

Dear 2019 Ohio 4-H Out-bound Traveler Applicant,

Thank you for your interest in traveling overseas with Ohio 4-H!

Before completing this application, you MUST read the document on the Ohio 4-H website entitled "Instructions and Requirements for Completing the 2019 Outbound Youth Traveler Application."

We look forward to receiving your application, 3 references and 1st payment (amount varies by country – please see the instructions) by November 30, 2018. If possible, please advise us of your intent to apply in advance, to help us with planning.

Please note that although passport information and the Medical Form are included within this packet, these two items are not due until March 1, 2019. (See the "Instructions" for more information.)

IMPORTANT:

Find the application at our website:

www.ohio4H.org/youth/international

This is a fillable form and should not be hand-written. You must FIRST save this document to your computer and give it a name you'll remember. Then, locate and open the saved document to begin typing into the fields. You'll need Adobe Reader to complete the form. If you don't have this program, you can download it for free here: https://get.adobe.com/reader/

Save frequently!

- *EMAIL the finished application and your photos to: thalleimer.1@osu.edu
- *MAIL your 1st payment and reference forms to: Mary Lynn Thalheimer, Ohio 4-H International Programs, 2201 Fred Taylor Dr., Columbus, OH, 43210

Thank you! Ohio 4-H International Programs







STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

2019 OUTBOUND TRAVEL DELEGATE APPLICATION

ull Name:				State:	
	(First name)	(Last name)			
-4). Finland & Co <mark>OP! Before con</mark>	cate country(ies) for which yosta Rica have minimum & ropleting this application, yoson" found on our website.	maximum group size nation maximum group size	onwide. Final accep	tance announced in Jan <mark>Jeting the 2019 Outbou</mark>	uary 2019.
Program	Japan 2-month	Japan 1-month	Finland	Costa Rica	
110614111	June 12 - August 8	July 7 - August 8	June 26 - July 27	June 20 - July 19	
Program Fee	\$3,875	\$2,725	\$2,300	\$1,575	
Airfare Estimate	* \$2,150	\$2,150	\$1,450	\$1,050	
Your Program Choice Ranking					
Organization	LABO	LABO	Finnish 4-H	Costa Rica 4-S	
 irfare estimates o	 lepend on home departure air	port.			
	"Instructions" docum		bsite for more d	etails):	
ebruary 1: Narch 1: pril 15: May 1: pplication Che	\$2,000 for Japan 2-Month. Finland \$1,000 for Costa applicants are notified of a Second national payment* Medical Form and Passpor Final national payment*** Ohio 4-H Program Paymen ecklist: Only fully complete	Rica. Check will not be deceptance in January**. due: Amount varies - sect copy due due: Amount varies - sect due: Amount	leposited until e Instructions e Instructions ee Instructions	**should applicant no the first program payi returned. ***final payment pay of the national progra includes any scholarsh and any additional co. (unaccompanied mino agent fee, etc.).	ment will be s for the rest im fee; nips received sts
Basic Information	on Refe	erences	Shor	t Answer Questions	
Health & Allerg	y Information Cor	mprehensive Release Form	Cultu	ural Project	
Introduction to			* \$2, * \$1,	Payment: .000 for Japan 2-month .500 for Japan 1-month .500 for Finland	
	States' 4-H Policies: selected: Full refund.	ter to Host Family	* \$1,	.000 for Costa Rica	
•	cted but then must cancel:	Before January 31 (refun	d minus \$300); Afte	r January 31 (no refund).
Airfare is non-re Only fully-paid d	fundable once issued (airling elegates will be allowed to a are accepted at the States'	e credit may apply, airlin travel or come to the de	e regulations vary). parture orientation.	Tickets are issued in mi	d-February
gnature of parent/	legal guardian	Print parent/legal gua	ardian's name	 Date	

l S	States' 4-H office use only	Name:	Country:
Fmail one r	shoto of voi	ircolf	and one photo of your
_		_	
family alor	ig with you.	r app	lication by Nov. 30 to
	Mary Lyn	n The	alheimer:
	thalheim	er.1(a	yosu.edu
Wa will t	hon insort	1011K V	photos onto this naga
WE WIII I	nen inseri j	our p	photos onto this page.

