MXC 2022 Participant Handbook & Forms

MXC 2022 Participants and Parents:

This document contains important information about MXC 2022. The specific information includes:

- A participant welcome letter, with details about MXC event location, arrival and departure times, what to bring, what to wear, what you’ll do, and emergency contact telephone numbers.
- Guidelines for group living.
- Grounds for dismissal policies.

There are also three forms that each participant and parent/guardian must print, complete, sign, and bring to the MXC registration on Saturday, February 19, 2022.

Please do not forget to complete and bring the following:

- Participant COVID-19 Acknowledgement and Photo Release
- Participant Behavior Agreement form
- Waiver and Permission to Transport Child form
- **If you are leaving your vehicle at the 4-H Center, print the parking pass attached to this information to keep in your vehicle**
- Mask(s) - Due to the ongoing pandemic, masks are required to be worn in all buildings on the Ohio State University campus, regardless of vaccination status. All participants/guests will be expected to properly wear a mask throughout the duration of the event.

Please print, complete, sign, and bring the forms and passes contained in this document to MXC registration on February 19.
We are so excited that you have registered to attend the 2022 Making eXtreme Counselors statewide 4-H camp counselor training workshop! Please read this letter carefully, as it contains information that you will need to prepare for attending the workshop.

**Location:** Nationwide & Ohio Farm Bureau 4-H Center  
2201 Fred Taylor Dr., Columbus, OH 43210

**Check-In Time:** 9:00 – 9:30 a.m., Saturday, February 19, 2022  
*(DO NOT ARRIVE MORE THAN 15 MINUTES EARLY)*

**Check-Out Time:** 7:55 p.m., Saturday, February 19, 2022

Participants must be signed out by whoever their driver is. The driver will need to come into the 4-H Center to sign the participant(s) out. If a participant(s) is driving him/herself, they will just need to sign themselves out. Please note, masks are required to be worn inside the building, regardless of COVID vaccination status. This includes during check in and check out.

**Driving Directions:** Use the address above if you are using a GPS.  
Take State Rt. 315 in Columbus to the Lane Ave./OSU exit. Go east on Lane Ave. 1 block to Fred Taylor Dr. Turn north (left) onto Fred Taylor Dr. The 4-H Center will be the first building on your left (across from the back side of the Schottenstein Center). The entrance to the parking lot is on the north side of the building and the parking lot is behind the Center. Please carpool if possible. If you are driving yourself and are planning to leave your vehicle there, use the parking pass that is also attached to this information.

**Forms:** You will have 3 forms that you need to complete and bring with you to registration on February 19. The forms are attached to this e-mail or you can go to the Ohio 4-H website ([go.osu.edu/mxc](http://go.osu.edu/mxc)) to download a copy of these forms.

- **COVID-19 Acknowledgement Form and Photo Release:** This form needs to be completed and signed by a parent/guardian.
- **Behavior Agreement:** You and your parent/guardian should read the *Guidelines for Group Living* and the *Grounds for Dismissal Policy* and retain a copy of these documents for your records. Then read the *Participant Behavior Agreement* and bring a signed copy with you. Both you and your parent/guardian need to sign this form.
- **Waiver and Permission to Transport Child:** This form needs to be completed and signed by a parent/guardian.

**COVID-19 Pre-Cautions:** We recognize that the COVID-19 pandemic continues to have an impact on group gatherings and events. To help mitigate the potential spread of COVID-19, we will be taking the following steps at MXC:

- **Masks:** required to be worn in all buildings on the Ohio State University campus, regardless of vaccination status. All participants/guests will be expected to properly wear a mask throughout the duration of the event.
- **Meals:** participants will receive individual meals (rather than flowing through a buffet line) during the event. Additionally, participants will eat meals with the same group (of less than 20 people) to reduce potential for exposure when unmasked.
• **Hand Sanitizer / Hand Washing**: Hand sanitizer will be available in various locations throughout the building and participants will be encouraged to wash their hands frequently.

• **Symptoms**: If you are feeling ill or experiencing symptoms of any kind, we request that you not attend MXC.

