) as of January 1 of the current year.

2. Participation Guidelines:
   - Winner of any one class in 2019 is not eligible to participate in the same class in 2020.
   - Counties may have one participant per class. No individual may participate in more than one class.

3. Type of Evaluation:
   - Participant will have a personal interview evaluation with at least one judge.
   - Judge will evaluate participants on the following basis (also see sample score sheet):
     55% Knowledge (Basic concepts learned in the project)
     30% Interview (Presentation of the project)
     15% Project Display (Quality)

4. Participant to bring:
   - Registration information provided by your County 4-H Educator.
   - Completed project manual/book.
   - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview. The display does not need to be a tri-fold display board.

CLASSES

J-1 Staying Healthy – Junior
J-2 Staying Healthy – Senior
J-3 The Truth About Tobacco – Junior
J-4 The Truth About Tobacco – Senior
J-5 Alcohol and Drug Abuse – Junior
J-6 Alcohol and Drug Abuse – Senior
J-7 Keeping Fit – Junior
J-8 Keeping Fit – Senior
J-9 First Aid in Action – Junior
J-10 First Aid in Action – Senior
J-11 You’re the Athlete -- Junior
J-12 You’re the Athlete – Senior
J-13 Your Thoughts Matter – Junior
J-14 Your Thoughts Matter – Senior

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. “Outstanding of the Day” awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2019 clock trophies were sponsored by: Barb Mulford, Trevor Minyo, Kirk and Marlise Blair, The Wenner Family, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Emily Winnenberg

2019 CLASS WINNERS

J-1 Staying Healthy -Junior Blake Addis, Darke
J-2 Staying Healthy-Senior Annie Mowrey, Hancock
J-3 The Truth About Tobacco, Junior Kylie Arnett, Hocking
J-4 The Truth About Tobacco, Senior Makayla Lange, Pickaway
J-5 Alcohol and Drug Abuse, Junior Jillian Overmyer, Preble
J-6 Alcohol and Drug Decisions, Senior Regan Gable, Brown
J-7 Keeping Fit - Junior Tate Niekamp, Auglaize
J-8 Keeping Fit - Senior Caitlyn Wills, Brown
J-9 First Aid in Action – Junior Leyna Fortner, Champaign
J-10 First Aid in Action – Senior Hannah May Borton, Fulton
J-11 You’re The Athlete -- Junior Elizabeth Theobald, Fulton
J-12 You’re The Athlete – Senior Peter Harrington, Hancock
J-13 Your Thoughts Matter – Junior Madison Mohler, Franklin
J-14 Your Thoughts Matter – Senior Natalia Kresic, Mahoning
JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union

10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot

11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood

1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington

2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams
4-H HEALTH DAY
Evaluation Sheet

NAME: _____________________________________    EXHIBITOR NUMBER: ___________________

COUNTY: ___________________________________    CLASS: _____________________________

AGE AS OF JAN. 1 (OF CURRENT YEAR): ____________    PROJECT NAME: ______________________

YEARS IN 4-H: _______________________________    YEARS IN PROJECT: ___________________

Keep this sheet with you until the judge calls your exhibitor number

Brief description of display/item you brought to the fair:

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowledge</td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
</tbody>
</table>
| basic concepts/skills learned in project

|                | 10 9 8    | 7 6 5     | 4 3  | 2 1     |
| Communication  | 10 9 8    | 7 6 5     | 4 3  | 2 1     |
| ability to communicate project knowledge

|                | 10 9 8    | 7 6 5     | 4 3  | 2 1     |
| Quality        | 10 9 8    | 7 6 5     | 4 3  | 2 1     |
| quality of project exhibited or displayed

<table>
<thead>
<tr>
<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Judge’s Overall Rating</td>
<td>10 9 8</td>
<td>7 6 5</td>
<td>4 3</td>
<td>2 1</td>
</tr>
</tbody>
</table>

Judge’s Comments:

Strengths:

Area(s) for improvement: