



Teen Leadership 20

Intended Audience:

- Teens

Lesson Objectives:

Participants will:

- Be able to identify informal and formal place settings, and know how to set each.
- Be able to demonstrate knowledge of basic dining etiquette.

Time: 20 minutes

Equipment and supplies:

- Place setting handouts
- Dinnerware, glassware, and utensils for practice
- Etiquette Trivia game
- Flipchart (for scoreboard)
- Markers
- Candy or small prizes

Do Ahead:

- Review lesson
- Gather equipment & supplies
- Print & copy place setting handout for participants
- Print Etiquette Trivia game (**This could be turned into a Jeopardy-style PowerPoint if so desired.*)

Proper Dining Etiquette

BACKGROUND

Etiquette (*noun* / e-ti-ket): the rules indicating the proper and polite way to behave (*Merriam-Webster, 2015*)

Did you know there were rules when it came to dining? While they are properly known as etiquette, society often refers to these rules as 'good manners' and expects that they are taught at home, at a young age. Good manners are important to teens and young adults today. Perhaps you'll be going to dinner before prom or are invited to a formal wedding, and you want to impress your date. More importantly, you might be interviewing for a scholarship or a job. Today, many interviews and business meetings take place over a meal. Are you prepared to follow the rules of dining; to demonstrate your etiquette knowledge?

WHAT TO DO

Activity: Place Settings

- Distribute and review the 'Place Setting' handout.
- If possible, practice arranging a proper informal and formal place setting with actual dinnerware, glassware, utensils, etc. while briefly reviewing the name of each item.

Activity: Etiquette Trivia

- Briefly discuss the importance of knowing proper dining etiquette; utilize the background statement above.
- Divide participants into two teams.
- Group facilitator serves as host, leading teams in a game of Etiquette Trivia and keeping score. Set time limit for answering each question.
- Team with most points wins a small prize.



Sources:

- Post, P., & Senning, C. P. (2009). *Emily Post's table manners for kids*. New York, NY: HarperCollins.
- Table setting diagram. (n.d.). Retrieved from <http://www.dinner-party-menu-ideas.com/table-setting-diagram.html>

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TALK IT OVER**Reflect:**

- How well did your team perform during the Dining Etiquette Jeopardy game?
- Did you learn something new, or something that surprised you?
- Do you have any other questions regarding proper dining etiquette?

Apply:

Plan an 'Etiquette Dinner' for your teen group to put their knowledge to practice. This can be conducted in someone's home, at a meeting with a caterer, or at a restaurant. Budget, resources, group size, and scheduling will be factors in planning.

ADDITIONAL LINKS

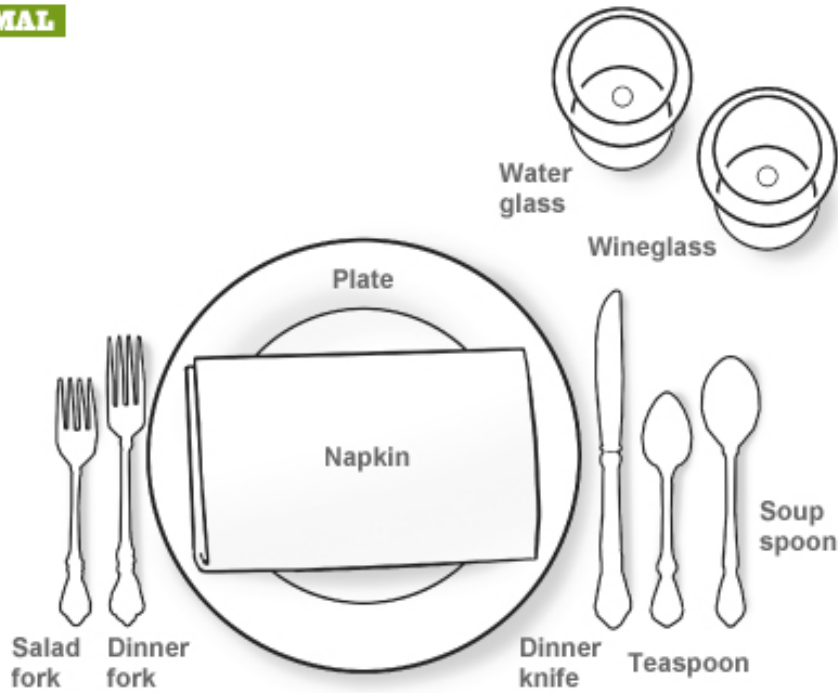
www.emilypost.com

Please take time to complete the Participant and Facilitator evaluations, found online at go.osu.edu/TeenLeadership20.

