GENERAL GUIDELINES

1. Age of Participants:
   - Junior (age 13 or under)
   - Senior (age 14 or over) as of January 1 of the current year.

2. Participation Guidelines:
   - Winner of any one class in 2021 is not eligible to participate in the same class in 2022.
   - Counties may have one participant per class. No individual may participate in more than one class.

3. Type of Evaluation:
   - Participant will have a personal interview evaluation with at least one judge.
   - Judge will evaluate participants on the following basis (also see sample score sheet):
     - 55% Knowledge (Basic concepts learned in the project)
     - 30% Interview (Presentation of the project)
     - 15% Project Display (Quality)

4. Participant to bring:
   - Registration information provided by your County 4-H Educator.
   - Completed project manual/book.
   - A display representing your learning experience of the current project. Your display must fit into 3 foot of table space. Because of space limitations you will remove your project from the judging area when you have completed your interview. The display does not need to be a tri-fold display board.

CLASSES

J-1 Staying Healthy – Junior
J-2 Staying Healthy – Senior
J-3 The Truth About Tobacco – Junior
J-4 The Truth About Tobacco – Senior
J-5 Alcohol and Drug Abuse – Junior
J-6 Alcohol and Drug Abuse – Senior
J-7 Keeping Fit - Junior
J-8 Keeping Fit - Senior
J-9 First Aid in Action – Junior
J-10 First Aid in Action – Senior
J-11 You’re the Athlete -- Junior
J-12 You’re the Athlete -- Senior
J-13 Your Thoughts Matter – Junior
J-14 Your Thoughts Matter – Senior
J-15 Medicine Science and Safety -- Junior
J-16 Medicine Science and Safety -- Senior
J-17 Tracking Your Health and Fitness
J-18 Superhero You

AWARDS AND SPONSORS

1. All participants will receive participation ribbons, sponsored by The Ohio State Fair.
2. “Outstanding of the Day” awards will be presented to a select number of individuals.
3. A clock trophy will be awarded to one participant in each class at the 4:30 p.m. award ceremony. In 2021 clock trophies were sponsored by: Barb Mulford, Trevor Minyo, Kirk and Marlise Bloir, The Wenner Family, The Busic Family, Cozetta Vessel, Jim and Marlene Helt, Chuck and Sue Bell, Ohio Township Association, The Osborn Family, and Green Meadow Veterinary Hospital.
2021 CLASS WINNERS

J-1 Staying Healthy -Junior    Ashlyn Priebe, Fairfield
J-2 Staying Healthy -Senior    Marinda Rotruck, Ottawa
J-3 The Truth About Tobacco, Junior    Addie Guyton, Van Wert
J-4 The Truth About Tobacco, Senior    GraceLynn Harter, Darke
J-5 Alcohol and Drug Abuse, Junior    Kayla Quaintance, Sandusky
J-6 Alcohol and Drug Decisions, Senior    Emily Fagert, Mahoning
J-7 Keeping Fit - Junior    Arazelia Ajanel, Tuscarawas
J-8 Keeping Fit - Senior    Skylynn Roberts, Union
J-9 First Aid in Action – Junior    Peter Dudenhofer, Greene
J-10 First Aid in Action – Senior    Ruth Brenneman, Allen
J-11 You’re The Athlete -- Junior    Rory Mack, Auglaize
J-12 You’re The Athlete – Senior    Aiden Mowrey, Hancock
J-13 Your Thoughts Matter – Junior    Ella Lamb, Van Wert
J-14 Your Thoughts Matter – Senior    Meredith Klein, Shelby
J-15 Medicine Science and Safety   Addison Lingofelter, Franklin
J-16 Tracking Your Health & Fitness   Logan Henschen, Auglaize

JUDGING SCHEDULE:

The exact schedule of participation will depend on the number reporting at any one time. Member should bring registration information provided by their County 4-H Professional to the registration desk in the Lausche Building.

9:00 a.m.:   Clark, Delaware, Fairfield, Fayette, Pickaway
9:30 a.m.   Ashland, Franklin, Licking, Logan, Madison, Marion
10:00 a.m.  Allen, Champaign Morrow, Muskingum, Union
10:30 a.m.  Coshocton, Crawford, Greene, Hardin, Hocking, Holmes
11:00 a.m.  Knox, Miami, Montgomery, Perry, Richland, Ross
11:30 a.m.  Athens, Clinton, Guernsey, Hancock Shelby, Vinton, Wyandot,
1:00 p.m.   Highland, Huron, Jackson, Medina, Morgan, Pike, Seneca, Stark, Summit
1:30 p.m.   Auglaize, Belmont, Tuscarawas, Warren, Wayne, Wood,
2:00 p.m.   Butler, Carroll, Clermont, Darke, Erie, Hamilton, Harrison, Lorain
2:30 p.m.   Monroe, Noble, Paulding, Portage, Preble, Putnam, Sandusky, Van Wert, Washington
3:00 p.m.   Adams, Ashtabula, Brown, Columbiana, Cuyahoga, Defiance, Fulton, Gallia, Geauga, Henry, Jefferson, Lake, Lawrence
3:30 p.m.   Lucas, Mahoning, Meigs, Mercer, Ottawa, Scioto, Trumbull, Williams
### 4-H Health Day Evaluation Sheet

**NAME:** ___________________________   **EXHIBITOR NUMBER:** ________________

**COUNTY:** ___________________________   **CLASS:** ___________________________

**AGE AS OF JAN. 1 (OF CURRENT YEAR):** ____________   **PROJECT NAME:** ______________________

**YEARS IN 4-H:** ________________   **YEARS IN PROJECT:** ________________

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**Keep this sheet with you until the judge calls your exhibitor number**

Brief description of display/item you brought to the fair:

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<th></th>
<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
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<tbody>
<tr>
<td><strong>Knowledge</strong></td>
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<tr>
<td>basic concepts/skills</td>
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<tr>
<td>learned in project</td>
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<tr>
<td>55%</td>
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<tr>
<td><strong>Communication</strong></td>
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<tr>
<td>ability to communicate</td>
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<tr>
<td>project knowledge</td>
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<tr>
<td>30%</td>
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<tr>
<td><strong>Quality</strong></td>
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<tr>
<td>quality of project</td>
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<td>exhibited or displayed</td>
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<td>15%</td>
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**Judge’s Overall Rating**

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<th>Excellent</th>
<th>Very Good</th>
<th>Good</th>
<th>Average</th>
</tr>
</thead>
</table>

**Judge’s Comments:**

**Strengths:**

**Area(s) for improvement:**