	States' 4	-H office use only	Name:		Country:	
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STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS 2019 OUTBOUND DELEGATE APPLICATION

Basic Information:

photo of yourself by Nov. 30 to: thalheimer.1@osu.edu	*FULL LEGAL NAME: *Exactly as printed in passport later, app *If applying for passport later, app Name you prefer to be called:	ort* (First) Now the stack of	written above*	(Last)
We will then insert your photo here.	Gender: Age (a	as of departure date):	Birth Date	(mm/dd/yy):
your photo here.	Grade (for 2018-19):	T-shirt Si	ze (adult):	
Mailing Address:				
City:	State:	<u> </u>	Zip:	
County:	Home Ph	none:		
Applicant's Cell Phone:		(Only used for commu	nication during domestic trave
Applicant's Email:				
PARENT / LEGAL GUA	RDIAN:			
Guardian #1 Name:		Relationship to a	applicant:	
Cell Phone:	Home Pho	one:	Work Phor	ne:
E-Mail:		Occupation:		
Guardian #2 Name:		Relationship to a	applicant:	
Cell Phone:	Home Pho	one:	Work Phor	ne:
E-Mail:		Occupation:	_	
Sibling(s) – name, gende	er, and age:			
EMERGENCY CONTAC	T: (other than the adult(s) listed a	above)		
Name:		Relationship:		
Name.			Work Phone:	

2.

specific as possible. Follow up questions may be asked. Attach an additional page, if needed.

ALLERGIES: List all food and non-food allergies and indicate the severity, any reactions, and medication, if any, for each.

Type of Allergy	Severity (1 mild – 5 severe)	Allergic Reaction(s) (explain severity)	Medication?* (If yes, name and dosage)	Additional Information:

is the applicant able to take medication on their own, or will they need reminders from host family?

	Condition/Illness	Additional Information the Host Family should be aware of:	Name of Medication*	Dosage (mg.)
		ID medications such as "Adderall", are illeg	al in Japan. Make sure all of the me	dication you plan to
_	the country to which you			
ı. Ar	ny recent injuries or surge	eries we should be aware of? If yes, provic	e a brief description:	
. Ar	e there any physical acti	vities you are restricted from doing? If yes	list all:	
<u>ntro</u>	duction to Host F	<u>amily:</u>		
MOK			_	
Mor				
1001	n-smoking family <u>only</u>	Acceptable if family member smokes of	utside A smoking family is	acceptable
NIMA		Acceptable if family member smokes of	utside	acceptable
ANIM <i>A</i>	ALS: cement in a home with a	ny type or size of pets/animals is okay with	me.	
ANIM <i>A</i> Place	ALS: cement in a home with a nough I am mildly allergic	ny type or size of pets/animals is okay with to the following animals, it's okay for me t	nme. To be placed with them:	
ANIM <i>A</i> Place	ALS: cement in a home with a nough I am mildly allergic	ny type or size of pets/animals is okay with	nme. To be placed with them:	
ANIM <i>A</i> Place	ALS: cement in a home with a nough I am mildly allergic	ny type or size of pets/animals is okay with to the following animals, it's okay for me t	nme. To be placed with them:	
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States' 4-H office use only Name:

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☐ Movies ☐	usually do in your free time? Museums Reading Studying Shopping Participate in Sports Spectator of Sports Events
Educational	「V programs do you enjoy watching? al
☐ Science fict	oooks do you enjoy reading? tion ☐ Classics ☐ Non-fiction ☐ Mysteries ☐ Poetry ☐ Textbooks ☐ Humor ☐ Fiction ☐ Anime
Classical [nusic do you enjoy? Show-tunes Popular Folk Country & Western Jazz Rock Rap Hip-hop None
Loyalty	do you value most in people? Kindness Patience Honesty Intelligence Sense of humor Decisiveness Politeness
Religion (optio	onal):
Please list som	ne of your other hobbies & interests:
Please list som	ne things about the hosting country and its culture that you find interesting:
Please list som	
HOST FAMILY	
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Ad	ditional Information:	:						
а.	Family Insurance Carrier: _		ID#:	Gro	up #:			
	(Participants are responsible for expenses beyond the coverage of the exchange program's insurance policy.)							
b. I am currently involed in 4-H activities: No Yes c. When is your last day of school for 2018-2019 (mm/dd/yy)?								
								d.
TRA	AVEL EXPERIENCE:							
a.	Have you flown domestical	ly before?	No Internat	ionally? Yes	□ No			
b.	Please list any internationa	l travel experience.						
	Country	Length of Stay	Dates/Year	Purpose (to	urist, study, etc.)			
C.	Do you have a current pass	sport?						
			re) The nassport must	he valid for three ((3) months after the			
☐ Yes – Submit a copy of photo page (with signature). The passport must be valid for three (3) months after the intended return travel date. Check the expiration date and renew, if needed.								
	☐ No – Apply in advance, see the "Instructions" document for details.							
Whi you at S	No – Apply in advance. PORT SELECTION: ich local airport would you pre referred airport is not feasi states' 4-H's discretion. Depare	see the "Instructions" do efer to use? Please list on ible, please note that an a rture could be as early as	cument for details. nly the airports you callernative airport withins 5AM and return could	n actually use this s n 100 miles of the li be as late as midn	isted ones may be onight. <i>NOTE: In gen</i>			
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States' 4-H office use only	Name:	Country:	

FOREIGN LANGUAGE SKILLS: Please indicate: Excellent - Good - Fair - Poor - None.

