OHIO STATE UNIVERSITY EXTENSION

TLC Insider

March | 2019

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OHIO 4-H CONFERENCE
Check out important information regarding the Ohio 4-H Conference!

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FEATURED ARTICLE
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MEMBER BIOGRAPHIES
Learn about the members of TLC!
Warm and Fuzzies

**Olivia Romeo**, You’re always on your A game, you’re responsible, and always respond to the group chats right away.
- Cara Brown

**Jodie Jennings**, You are so energetic and a joy!
- Gabby Beeler

**Nat Kresic**, These past few weeks you have been there for me for everything! You’re an open ear and someone who isn’t afraid to have fun! You should definitely be rewarded for this :)
- Cara Brown

**Jodie Jennings**, Homegurl, you’re the bomb diggity! Was so great getting to know you even better at the last meeting :) 
- Brianna Pasco

**Matthew Swearingen**, You are very active and very kind. 
- Gabby Beeler

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**Tips**

1. Make a schedule! Conference is going to be an extremely busy day, balancing TLC responsibilities, any sessions you teach, and perhaps even obligations with your county. Making a schedule of where you need to be when will help you stay organized and less-stressed throughout the day!

2. Get some sleep! Many of you all will be coming to the overnighter the night before the conference, which is super high energy and exciting. However, when it comes time to settle down, make sure you get some well-needed rest before the big day!

3. Network! We’ll have fellow Ohio 4-Hers, 4-H leaders from other states, and legislators present at our conference. Be sure to take some time to get to know these individuals and expand your network.

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**Reminders**

TLC members have conference assignments.

- **Fundraising Committee**: Sign up for a slot(s) to sell shirts. Lindsey has this information
- **Luncheon Committee**: Plan to be at both setup and teardown for the luncheon
- **Others not on fundraising or luncheon committees**: 
  - If your last name is A-F, you will be responsible for helping set up the Teen Luncheon during Session 3 (beginning at 11:00 a.m. until the luncheon)
  - Last names G-Q will be responsible for cleanup after the luncheon during Session 4 (approximately 2:00 p.m.-2:45 p.m.)
  - Last names R-Z are responsible for helping to load boxes on the truck to bring back to the 4-H Center during Session 5 (approximately 3:00-4:00)

If you are teaching during your assigned responsibility or have another conflict, please Hannah Epley know!
Ohio 4-H Shirts
Limited quantities available!

Only offered at the Ohio 4-H Conference
Saturday, March 9 at the Marketplace
beginning at 8:00 AM
Shirt sales relocate to Teen Luncheon during lunch program

Adult Sizes:
S-XL - $15 each
2XL-3XL - $17 each

Cash and checks only
Checks made out to:
The Ohio State University
“4-H TLC” in subject line

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For an accessible format of this publication, visit cfaes.osu.edu/accessibility.
As a member of Ohio 4-H Teen Leadership Council, I applied for and was selected as a delegate to the 2018 National 4-H Conference. As a museum and history lover, I was ecstatic for what I was going to see and participate in, but I gained so many other experiences, skills, friendships, and memories that I wasn’t expecting.

The most important aspect of the National 4-H Conference are the Roundtables. Once we were notified of our selection, I (and all other delegates) had to rank topics I would be interested in sitting on a roundtable for. The topics ranged from health, to workforce, social media, juveniles, dialogue, to outdoors, and more. Each roundtable was connected to a government agency that wanted teen perspective on an issue or area of their jurisdiction. I was placed on the Outdoors roundtable that worked with the U.S. Forest Service on the issue of how to get more adolescents outside and in parks.

The Forest Service asked us to share our suggestions on how to convince teens specifically to put their phones down and go outside. Since roundtables had 13-15 people on them from a variety of states, there were many ideas. My roundtable decided that several of the ideas were worth presenting to the Forest Service, so we broke out into groups of 2-4 and each developed, researched, and eventually presented our idea. Roundtables met for several hours the first two days of Conference, and then traveled to their respective agencies to present their “briefings” on the third. Our briefing at the Forest Service went well and was actually streamed online and then recorded for employees that weren’t able to come in person. We were also given a guided tour through the Smokey the Bear museum!

The Conference was not all work, though. Workshops, sessions, and activities taught us delegates more about a variety of topics. Since 45 states, Puerto Rico, and Canada were represented, they also functioned as giant mingling events. The diversity of opinions, backgrounds, and ideas present were incredible, but the similarities that still existed between people were more impressive. I made friends with people from across the country while simultaneously strengthening my relationships with fellow TLC members.

