

Making eXtreme Counselors (MXC) 2018 Fact Sheet

Why should Counselors attend MXC?

- Is a great addition to what counselors learn at their local camp.
- Provides counselors with the opportunity to meet other counselors from other camping programs.
- Teaches counselors how to engage and share new information with staff and fellow counselors.
- Counselors understand that they are a part of something bigger.
- Gives opportunities to take sessions from well-known individuals in the camping world.
- Encourages counselors to learn risk management and programming from other camping programs.
- Gives counselors opportunities to learn other methods of teaching campers.
- Counselors can implement the knowledge gained in their own county camping program.
- Brings counselors together from across the state of Ohio to spread the joy of camping.

In 2017, 100% of the MXC participants agreed “MXC provided you with skills to become a better camp counselor.”

MXC is designed to teach areas of skill development in: child and adolescent development knowledge, communication, cultural awareness, health, wellness and risk management, person commitment, professionalism, role model, self-direction, supportive relationships, teaching and facilitating, teamwork and leadership, thinking and problem solving, and understanding organizational and camp environments.

Ohio 4-H Camp Counselor Competencies that will be covered in 2019 are: Professional development, program planning, understanding organizational and camp environment, teaching and facilitating, communication

Many of these things are not covered in other training experiences because the basics need to be, time does not permit to explore it in depth, or emergency procedures are more important.

MXC does not:

- Focus on the basics, though some are used to develop other skills.
- Cover health concerns, as health concerns are specific to each camp and nurse.
- Cover safety concerns, as emergency procedures are specific to each camp facility.
- MXC is not intended to replace basic training given at the county level.

For more information please visit our website. <http://go.osu.edu/mxc>

Or contact a 2019 MXC team member:

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