**Medical Professional**: We will have a medical professional onsite to take care of minor medical needs that may arise. If you have medication you need to take throughout the day, please reach out to Sarah Longo (longo.79@osu.edu) or Hannah Epley (epley.24@osu.edu) to discuss those needs.

**Meals**: The meals included in your registration fee are lunch and dinner on Saturday. Please eat your breakfast prior to arrival on Saturday morning.

**What to Bring & What to Wear**: All activities will be held inside the 4-H Center. Upon arrival on Saturday, we will be giving each participant an MXC shirt to wear. You will also want to bring a back pack/cinch bag as one will not be provided. Make sure your name is written on it. The 4-H Center can often be a little chilly, so we recommended bringing something warm and comfortable to wear as well.

- **Acceptable**:
  - T-Shirts are probably the best option for what to wear at MXC! 😊
  - Just a rule of thumb: If you have to ask if something is appropriate or not, the answer is probably “no.”
  - Face Coverings/Masks – masks are required to be worn in all buildings on the Ohio State University campus, regardless of vaccination status. All participants/guests will be expected to properly wear a mask throughout the duration of the event. To help you know what is permitted or not, here are some pictures to help demonstrate:
    - **Acceptable**:
    - **Not Acceptable**:
    - **Other points to note**:
      - No underwear of any kind (including bra straps) should be showing or visible through clothing.
      - Pants/shorts must be worn at waist height.

**Snacks**: In accordance with COVID-19 modifications being made to safely host this year’s event, we are requesting that you not bring snacks (for yourself or to share) to MXC. We will offering two meals and a snack in the afternoon, so you should have plenty of food to eat.
Drinks: We recommend each participant bring a reusable water bottle to use throughout the day. The 4-H Center has water bottle fillers that will be accessible throughout the day.

Program: We will do lots of idea sharing over the course of the day. Come prepared with your favorite activities, games, meals, snacks, skits, etc., so you can be prepared to share! Bring a pen or pencil and paper to take notes. A brief workshop schedule is attached to this e-mail.

Cell Phones: Cell phones will be collected at check-in on Saturday or you may leave them in your car if you drive. Phones will be secured in a plastic baggie with your name and returned to you at dismissal. Please let your parents and your friends know that they will not be able to reach you by cell phone or text message during the program. If you need to use a cell phone while at camp, you may get it from an adult and return it to the adult when finished. In the event your parent needs to contact you, emergency contact information is provided in this letter.

Event Chaperones: 4-H professionals from around the state will be supervising this event.

Inclement Weather: If the weather produces unsafe driving conditions, we may need to postpone the starting time or cancel the workshop. Details will be listed on the website (go.osu.edu/mxc) and sent via email by 10:00 p.m. on Friday, February 18.

Emergency Contact Number: You may provide the following cell phone numbers to your parent/guardian to use in case of emergency.

Katie Cole, 4-H Educator & MXC Chair, Seneca 419-721-8604
Hannah Epley, 4-H Specialist, State Office 614-325-2257
Sarah Longo, 4-H Program Assistant, State Office 740-360-5569
Kayla Oberstadt, 4-H Program Manager, State Office 614-980-6557

FULL TIME PARTICIPATION IS EXPECTED FOR THIS EVENT! The planning team has put together a training session with a variety of offerings taught by creative, energetic presenters who highly value the contribution that volunteer teen counselors contribute to the Ohio 4-H Camping Program!!!

Remember to bring a positive attitude and your eagerness to learn something that you can use to become a better camp counselor!!

We look forward to seeing you,

Katie Cole and Kayla Oberstadt (Chairs, MXC Workshop Planning Team)
Guidelines for Group Living

Be safe!
Have fun!
Make friends!
Learn something new!

BE SAFE WHEN PARTICIPATING IN ACTIVITIES.

• Follow instructions for activities.
• Use objects for their intended purpose.
• Exercise care when using materials that could harm you or others, such as sharp objects, hot liquids, and flames.
• Report injuries, illness, and health problems to the designated health care professional.

ACT RESPECTFULLY TOWARD OTHERS IN YOUR WORDS AND ACTIONS.

• Respect other participants and the adult staff. Be kind and courteous to one another.
• Listen when others are talking.
• Use respectful language when communicating with other participants and adult staff members. No put-downs. Do not use profane, abusive, or derogatory language.
• Respect others’ personal space.
• Boys stay in the boys’ sleeping area; girls stay in the girls’ sleeping area.
• Observe lights out in the sleeping areas as posted in the schedule.
• Resolve conflicts in a civil manner. No fighting.

DEMONSTRATE RESPECTFUL BEHAVIOR TOWARD YOUR SURROUNDINGS.

• Please treat buildings, equipment, others’ property, and the environment with care and respect.
• Clean up after yourself and put trash in its proper place.
• Leave the area cleaner than you found it.

Keep a copy for your records.
Grounds for Dismissal Policies

In our efforts to maintain a safe environment for all our participants, there are certain situations that are grounds for dismissal from this event. We work hard to resolve conflicts that might arise, and it is unlikely that we would need to send a participant home. However, we think it is important to outline the situations that may lead to a participant's dismissal. In addition, we are not able to transport participants if they are dismissed. If a participant is sent home for any of the specified reasons, it is the responsibility of the parent/guardian to make arrangements to pick up their child at the event site (Nationwide & Ohio Farm Bureau 4-H Center in Columbus, Ohio).

Any participant found engaging in any illegal activity will be sent home. In addition, these activities may have potential legal consequences. NO EXCEPTIONS. These activities include:

**DRUGS** - Use, possession, or attempted purchase of any illegal drug in any quantity is prohibited. Personal use, attempt to purchase, possession of, or being in the company of anyone using or possessing any illegal drugs in any quantity or any unauthorized prescription drugs, or possession or purchase of any drug equipment or paraphernalia is prohibited. This includes e-cigarettes, vaping devices, and their contents. We reserve the right to conduct a personal effect search should drug or any illegal possession be suspected.

**ALCOHOL** - Use or possession of any alcoholic beverages or attempting to purchase any alcoholic beverages is prohibited. This policy also includes non-alcoholic beers. Being in any area where alcohol is consumed will also be grounds for dismissal. We reserve the right to conduct a personal effect search should alcohol possession be suspected. Any possession or use of a false I.D. is prohibited.

**INAPPROPRIATE AND PROHIBITED BEHAVIOR** - The following behavior is not permitted and will result in intervention by adult staff members. Actions may include temporary removal from activities, confiscation of items, a phone call to parents, and ultimately to a participant being sent home. In addition, certain behaviors have potential legal consequences and appropriate authorities will be contacted in such instances.

**LEAVING THE IMMEDIATE EVENT LOCATION** - No participants should be found leaving the immediate event location grounds unless they are participating in an off-site activity that is part of the program and they are accompanied by staff members.

**USE AND/OR POSSESSION OF CELL PHONES** - Cell phones and their use are prohibited at camp. Any cell phones found will be confiscated and held until the end of the event. This includes the use of these devices for taking inappropriate photographs and “sexting” (sending text messages or photos containing sexual content).

**INAPPROPRIATE PHOTOGRAPHS AND VIDEOS** – Cameras, cell phones, or other personal electronic devices may not be used to take and/or send photographs or videos that contain inappropriate content. Photographs taken in any private areas including but not limited to bathrooms, changing areas, etc., are strictly prohibited and will result in the confiscation of the equipment used to take the photographs and may result in a participant’s immediate dismissal from the event.

**SEXUAL CONTACT** – Sexual contact between participants is prohibited.

**USE AND/OR POSSESSION OF WEAPONS, INCLUDING KNIVES AND FIREARMS** – Use and/or possession of weapons, including knives and firearms, is prohibited. This includes instances when common objects are used as weapons (e.g., rocks, bandanas).

**FIREWORKS** – Possession or use of fireworks is prohibited.

**SMOKING/TOBACCO PRODUCTS** - There will be no smoking, use, possession, or purchase of tobacco products, including cigarettes, cigars, e-cigarettes and other electronic means of smoking (i.e. Juul) and chewing tobacco.

**FIGHTING, HARRASMENT, OR BULLYING** - Participants are not to engage in any fighting, verbal or physical harassment, or abuse of any kind directed toward any member of the camp community. This includes food fights.

**SEXUALLY EXPLICIT MATERIALS AND/OR PORNOGRAPHY** - Participants should not possess, share, and/or distribute sexually explicit materials or pornography to any member of the camp community.

**GAMBLING** - Gambling of any kind is prohibited.

**TRADING OR SELLING OF PERSONAL PROPERTY** - The trading or sale of another individual’s property or possessions is prohibited.

*Keep a copy for your records.*
Note: Please print all of the following pages, complete and sign where required, and bring all of them with you when you register for MXC 2022.
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Ohio 4-H Camp COVID-19 Acknowledgement

I will not send my child to camp if they, or any member in their household, have tested positive for COVID-19 or in the past 14 days have experienced any of the following COVID-19 symptoms:

- Congestion or runny nose
- Cough
- Diarrhea
- Fatigue
- Fever or chills
- Headache
- Muscle or body aches
- Nausea or vomiting
- New loss of smell or taste
- Sore throat
- Shortness of breath or difficulty breathing

I understand that camp participation is voluntary. I acknowledge the contagious nature of COVID-19 (and its variants) and voluntarily assume the risk that my child(ren) and I may be exposed to, or infected by, COVID-19 (or its variants) by attending the 4-H Camp, and that such exposure or infection may result in personal injury, illness, permanent disability and/or death. I understand that the risk of becoming exposed to, or infected by, COVID-19 (or its variants) may result from the actions, omissions, or negligence of my child(ren), myself and others, including, but not limited to, The Ohio State University, OSU Extension, 4-H camp site, and the employees, agents, representatives, volunteers and program participants and their families.

I further understand that dangers may be increased if I or my child(ren) have previously had COVID-19. Because COVID-19 is a developing disease, I understand that all of the current and future risks associated with COVID-19 are not known at this time and it is not possible to fully list every risk associated with contracting the virus. However, I am aware that COVID-19 complications while engaging in physical activity without appropriate medical clearance may lead to further injury or illness, including, but not limited to: dizziness; respiratory issues and lung damage; cardiac issues, including myocarditis (heart muscle inflammation); blood clots; general inflammation; and muscle inflammation/breakdown. I am choosing to send them to camp despite the potential risks.

As recommended by the American Academy of Pediatrics, I understand my pediatrician can advise me on whether it is safe for my child to attend camp based on his or her medical history.

I understand my child must follow all COVID-19 guidance (e.g., wearing masks, distancing, etc.). Failure to do so may result in my child being sent home from camp.

I also understand I will be required to immediately pick up my child if they experience any symptoms listed above while at camp or are exposed to COVID-19. I understand I will receive a full refund of any fees paid before the start of camp. Refunds will be prorated for the days not attended if participants need to depart due to COVID-19 symptoms.

________________________________________
Parent/Guardian Printed Name

________________________________________
Parent/Guardian Signature

________________________________________
Child Printed Name

________________________________________
Date
Photo and Video Release

I give permission to The Ohio State University, OSUE, the Ohio 4-H program, and the 4-H facility to record and edit into video and/or photographs the likeness, voice, image and video images of my child, ______________________, and to use all or parts of the video or photographs in print or electronic materials for The Ohio State University, OSUE, the Ohio 4-H program, and 4-H facility to promote any and all public awareness for the program(s) in which my child is involved.

