Personal Commitment Competency
Ohio 4-H Camp Counselor Core Competencies

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Camp counselors contribute to a quality camping experience and therefore it is important to understand factors that influence their successful performance. Because counselors work directly with campers, they have a great impact on the learning environment. Across the country, 4-H is known for its use of teens as camp counselors. 4-H camp counselors need to know how to perform their multi-faceted role, and the 4-H professionals who train them need to be able to evaluate their competencies. A competency model was developed to support 4-H camp counselor selection, training, and evaluation.

This list of Ohio 4-H Camp Counselor Core Competencies was developed by using a variety of internal and external sources. Ohio 4-H professionals were involved in a mixed-method research design including a review of literature, interviews, modified nominal group technique, focus groups, and a survey. The process included data gathering, analysis, integration, and peer debriefing in four phases: (a) review of literature, document review, and idea generation; (b) new model development; (c) model validation; and (d) final refinement and confirmation.

Core competencies are the demonstrated capacities that form a foundation for high-quality performance in the workplace. For the purpose of this information, this workplace may include campsites or camping programs in Ohio. Definitions are also presented, which is a term and associated description of the knowledge, skills, abilities, and observable behaviors that represent the competency identified. Key actions, or general descriptions of behaviors that illustrate a competency, are given for each competency on subsequent fact sheets in this series.

These competencies are what 4-H camp professionals should focus on when selecting, training, and evaluating camp counselors. For related resources on these and other topics, refer to the Ohio 4-H Camping Curriculum. The additional fourteen competencies and their key actions may be found on subsequent fact sheets in this series.

Competency: Personal Commitment

Definition: Is committed to the philosophy and goals of camp and devotes themselves to the position; has a sense of selflessness; takes ownership and has “buy-in” to the influence and impact they have on the program.

Key actions

• Makes every decision with the best interest of the campers in mind, creates an environment for the campers to enjoy, and puts the campers’ needs first.
• Attends trainings and planning meetings, spends extra time preparing for camp and is engaged in all aspects of camp, not just what one likes; makes camp a priority.
• Has a positive outlook on camp, desires to work as a team to have a positive impact on the program.
References