Language	Reading	Writing	Speaking	Comprehension	Years Studied

5. References:

STOP! You MUST read the separate "Instructions" document before completing this section!

Name:	Position-Title/Relationship:
Email:	
Phone:	
Name:	Position-Title/Relationship:
Email:	
Phone:	
Name:	Position-Title/Relationship:
Email:	
Phone:	

	States' 4-H office use only	Name:		Country:	
7. Letter to Host Family your family, and your in	y: Either handwrite on the analysis of the a	or type a lette	er to your host far would like to do	mily introducing y	
be your future host fam	nily's first chance to get	t to know you	1.		

			States' 4-H office use only	Name:	Co	untry:	
3.					owing questions in the s		5
	sent	ences for each ques	tion. Attach an additio	nal pag	e if you need more space	e.	
	a.	community, county, an	d state. What experiences	do you l	countries will have cultural of have interacting with people of unfamiliar cultural situation	from different backgrounds	s?
	b.	What kinds of situation ways do you communic		ifort zone	e? How do you cope when fee	eling uncomfortable? In wha	at
	C.	Are you raising money	to participate in this progra	m? If so,	how?		
	d.	What are your expectat	tions for this exchange? Wh	nat do yo	u think will be expected of yo	u?	
	e.	you. However, your hos	st family has become busie	r with wo	r, your host family has been do ork and school and you have li c ideas of how you would spe	imited to no internet access	

		States' 4-H office use only	A1	Country	٦
		States' 4-H office use only	Name:	Country:	
9.	host family (feel free to	include pictures or dra ious delegates have p	awings). The p repared their	n of a cultural project to share with your roject can be in any form and on any favorite food dish or taught their favorite	
	instance, write down th	e recipe for the dish y for you to share a piec	ou prepare or	project with your host family. For the instructions to the game you teach culture with your host family and new	
10.	Post Project: In what will you remain involved			e with others once you return home? How unities?	

States' 4-H office use only Name: Country:



States' 4-H International Exchange Programs 2019 Comprehensive Release Form

TRAVEL RELEASE/AUTHORIZATION

I/we, the parent(s) and/or legal guardian(s) of _______(full name), hereby grant permission for my/our child "the delegate" to travel and participate in the States' 4-H International Exchange Program "States' 4-H."

I/we agree to accept the flight itinerary that States' 4-H arranges for the delegate. I/we agree to pay the cost for any deviations from this flight schedule caused by the delegate's personal actions. States' 4-H (Board, staff, and volunteers), partner Land Grant Institutions (their personnel and volunteers), and the international partner organization shall have no liability if the delegate voluntarily or otherwise withdraws or is dismissed from the program. Furthermore, I/we understand that program fees, airfare, and travel agent fee must be paid in full by the established deadlines in order for the delegate to participate in the exchange. In the event that the international partner organization cancels the program due to unforeseen circumstances, delegates will receive a refund for any payments made and may reapply to a different outbound program, except airfare may be non-refundable or airline credit may apply.

MEDICAL RELEASE

I/we hereby authorize the representatives of States' 4-H, the States' 4-H Board, international partner organization(s) or the parents of the family assigned as hosts for my/our child, to make arrangements for my/our child's welfare, including transportation in the event of an emergency, and for whatever emergency medical care may be deemed necessary for my/our child's welfare, while participating in this program. I/we grant permission to release information regarding my/our child's health to any individual designated by States' 4-H.

INSURANCE AGREEMENT

I/we will be provided Sickness and Accident Insurance information for the company chosen by States' 4-H. I/we acknowledge that this coverage is secondary insurance and supplements any primary sickness and accident insurance that my/our family may have. I/we understand that this insurance provides coverage for accidents, injuries, or illnesses that occur and are treated while the delegate is <u>out of the Home Country</u>. I/we understand that the insurance coverage is limited (\$250,000 maximum medical expense per person; does not cover any preexisting condition) and that I/we are responsible for any medical expenses above and beyond those identified in the Insurance Plan Summary, including coverage determined to be in excess of reasonable and customary, as defined by the insurance provider. Program insurance does not cover pre-existing conditions nor the treatment of mental and nervous disorders.

