

HEALTH DAY
Youth Center
Wednesday, July 28, 2021
LISA JINKS, Assistant Superintendent

GENERAL GUIDELINES

1. Age of Participants:
 - Junior (age 13 or under)
 - Senior (age 14 or over) as of January 1 of the current year.
2. Participation Guidelines:
 - Winner of any one class in 2019 is not eligible to participate in the same class in 2021.
 - Counties may have one participant per class. No individual may participate in more than one class.
3. Type of Evaluation:
 - Participant will have a personal interview evaluation with at least one judge.
 - Judge will evaluate participants on the following basis (also see sample score sheet):
 - 55% Knowledge (Basic concepts learned in the project)
 - 30% Interview (Presentation of the project)
 - 15% Project Display (Quality)
4. Participant to bring:
 - Registration information provided by your County 4-H Educator.
 - Completed project manual/book.
 - A display representing your learning experience of the current project. Your display must fit into a 3 foot area or 3 feet of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview. The display does not need to be a tri-fold display board.

CLASSES

J-1	Staying Healthy – Junior	J-9	First Aid in Action – Junior
J-2	Staying Healthy – Senior	J-10	First Aid in Action – Senior
J-3	The Truth About Tobacco – Junior	J-11	You're the Athlete -- Junior
J-4	The Truth About Tobacco – Senior	J-12	You're the Athlete -- Senior
J-5	Alcohol and Drug Abuse – Junior	J-13	Your Thoughts Matter – Junior
J-6	Alcohol and Drug Abuse – Senior	J-14	Your Thoughts Matter – Senior
J-7	Keeping Fit - Junior	J-15	Medicine Science and Safety
J-8	Keeping Fit - Senior	J-16	Tracking Your Health and Fitness

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. "Outstanding of the Day" awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2019 clock trophies were sponsored by: **Barb Mulford, Trevor Minyo, Kirk and Marlise Blair, The Wenner Family, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Emily Winnenberg**

2019 CLASS WINNERS

J-1	Staying Healthy -Junior	Blake Addis, Darke
J-2	Staying Healthy-Senior	Annie Mowrey, Hancock
J-3	The Truth About Tobacco, Junior	Kylie Arnett, Hocking
J-4	The Truth About Tobacco, Senior	Makayla Lange, Pickaway
J-5	Alcohol and Drug Abuse, Junior	Jillian Overmyer, Preble
J-6	Alcohol and Drug Decisions, Senior	Regan Gable, Brown
J-7	Keeping Fit - Junior	Tate Niekamp, Auglaize
J-8	Keeping Fit - Senior	Caitlyn Wills, Brown
J-9	First Aid in Action – Junior	Leyna Fortner, Champaign
J-10	First Aid in Action – Senior	Hannah May Borton, Fulton
J-11	You're The Athlete -- Junior	Elizabeth Theobald, Fulton
J-12	You're The Athlete – Senior	Peter Harrington, Hancock
J-13	Your Thoughts Matter – Junior	Madison Mohler, Franklin
J-14	Your Thoughts Matter – Senior	Natalia Kresic, Mahoning

JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Youth Center.

- 9:00 a.m.: Clark, Delaware, Fairfield, Fayette, Franklin, Licking, Logan, Madison, Marion, Morrow, Muskingum, Pickaway, Union
- 10:00 a.m.: Allen, Ashland, Champaign, Coshocton, Crawford, Greene, Hardin, Hocking, Holmes, Knox, Miami, Montgomery, Perry, Richland, Ross, Shelby, Vinton, Wyandot
- 11:00 a.m.: Athens, Clinton, Guernsey, Hancock, Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit, Tuscarawas, Warren, Wayne, Wood
- 1:00 p.m.: Auglaize, Belmont, Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain, Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington
- 2:00 p.m.: Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Henry, Gallia, Geauga, Jefferson, Lake, Lawrence, Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams

4-H HEALTH DAY

Evaluation Sheet

NAME: _____

EXHIBITOR NUMBER: _____

COUNTY: _____

CLASS: _____

AGE AS OF JAN. 1 (OF CURRENT YEAR): _____

PROJECT NAME: _____

YEARS IN 4-H: _____

YEARS IN PROJECT: _____

Keep this sheet with you until the judge calls your exhibitor number

Brief description of display/item you brought to the fair:

	Excellent	Very Good	Good	Average
55% Knowledge- basic concepts/skills learned in project	10 9 8	7 6 5	4 3	2 1
30% Communication- ability to communicate project knowledge	10 9 8	7 6 5	4 3	2 1
15% Quality- quality of project exhibited or displayed	10 9 8	7 6 5	4 3	2 1
<u>Judge's Overall Rating</u>	10 9 8	7 6 5	4 3	2 1
	Excellent	Very Good	Good	Average

Judge's Comments:

Strengths:

Area(s) for improvement: