

First Aid

| | Beginning | Intermediate | Advanced |
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| 1 | List 15 items that could be in a first aid kit. List how you could use each item. Then make a basic first aid kit for your dog. | List 6 first aid scenarios, the materials that would be needed, and the first aid response steps for each scenario. | List 9 first aid scenarios, the materials that would be needed, and the response steps for each scenario. |
| 2 | Research and list alternative items for 5 items in your first aid kit (what you could use instead of the item). | Research and list alternative items for 7 items in your first aid kit (what you could use instead of the item). | Research and list alternative items for 9 items in your first aid kit (what you could use instead of the item). |
| 3 | Find differences between dog and human TPR (temperature, pulse, respiration) when resting and active. Record these differences. | Learn and share the differences between what to do if a dog bites a person and what to do if a dog bites another dog. | Learn and demonstrate how to wrap a dog's paw. |
| 4 | Learn from a vet how to bandage and wrap a small wound on a dog's leg. | Learn and demonstrate how to wrap a leg wound. | Learn how to make an emergency muzzle out of vet wrap. Practice on a stuffed animal. |
| 5 | Learn how to make a solution and bathe a dog that has been sprayed by a skunk. Demonstrate for your 4-H club or your family. | Research bloat and twisted stomach in dogs. Discuss breeds more predisposed to this condition. Teach 2 different families who own dogs the symptoms and first aid for bloat. | Learn the differences in signs and treatment for responding to poisoning in humans and dogs. Record these in a chart. |





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| 1 | Contact your veterinarian to discuss how to establish a veterinarian/client/patient relationship and the benefits of doing so. | Using media, create a public service announcement emphasizing the importance of establishing a veterinarian/client/patient relationship with you, your dog and your veterinarian. | Work with your veterinarian's staff to create a handout or brochure to promote establishing a veterinarian/client/patient relationship with their veterinarian/clinic. Share this brochure. |
| 2 | <p>Complete the following dog health records on speakingforspot.com/index.php?p=Advocacy-Aids.</p> <ul style="list-style-type: none"> • Emergency Contact Info • Current Health Issues • Health History Form • Current Medications • Contingency Plan • Veterinary Office Visit | <p>Help 3 dog owners complete the following dog health records on speakingforspot.com/index.php?p=Advocacy-Aids.</p> <ul style="list-style-type: none"> • Emergency Contact Info • Current Health Issues • Health History Form • Current Medications • Contingency Plan • Veterinary Office Visit | Write a 750-1000 word article on a wellness topic to submit to your project helper. Use appropriate citations. |
| 3 | Learn to brush your dog's teeth. Brush 3 times a week for 2 months. | Compare and contrast the dental products that are available for pets. Talk with your vet and talk to someone at a pet/feed store. | Watch a dental cleaning at a veterinarian's office. Teach someone else how to brush their dog's teeth. |
| 4 | Research 5 internal parasites and 5 external parasites. Learn what each kind of parasite does to a dog. | Identify areas in your dog's habitat where parasites (including mosquitoes) could live/reproduce and modify the area to decrease the risk of parasites. | Identify products that are available for heart worm prevention. Find out how the different categories of preventatives work. |
| 5 | Research what vaccinations are required for puppies and the schedule for administering those vaccinations. Make a presentation on puppy vaccinations and share with 3 different families. | Research why rabies vaccinations are required in Ohio. Look at the Ohio Revised Code and write a short article for your newspaper, blog, or Facebook page about rabies. | Research why vaccination are controversial. Give a 5-minute talk to your club about what you find and how you will apply the information to your dog. |