Attending National 4-H Conference led me to find a passion for government. In fact, following Conference, I decided to work towards being an Environmental Lawyer, and have been accepted to OSU with an Environmental Science major. One of the biggest things I took away from Conference, however, is the importance of being an active 4-H and community member. I learned to never think, “I’m only one person, what difference can I make?” and instead think, “What can I do?” It was an honor to attend National 4-H Conference on behalf of Ohio and Teen Leadership Council, and I will always cherish the memories and knowledge I gained!
Committee Happenings

Advocacy:
The advocacy committee is working on letters to invite elected officials to the Ohio State Fair.

Communications:
The communications committee is keeping the blog up to date.

Community Service:
The community service committee is proud to announce that the TLC Color Run has been officially scheduled for April 20th, at the Marion County Fairgrounds.

Fundraising:
The fundraising committee will be selling t-shirts at conference for $15. They are also working on plans for a bath bomb sale and a laptop sticker design.

Morale:
The morale committee is busy planning activities for the conference overnighter and is looking at having a reflection activity at the April meeting.

Social Media:
The social media committee is planning “Think-It Thursdays” and member spotlights for the year. They are also planning on having a Snapchat filter at conference again.

State Outreach:
The state outreach committee is has both Michigan and Illinois coming to conference and conference overnighter. They are also planning on inviting states to the summer service activity.

Upcoming Birthdays!
4/2 Sarah Francis
4/9 Cameron Tiefenthaler
4/11 Whitney Bauman
4/17 Lilian Wildey
4/21 Sam Vessel Jr.
4/22 Avalon Haven
4/23 Maddie Allman
4/26 Molly Rubio

“Through your emphasis on head, heart, hands and health, you are making a valuable contribution to our country’s welfare and progress.”

President John F. Kennedy
At the February meeting TLC members participated in a programming activity to help prepare conference. These activities included elevator speeches, social media, and other professionalism tips.

During the business meeting committees shared what they are currently working on, officers shared they are planning the conference overnighter, and advisors shared some upcoming events for members. Region representatives also shared what they have done so far as well as upcoming opportunities.

TLC Members conducted an etiquette lunch after the business meeting to learn how to be professional while at the table. They will use these tips during the conference luncheon as well as other events.

Throughout the meeting members had professional headshots taken and worked on team building exercises. The Community service Committee conducted a program where members made fleece blankets for “My Very Own Blanket”. This program provides blankets to children in foster care.

“To me, 4-H means friendship. Throughout the course of one’s life, they will encounter many people. But it is not after when you encounter people with the same passions. This is what 4-H brings to the table. 4-H is a place where lifelong friendships are generated because of the same goal of all the delegates. Because of that goal, we all come together as a family with great intentions. We, as a family, wish to not only better influence other 4-Hers, but also better influence all people we encounter. Without 4-H, I would not be the person I am today.”

Alex, 4-H Alumni

Check out the updated TLC blog at: https://ohio4htlc.wixsite.com/thevoiceoftlc
All the Colors of 4-H: Color 5K

Hosted by The Ohio 4-H Teen Leadership Council

Saturday, April 20, 2019
Race Time: 10:00 AM

Location: Marion County Fairgrounds. 220 E Fairground St, Marion, OH 43302
Cost: $25 Per Racer
Details: All proceeds will be donated to Make A Wish Foundation and Nationwide Children’s Hospital.

Contact information: Ally McCurdy, 740-225-1849, mccurdy.98@osu.edu

Register at go.osu.edu/4hcolorrun
# Upcoming Events

## March:

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- **3-9th Ohio 4-H Week**
- **8th- Teen Overnighter**
- **9th- Ohio 4-H Conference**
- **20th-24th- Buckeye Leadership Workshop**

## April:

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- **6th-11th- National 4-H Conference**
- **14th- TLC Committee Meetings, 4-H Center 2PM-5PM**
- **15th- Junior Advisor Applications due**
- **26th- Officer Applications due**

3-9th Ohio 4-H Week
8th- Teen Overnighter
9th- Ohio 4-H Conference
20th-24th- Buckeye Leadership Workshop

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TLC Insider: March 2019
Member Biographies

Bailey L. is a 12 year 4-H member from Ross County. She is on the Fundraising Committee as well as the Luncheon Committee. She is involved in Junior Leaders, Jr. Fair Board, 4-H Committee, and is a camp counselor. She takes market rabbits, clothing, and food projects. Bailey got her start in 4-H because her mom was in it and wanted Bailey as well as her siblings to be involved, but over time it has become something she loves to do rather than something she has to do.
Favorite Fair Food: Apple Cider Slushies
Fun Fact: Bailey has hosted 11 foreign exchange students from 8 different countries!

