

Competency	Lesson Number & Title	Session Description	Author (name.#)	Credit Hours	Video Source	Presenter Notes Available
<i>Child and Adolescent Development Knowledge</i>	1) Strategies for Behavior Management, Part 1	Camper behavior management is vital to establishing a safe and welcoming environment at camp. In Part 1, counselors establish a foundation for developing an effective behavior management plan and learn five specific strategies.	Christy Leeds (leeds.1)	1 hour	Educator Recorded	X
<i>Child and Adolescent Development Knowledge</i>	2) Strategies for Behavior Management, Part 2	Campers are relentless researchers: they often test rules, limits and authority. In Part 2, counselors learn five additional strategies for behavior management.	Christy Leeds (leeds.1)	1 hour	Educator Recorded	X
<i>Child and Adolescent Development Knowledge</i>	3) Recipe for Camping Success	Learn how the Eight Essential Elements of positive youth development help campers build characteristics known as the 5Cs: competence, confidence, character, caring and connection.	Jamie McConnell (mcconnell.210)	30 minutes	Educator Recorded	X
<i>Child and Adolescent Development Knowledge</i>	4) Camp through the Eyes of a Child	Imagine the camp experience through the eyes of campers by addressing several common scenarios that take place during camp. As a result, counselors can help campers have a positive experience.	Erin Dailey (dailey.108)	1 hour	Educator Recorded	X
<i>Communication</i>	5) Managing Public Speaking Anxiety	Many Americans identify public speaking as one of the things they fear most. Counselors explore specific strategies for managing public speaking anxiety and apply them to a situation that makes them nervous.	Gwen Soule (soule.12)	30 minutes	YouTube	
<i>Communication</i>	6) Actions Speak Louder than Words	Childhood toy Mr. Potato Head helps to examine the impact of nonverbal communication on message delivery. Counselors discover how to use the "right face for the right place" when interacting with others.	Jamie McConnell (mcconnell.210)	30 minutes	Educator Recorded	X
<i>Cultural Awareness</i>	7) Expanding Your Cultural Intelligence	Increased cultural competence can help counselors be more empathetic and supportive. In this lesson, they will examine how personal bias and assumptions can get in the way of connecting with all campers.	Steve Brady (brady.111)	30 minutes	Educator Recorded	X
<i>Health, Wellness & Risk Management</i>	8) Keeping Mental Health in Mind	Camp counselors are responsible for maintaining camper physical, mental and emotional health at camp. Counselors learn basics related to camper mental health, as well as how to manage common camp scenarios.	Amanda Raines (raines.74)	45 minutes	Educator Recorded	X
<i>Personal Commitment</i>	9) Keep Your Camp Boat Afloat	Camp is most successful when all team members contribute. Counselors examine levels of personal commitment to camp, while considering how they can help their peers be fully engaged.	Jamie McConnell (mcconnell.210)	30 minutes	Educator Recorded	X
<i>Professional Development</i>	10) Getting the Most out of Online Training	Virtual or online training is a different learning experience than face-to-face instruction. Counselors learn how to set up a learning space, adopt specific strategies for minimizing distractions and develop relationships with instructors from a distance.	Gwen Soule (soule.12)	15 minutes	Educator Recorded	
<i>Professionalism</i>	11) Time Management	Planning ahead helps counselors ensure that they are ready for (almost) anything at camp! Counselors gain valuable tools for planning camp activities before camp, while also learning ways to keep campers engaged when plans need to change.	Frances Nicol (nicol.115)	1 hour	Educator Recorded	X
<i>Program Planning</i>	12) Developing Memorable Camp Programs through Meaningful Play	Meaningful play can be defined as childhood play memories with nostalgia. Counselors learn to develop camp programs that lead to positive skill development, engage them in challenge by choice opportunities and allow them to become completely immersed in the camp experience.	Alisha Faudie (faudie.2)	1 hour	YouTube/TED	
<i>Role Model</i>	13) Dog Poop Initiative	The Dog Poop Initiative by Kirk Weisler teaches important principles of service, teamwork, selflessness and initiative. Counselors develop these characteristics so they can act as a positive role model for campers.	Liz Hirzel (hirzel.25)	30 minutes	Educator Recorded	X
<i>Role Model</i>	14) Who Inspires You?	By examining the role models in their own lives, counselors discover characteristics within themselves that will help them make a lasting difference in the lives of campers.	Gwen Soule (soule.12)	30 minutes	YouTube	
<i>Self-Direction</i>	15) Taking Initiative	Counselors learn about self-direction and initiative by identifying what these characteristics look like in the camp counselor role.	Katie Feldhues (feldhues.2)	45 minutes	Educator Recorded	X
<i>Supportive Relationships</i>	16) Developing Supportive Relationships	Counselors learn to develop positive relationships with campers by getting to know their individual stories and experiences.	Jamie McConnell (mcconnell.210)	30 minutes	YouTube	
<i>Teaching & Facilitating</i>	17) Writing Your Own Lesson Plan	Counselors learn the components of a lesson plan and the importance of instructing for different learning styles. They will utilize the lesson plan template to plan an activity for their own camp.	Jenny Strickler (strickler.60)	30 minutes	Educator Recorded	
<i>Teamwork & Leadership</i>	18) Never Fly Solo with a Wingman	Counselors learn how to implement the Wingman Concept, which cultivates a culture of commitment and teamwork while providing action steps necessary to promptly deal with emergencies that take place during camp.	Elliott Lawrence (lawrence.638)	45 minutes	Educator Recorded	X
<i>Thinking & Problem Solving</i>	19) Critical Thinking & Problem Solving	Counselors identify and strategically address camp specific problems utilizing a five-step process.	Ashley Hughey (hughey.28)	30 minutes	TED	
<i>Thinking & Problem Solving</i>	20) Critical Moments at Camp	Counselors identify the critical times in the camp schedule when accidents and injury are most likely to occur and learn how to engage campers to prevent them.	Hannah Epley (epley.24)	30 minutes	Educator Recorded	X
<i>Understands Organizational & Camp Environment</i>	21) Camp Roles	Counselors gain an understanding of responsibilities for each of the following roles at camp: campers, counselors, adult staff, camp director and permanent/seasonal camp staff.	Hannah Epley (epley.24)	45 minutes	Educator Recorded	X

YouTube Playlist Link for Educator Videos:

<https://www.youtube.com/playlist?list=PLGP20FcGgnZWswCNoTSjSw4UpIPVa6yq>