The delegate agrees to follow the States' 4-H Safety Guidelines at all times. I/we understand that the Safety Guidelines are based on insurance coverage rules and exclusions. If the delegate is injured while participating in a prohibited activity, I/we will be responsible to pay for the resulting medical bills.

LIABILITY RELEASE

This liability release covers the time period from when the delegate departs his/her home state until he/she returns to his/her home state. While under the sponsorship of States' 4-H, the delegate may not participate in any high-risk activities including, but not limited to, the following:

- hunting
- paintball
- mountaineering & rock climbing
- scuba diving
- jet-skiing
- water skiing
- snorkeling

- bungee jumping
- hang gliding
- glider riding
- parachuting
- parasailing
- hot air ballooning
- sky diving
- driving

- motorcycle/motor scooter driving/riding
- operating motorized lawn equipment
- operating farm equipment
- driving/riding motorized recreational vehicles
- driving/riding all-terrain vehicles
- horse racing
- spelunking

I/we, the undersigned, authorize the delegate to participate within the program guidelines established by States' 4-H. I/we hereby release States' 4-H (Board, staff, and volunteers), partner Land Grant Institutions (their personnel and volunteers), the international partner organization, program chaperones, and host families past and present from any and all current and future claims, losses, expenses, charges, costs and/or causes of action for loss of property, personal injury, illness, accident or death sustained by the delegate during the time he/she is a participant in the program.

I/we agree to supply the delegate with spending money to cover his/her personal needs and expenses for the duration of the program and return home. I/we understand and agree that States' 4-H is not responsible for the delegate's money or personal property, whether lost or stolen, while he/she is participating in the program.

I/we certify that all information provided in the Outbound Delegate Application is correct and complete, including medical history. I/we also understand that any changes in the information provided, including but not limited to changes in the delegate's medical history or condition, must be reported to States' 4-H immediately. I/we understand that withholding information and/or providing incorrect information and/or not reporting changes after the medical form has been submitted are grounds for possible termination from the program and repatriation at my/our expense with no refund of program fees.

PHOTO/MEDIA RELEASE

I/we grant States' 4-H and its representatives, the States' 4-H Board, international partner organization(s), and 4-H clubs unlimited permission to copyright and use, publish, and republish for purposes of advertising, public relations, trade, or any other lawful use, information about my/our

		States' 4-H office use only	Name:	Country:	
my/o	and reproductions of my/our chi ur child's name. I/we hereby wai ed in connection therewith or th	ve any right that I/we may hav	e to inspect or appr		
CODE	OF CONDUCT				
The for 1. 2. 3. 4. 5. 6. 7. 8. 9. 10. 11. 12. 13. 14. 15. 16. 17. 18.	Delegates must abide by the law Delegates must show respect for Delegates must obey host family the host family's home without to Delegates should talk to their St avoid speaking of their host fam Delegates may not change host to Delegates must always be aware Delegates must not participate in Delegates must not take any act Delegates are not allowed to pur Delegates are not permitted to pur Delegates are not permitted to pur Delegates are not permitted to pur Delegates must not possess or us Delegates are not permitted to pur Delegates are not permitted to pur Delegates must not possess or us Delegates are not allowed to gar	s of the host country, host states and all program staff in the rules about things such as, but their host parent's permission. The Coordinator, Program Chapilly's private affairs to communit families without approval. Their responsibilities as an expension that may change the nature rechase or use a firearm. The drugs except those prescribed burchase or drink alcoholic beveouse fireworks. The by host family and hosting organism that may change the nature rechase or use other tobacco program of the internet and must be host family and hosting organism comments/photos on social medier any circumstances to access or program officials.	e, and hosting organical U.S. and abroad and not limited to, curful erone, or appropriately members and frier exchange participant activity, including postor course of their life. I by a licensed physic rages. ducts. Anization rules in related to the state of their section and share theirs of the section and share their section and share the share their section and share the share t	zation. d obey their instructions. ews and household chores. Del e organization staff concerning ids. and make a determined effort in sessing or viewing pornographic e, e.g. getting married, changing cian or over-the-counter medical ationship to use of computer, in or their host family's personal s. hing pornography, chat rooms cketed by States' 4-H.	egates may not have guests in problems they are having and in their host family. It material. It greligion, etc. Intions such as aspirin. Internet, cell phone, and e-mail. It contact information on public property of the contact information on public property.
ground rules a for dis	delegate) have read and understa ds for dismissal from the States' 4 above. In addition, I must be in go missal from States' 4-H program IFY that all information in this ap ' 4-H International Exchange Prog	-H International Exchange Progood standing from the time of a participation. plication is true and complete t	rams (States' 4-H) a acceptance through o the best of my kno	nd may be sent home at once a the exchange period, and failu owledge. I understand the pur	t my expense for violating the re to comply may be grounds poses and objectives of the
delega	ate and parent(s)/legal guardian(s al Release, Insurance Agreement,) indicates a complete understa	anding of and a willi	ngness to abide by the above T	ravel Release/Authorization,
Signat	ure of delegate	Type dele	egate's name	Dat	e
*Signa	ture of legal guardian #1	Type lega	al guardian #1's nam	e Dat	e
*Signa	ture of legal guardian #2	Type lega	al guardian #2's nam	e Dat	e
*In the	e case of divorced parents:				
	For divorced parents/legal guardia For single parent homes and for				eeds to sign above. The same

