Growth Record

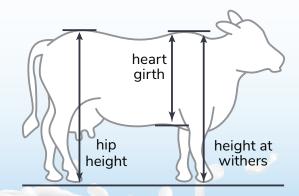
For Calf or Yearling/Heifer

Monitoring the growth of your animal(s) helps determine if you need to make changes in your management practices. Measure your animal at least once a month. To improve accuracy and get meaningful results, take measurements on the same day each month. Record the measurements in the table below.

If you have more than one animal or want to measure more than once a month, begin by copying
these pages as many times as needed. Copies are also available at go.osu.edu/4hdairyresources
Animal Name:
Animal ID (tattoo or ear tag) or Registration #:

Measuring Date	Age of Animal	Weight (pounds) Use scale or weight tape.	Height at Withers (inches)	Hip Height (inches)	Heart Girth (inches)
5/15/YR	2 months	160	33	36	36.25

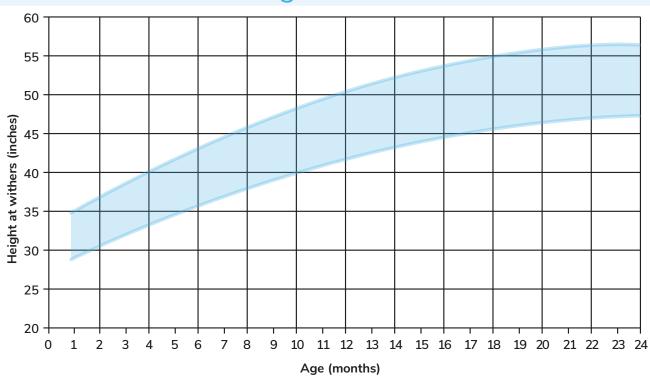
Use the data you collect to complete the growth curves on the next page. One is for height at withers and the other is for weight. Plot your points and connect the dots to analyze your animal's growth. Chart the data only for the time you have your project animal. The shaded area on each chart indicates the target range. Your animal's growth should follow the shape of the curve. If your animal seems to be growing too fast or too slow, share your data with your project helper.



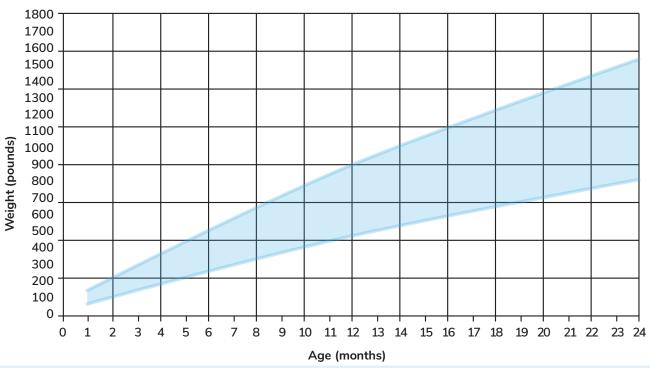


ADD THIS EXTRA PAGE TO A BOOK

Growth Curve for Height at Withers



Growth Curve for Weight



Target ranges for both charts are based on the Holstein Growth Chart and the Jersey Growth Chart in Jones, Coleen and Heinrich, Jud. "Growth Charts for Dairy Heifers." July 28, 2017. PennState Extension. **extension.psu.edu/growth-charts-for-dairy-heifers**.