Considerations for Conducting Virtually:

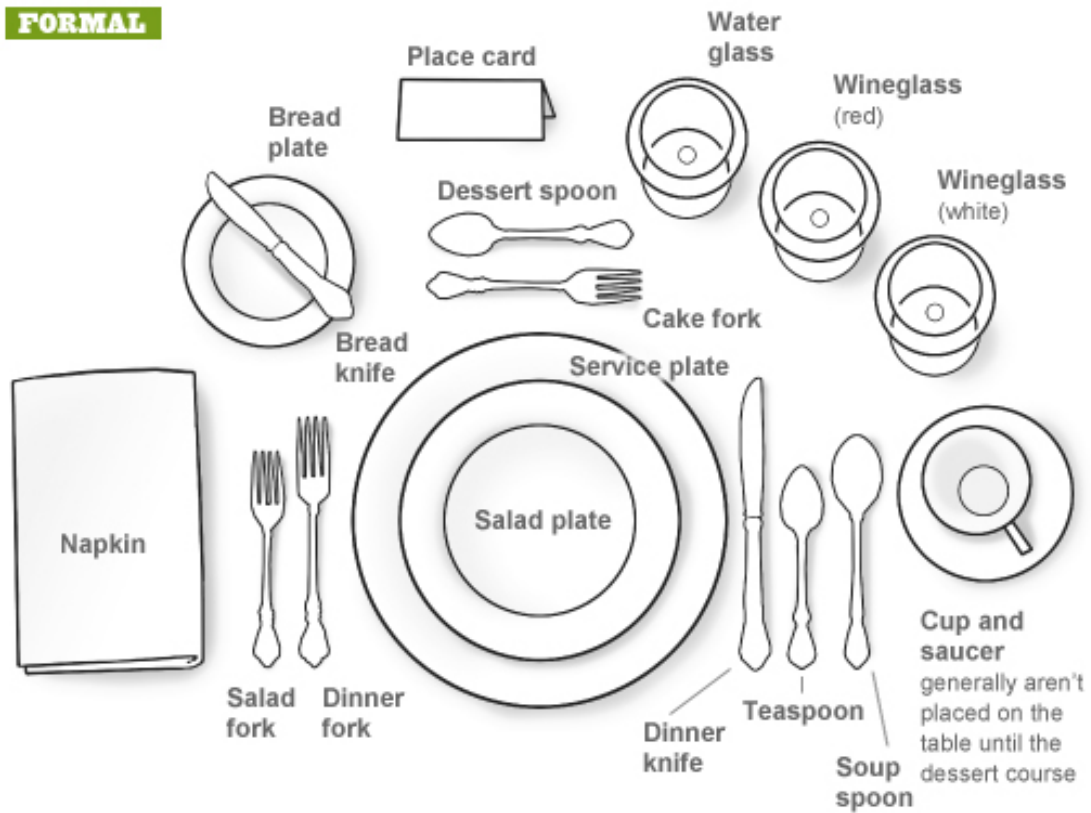
- Place Setting Activity:
 - As the facilitator, turn your camera to face a selection of actual dinnerware, glassware, utensils, etc.
 - Have participants assist in identifying the items seen and arranging a formal and informal place setting.
- Etiquette Trivia Activity:
 - Divide group into teams, but remain in the main Zoom room.
 - Lead teams in game by screensharing the provided PowerPoint

INFORMAL



Utensils are placed one inch from the edge of the table

FORMAL



Source: <http://www.dinner-party-menu-ideas.com/table-setting-diagram.html>