Ava K. is an 8 year 4-H member from Stark County. She is the President in her club and a council member on TLC. She primarily takes natural resource projects such as Why Trees Matter, Exploring Ponds, Ohio Birds, and Let’s Explore the Outdoors. She got her start in 4-H when she joined a club in 4th grade. She had no idea what to expect and she loved it! She has remained in her club for the past 8 years and has explored a multitude of different projects.
Favorite Fair Food: Funnel cakes
Fun Fact: She has done Irish Dance since she was 6.

Ally M. is an 11 year 4-H member from Marion County. She is the Community Service Committee Chair and participates in Collegiate 4-H. She took dairy feeders, lambs, and pigs at the county fair. She got her start in 4-H because her parents met through it and her siblings participated in it, “I fell in love before I was even a member and the love I have for 4-H continues to grow”.
Favorite Fair Food: Bourbon chicken and Pork Loin
Fun Fact: She is currently majoring in Extension Education at The Ohio State University.

Avalon H. is a TLC Committee Member and has been in Pickaway County 4-H for five years. In her home county, Avalon is on Junior Fair Board. Her favorite fair foods are curly fries and fried cheese. She takes STEM, Cooking, Quilting, Leadership, Clothing, and Creative Arts. Avalon started 4-H after meeting her advisor at a local festival. Avalon’s family owns 12 animals, they have their own mini zoo.
**Bethany A.** is a Committee member, she has been in 4-H for 11 years, and is from Jackson County. In her county she is involved in Camp counselors, Jr. fair board, Jr. leaders, techwizards, 4-H awareness team, and the marketing team. Her favorite fair foods include Corn Dogs, deep fried Oreos, and French fries. The projects she takes to the fair involve Market lambs, market rabbits, and several other general projects. A fun fact about Bethany is that she has 4 different tendons torn in her knee.

**Briar L.** is a 10 year member of Wayne County 4-H where he participated in CARTEENS, Jr. Fair Board, Jr. Leaders, and as a camp counselor. He takes genealogy projects. Briar is a council member on TLC. He got his start in 4-H because he saw some members at the county and wanted to get more involved. At some point he gradually expanded his involvement.

Favorite Fair Food: Lerch’s Donuts
Fun Fact: He plays 6 different instruments!

**Elijah B.** is a TLC Council Member who has been in 4-H for 11 years. He is a Henry County Camp Counselor, on Jr. Fair Board, and is a Junior Leader. Elijah’s favorite fair food is milkshakes. At his fair Elijah exhibits duck, self-determined, and shooting sports projects. He got his start in 4-H by exhibiting pigs at the fair when he was younger, and then moved on to various other STEM and shooting sports projects. Elijah’s fun fact is that he makes handmade knives.

**Cameron T.** is a 9 year 4-H member from Champaign County. She is a committee member serving on the Community Service Committee. She takes quilting, sewing, and nutrition projects as well as many others! Cameron got her start in 4-H because she is a 3rd generation 4-Her and began as a cloverbud in kindergarten. She wanted to learn how to sew and make new friends through 4-H.

Favorite Fair Food: Bourbon Chicken and Apple Dumplings
Fun Fact: She is on her school’s mock trial team.
Katherine D. is a 10 year 4-H member from Franklin County where she participates in Jr. Fair Board, Fashion Board, as a camp counselor, and on her county’s teen leaders council. She is a committee member serving on the Advocacy Committee. She takes sewing, cooking, rabbits, leadership, public speaking, health, and shooting sports projects. She got her start in 4-H because her mom and grandma were both in 4-H as youth and she has been involved since kindergarten.
Favorite Fair Food: Fries with salt and vinegar
Fun Fact: She is a nationally ranked fencer.

Lillian W. is a TLC Committee Member who has been in 4-H for six years. Her home county is Clermont where she is a Junior Fair Board member. Lillian's favorite food is pork tenderloins and deep-fried pickles. Lillian takes beef, swine, and market poultry projects. She got her start in 4-H because her older cousin was a member and loved it so much that he talked her parents into letting her do it. Lillian is an officer for her Junior Fair Board.