Emergency Preparedness

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| 1 | <p>Create an emergency contact list for yourself (police, fire, doctor, hospital, EMS, poison control, 2 adults/relatives) and for your dog (vet, emergency vet, local shelter, poison control).</p> <p>speakingforspot.com/PDF/dogemergencycontact_fill-in.pdf</p> | <p>Create an emergency contact list for yourself (police, fire, doctor, hospital, EMS, poison control, 2 adults/relatives) and for your dog (vet, emergency vet, local shelter, poison control). Help 3 other families create these lists.</p> <p>speakingforspot.com/PDF/dogemergencycontact_fill-in.pdf</p> | <p>Create an emergency contact list for yourself (police, fire, doctor, hospital, EMS, poison control, 2 adults/relatives) and for your dog (vet, emergency vet, local shelter, poison control). Help 5 other families create these lists.</p> <p>speakingforspot.com/PDF/dogemergencycontact_fill-in.pdf</p> |
| 2 | <p>Develop a tornado and fire drill to practice with your family, including pets. Practice and record what went well and what didn't go well. Interview family members to see what they thought of the exercise.</p> | <p>Develop a tornado and fire drill to practice with your family, including pets. Practice and record what went well and what didn't go well. Interview family members to see what they thought of the exercise. Help 1 other family with this activity.</p> | <p>Work with county officials to identify and be aware of emergency shelter areas for pets in case of a natural disaster (tornado, forest fire, earthquake). Help publicize this information.</p> |
| 3 | <p>Create an emergency kit for your family and pets (food, water, medications, blankets, bowls, leashes, carriers).</p> | <p>Create an emergency kit for your family and pets (food, water, medications, blankets, bowls, leashes, carriers). Help 1 family create an emergency kit.</p> | <p>Create an emergency kit for your family and pets (food, water, medications, blankets, bowls, leashes, carriers). Help 2 families create an emergency kit.</p> |
| 4 | <p>Identify a safe place to take your pets in case of an emergency. Do a practice run.</p> | <p>Identify a safe place to take your pets in case of an emergency. Do a practice run. Help 1 family identify a safe place and do a practice run.</p> | <p>Identify a safe place to take your pets in case of an emergency. Do a practice run. Help 2 families identify a safe place and do a practice run.</p> |
| 5 | <p>Help 1 other person develop a plan and make an emergency kit.</p> | <p>Help 3 other people develop a plan and make an emergency kit.</p> | <p>Help 5 other people develop a plan and make an emergency kit.</p> |





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| 1 | Identify causes of stress on a dog's joints, why it is bad to stress joints, and what you can do to lesson stressors on the joints. | Most dogs experience arthritis as they age. Identify places in the body where arthritis could occur and the signs you would see at those places. | Research 5 or more different management options for arthritis and share with at least 5 dog owners. |
| 2 | Explore the 5 senses and how they may change as a dog ages. Record your findings. | Do an experiment to test the senses of sight, sound, and smell for a dog that is over 7 years and a dog that is under 7 years old. Record your results. | Visit an eye clinic (ophthalmologist) for dogs. Discuss what you learned. |
| 3 | Compare and contrast signs of aging in people and dogs. Discuss how people and dogs are affected by the aging process. | Complete 1 aging sensitivity activity either from the 4-H PetPALS curriculum or another resource, such as the Area Agency on Aging. Teach 1 other person this activity. | Interview 3 people who own or raise dogs. Compare the similarities and differences of the aging process in each dog, including diet, environment, and exercise. |
| 4 | Research 3 signs of pain in dogs and explain how to help your dog overcome or have his pain managed. | Create 4 enrichment activities appropriate for a dog with decreased mobility. | Research modifications to your home that may be necessary for senior dogs. Make this into a booklet to share with others. |
| 5 | Discuss a quality of life scale with your family. pawspice.com/clients/17611/documents/QualityofLifeScale.pdf | Discuss a quality of life scale with your family. pawspice.com/clients/17611/documents/QualityofLifeScale.pdf | Discuss a quality of life scale with your family. pawspice.com/clients/17611/documents/QualityofLifeScale.pdf |

Diseases

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| 1 | Research what a zoonotic disease is and why we should be concerned about them. Share this with another dog owner. | Identify 3 zoonotic diseases, transmitter hosts, prevention, and treatment. | Research salmonella risks from dogs and dog products. Learn how to minimize the risks of salmonella. At a club meeting or event, share this information in a demonstration. |
| 2 | Create a chart to show the truth and false beliefs about rabies. | Research the carriers of rabies, how it is transmitted, symptoms, and what happens when an animal is tested positive. Teach this to 1 other person. | Find out how viral infections progress, how they attack the body, and how they are transmitted. Create a detailed diagram to show how this happens. |
| 3 | Research tick disposal methods and demonstrate for your 4-H club. | Go to your health department and talk to someone about the number of rabies cases in your county in the last 10 years. Ask for recommendations on prevention. Ask your veterinarian about the number of Lyme cases s/he has seen in dogs over the last 10 years. Find out the treatment and prevention methods. | Research 5 different internal parasites, including treatments. Learn how to examine a stool sample for parasites with the help of a veterinarian or technician. |
| 4 | Research how veterinarians sanitize for diseases between patients. | Visit a shelter and find out about the sanitation practices to decrease the risk of disease between animals. | Research and compare the treatments for treating humans for lice and treating dogs for fleas. |
| 5 | Poke your dog's gum and measure the time it takes to turn back to pink. Test in 10 different conditions (after exercise, hot day, cold morning, etc.) Record your findings. | Record your dog's elimination habits for 2 weeks. Record the information (frequency, consistency, approximate amount). | Look at a CBC (Complete Blood Count) result for your dog or from another dog. Talk to your vet about what baseline values would be. Discuss why it is good to know your dog's baseline values. |