_________________________________  ___________________________________  ______________
Parent/Guardian Printed Name          Parent/Guardian Signature           Date
MXC 2022 - Making eXtreme Counselors
Participant Behavior Agreement

A successful event depends on the partnerships of the staff, participants, and parents. Your child’s safety is our number one priority. In our efforts to maintain a safe environment for all of our participants, we have certain expectations for participants’ behavior as well as certain situations that may be grounds for dismissal from this event. We work hard to resolve conflicts that might arise, and it is unlikely that we would need to send a participant home. However, we think it is important to share our expectations (see Guidelines for Group Living) and outline the situations that may lead to a participant’s dismissal. These situations are outlined in the Grounds for Dismissal Policy. We ask that you and your child read these two documents, complete the form below, and return the signed form when checking in at the event.

I hereby give my permission for my child ________________________________
(Print Child’s First and Last Name)

to attend the Making eXtreme Counselors Statewide 4-H Camp Counselors Workshop.

I have discussed the accompanying Guidelines for Group Living and Grounds for Dismissal Policy with my child and have discussed the expectation that he/she is to conduct himself/herself in a safe and respectful manner.

I understand that if the event organizers determine that my child should be dismissed from the event, I am responsible for making all arrangements and costs if my child is sent home, no matter what time of the day or night.

If for any reason my child is sent home, I understand there will be no refunds for the MXC registration fee. I agree that I am fully responsible for any damages and/or cost my child may incur during the MXC workshop. The Ohio State University Extension and all chaperones are not responsible for any damages my child may cause.

I understand it is a privilege to participate in the MXC workshop. Both my child and I have read this agreement, and we accept the conditions as outlined.

Parent’s Signature ___________________________ Date ___________

Participant’s Signature ___________________________ Date ___________

Parent(s) ________________________________ may be reached at:

Print Name

Home phone: ___________________________ Cell phone: ___________________________

Work phone: ___________________________

Bring this signed form with you to MXC Registration on February 19, 2022.
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Waiver and Permission to Transport Child/Charge
Ohio State University Extension

Although the activities of the MXC workshop will all take place at the Nationwide & Ohio Farm Bureau 4-H Center, transportation may be required if participants desire to attend church services or in emergency situations. Please write in child’s name and sign and date below. Bring this form with you to on-site registration.

Child/Charge: ____________________________________________________________

Event: Making eXtreme Counselors (MXC) workshop  Date: February 19, 2022

Location: Columbus, Ohio – Nationwide & Ohio Farm Bureau 4-H Center

Driver: Adult Staff of the MXC Workshop

I give permission for my child/charge ("child") to be transported in a motor vehicle driven by the individual identified to an event at the specified location on the date indicated. I understand that my child is expected to follow all applicable laws regarding riding in a motor vehicle and is expected to follow the directions provided by the driver and/or other adult volunteers. I understand that participation in the identified event is not a requirement for participation in the county or state 4-H youth development program.

I have read, understand, and discussed with my child that:

1. They will be traveling in a motor vehicle driven by an adult and they are to wear their safety-belt while traveling;
2. They are expected to respect each other, vehicles that they ride in, and people that they travel with during the trip;
3. Riding in a motor vehicle may result in personal injuries or death from wrecks, collisions or acts by riders, other drivers, or objects; and
4. They are to remain in their seats and not be disruptive to the driver of the vehicle.

I recognize that by participating in this activity, as with any activity involving motor vehicle transportation, my child may risk personal injury or permanent loss. I hereby attest and verify that I have been advised of the potential risks, that I have full knowledge of the risks involved in this activity, and that I assume any expenses that may be incurred in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses.

As a condition for the transportation received, I, for myself, my child, my executors and assigns, further agree to release and forever discharge The Ohio State University, its Board of Trustees, The Ohio State University Extension and their agents, officers, employees and volunteers from any claim that I might have myself or that I could bring on my child's behalf with regard to any damages, demands or actions whatsoever, including those based on negligence, in any manner arising out of this transportation. I have read this entire waiver and permission form, fully understand it, and agree to be legally bound by its terms.

Parent/Guardian Name (please print): ____________________________________________

Parent/Guardian Signature: ____________________________________________ Date: __________
Nationwide & Ohio Farm Bureau 4-H Center
2201 Fred Taylor Drive
PARKING PERMIT
Please display on your dashboard