Lindsey B. is a 8 year member of Franklin County 4-H where she participates in CARTEENS, Jr. Fair Board, Jr. Leaders, and as a camp counselor. She takes leadership, environmental science, and citizenship projects. She is the fundraising committee chair on TLC. Lindsey started 4-H when she had visited a fair when she was 9, she wanted to join so she could stay at the fair all week!
Favorite Fair Food: homemade ice cream
Fun Fact: I’m 5’4”!

Matthew S. is a 6 year 4-H member from Adams County where he is involved in Camp Counseling, Jr. Advisory Committee, Jr. Fair Board, and Jr. Leaders. He has taken beef, swine, rabbit, and leadership projects. He is a member of the communications committee and got his start in 4-H after his older sister joined to show and sell livestock at his county fair.
Favorite Fair Food: Cheesecake-on-a-stick
Fun Fact: I have never tried coffee
**Nat K.** is a 4 year member of 4-H from Mahoning County where she is a cloverbud camp counselor. Nat is a committee member who takes part in sewing and creative arts projects in her county. She got her start in 4-H because she had always been interested in sewing and was contacted by an advisor.
Favorite Fair Food: Chocolate covered cheesecake on a stick
Fun Fact: She can speak a different language.

**Whitney B.** is a 13 year 4-H member from Adams County, where she is involved with camp counseling, Jr. Fair Board, and Jr. Leaders. She has taken projects with health & safety, leadership, feeder calves, market lambs, tobacco, and food & nutrition. Also, Whitney is a member of the Social Media committee with TLC. She found her start in 4-H after joining it in kindergarten and has been in it ever since.
Favorite Fair Food: Frozen Cheesecake
Fun Fact: I can say the alphabet backwards

**Sam V.** is a 10 year member of 4-H from Butler County. Sam is on the Jr. Fair Board and CARTEENS and is a committee member on the TLC. Sam takes sports nutrition, shopping savvy, becoming moneywise projects and does demonstrations in Butler county and state. Sam started 4-H because he grew up in a 4-H family, where both of Sam’s older sisters were involved in 4-H before he was born.
Favorite Fair Food: Corn on the cob
Fun Fact: Sam runs track and field

**Rebecca G.** is a Committee Member, she has been in 4-H for 9 years, and she is from Seneca County. In her county she is involved in Carteens, Camp counselor, and Jr. Fair board, as well as being a dog advisory council youth representative. Her favorite fair food is an elephant ear. She takes a multitude of projects including dogs, STEM, leadership master, and many more. She got her start in 4-H because her dad was in 4-H as a kid and he decided that it was important that her siblings and her be involved in 4-H also. A fun fact about Rebecca is that her eyes are ambidextrous. She does not have a prominently dominant eye.
Treva H. is a 11 year member of 4-H in Muskingum County where she participates in CARTEENS, camp counselor, Jr. Fair Board, Jr. Leaders, and as the Head- 4-H Ambassador. She is a committee member serving on the Morale Committee. She takes archery and various poultry projects including market geese, market chickens, bantams, and dual purpose chickens. Treva got her start in 4-H because her family was already involved so when she was old enough she joined! Favorite Fair Food: Corn Dogs Fun Fact: She is a middle school swim coach

Rachel B. is a 9 year 4-H member from Franklin County where she is a camp counselor, Jr. Fair Board member, and TLC Committee Member. She has taken projects involving sheep, rabbits, cooking, leadership, health, and vet science. She got her start in 4-H to follow in her parents’ footsteps and follow her mom’s advice. Favorite Fair Food: Gyro Fun Fact: I went to Germany on an exchange trip and can speak German

Laura W. is a 13 year member of 4-H in Brown County where she participates in cartees, camp counselor, Jr. Fair Board, Jr. Leaders, and on the 4-H Committee. She is a the State Outreach committee chair. She takes FCS, chickens, rabbits, and leadership projects. She got her start in 4-H because she sisters always did it. Favorite Fair Food: ribeye and deep fried oreos Fun Fact: I think water has a taste

Leeoria W. is a 6 year 4-H member from Trumbull County where she helps with Jr. Fair Board and Livestock Sale. She has taken pig and dairy cow projects as a 4-Her. While she is currently a committee member on TLC, she began 4-H due to the fact that her dad is a 4-H Alum.Favorite Fair Food: Gyros Fun Fact: I’m the only girl in my 4-H Club

If you haven’t done so already make sure you turn in your biography picture so you can be featured in the next newsletter!