For single parent homes and for divorced parents where one parent is awarded full custody, only one guardian needs to sign above. The same guardian must sign below:

By signing below, I attest that I have sole custody of the child listed above.

Signature of Parent or Guardian _____ Date: _____

Type Parent or Guardian's name _____

Based on my assessment of the delegate's application and interview details, I recommend him/her/them for participation in the 2019 States' 4-H Outbound Programs. (Please carefully verify delegate's airport selection)

State Coordinator Type State Coordinator's Name Date

2019 Outbound Traveler App	lication Form - OHIO Supplem	entary Information Page
Are you presently a 4-H <u>club</u> men If no, did you ever belong to a 4-F	are not required to be a 4-H manber? Yes No If yes, yet club? Yes (Years: yement with 4-H? Yes No	vear joined 4-H:) □ No
_ist projects, achievements and/o	r activities:	
LEADERSHIP & RELATED Ex (Include major experiences in 4	XPERIENCE: 4-H, other youth groups, church,	school, university, other)
Organization	Years of Membership	Leadership / Responsibilities
EDUCATION Eavorite subjects in school		
•		-
		-
My strengths and weaknesses as	they might apply to this internation	al experience are:
		<u> </u>
	will benefit you, your family and cor y in which you live?	mmunity in becoming more aware of th



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS

2019 OUTBOUND GLOBAL CITIZEN NATIONAL SCHOLARSHIP APPLICATION

NOTE TO APPLICANT: This "Global Scholarship" is separate from the \$1,800 Ohio 4-H Base Scholarship being awarded to all selected candidates. This scholarship is offered at the national level by States' 4-H. We are interested in making our programs more accessible to all and to highlight leadership potential in our future delegates.

Please see details below. Applicants must submit this scholarship application with their complete Outbound Application to the State 4-H Office by November 30. If you have questions about this process, please contact thalheimer.1@osu.edu.

Global Citizen Scholarship

Merit-based: \$500 each

- **Details:** Two applicants per Outbound program will be selected per year to receive a scholarship equal to a \$500 deduction of their program fee. For the Japan programs, there will be two selected for the 2-Month program and two for the 1-Month program.
- Selection Process: States' 4H will review all completed applications received by November 30 and invite those who make it to the final round to participate in a video interview with States' 4-H. Two applicants will be selected per program. Selections will take place based on the following criteria: demonstrated leadership ability or potential, clear description of how these funds would support them in growing as a global citizen, ability to address the prompted questions, creativity, organization, personal recommendations, and State Coordinator recommendations.

Award Process:

Notification will occur in January 2019. The scholarship will be awarded in two payments. The first \$300 of the scholarship will be applied to their Second Installment of the program fee. The remaining \$200 will be awarded to delegates after they complete the program and the Alumni Expectations three months after the program. If they do not complete these requirements, they will not be awarded the additional \$200.

- Alumni Expectations: Recipients of this scholarship are expected to meet the following alumni requirements. States' 4-H staff will follow up with awardees to confirm that they have completed these requirements within three months of their return from their program (with the exception of the Outbound calls listed below).
 - A) Give a minimum of 2-3 presentations in their community about their States' 4-H experience and their role as a global citizen.
 - **B)** Complete a minimum of 1 States' 4-H blog entry about a cross-cultural event, project, or experience in their own community after the program. This should demonstrate their continued role as a global citizen and can be a written, video, or photo blog entry. Examples include: international fair at school, interfaith dinner, school project, globally conscious community service program, etc.
 - **C)** Participate in Outbound pre-program calls and orientation calls when available.

Full Name:			State:
	(First name)	(Last name)	
Gender:	Age (as of departu	ure date):	
Country(ies) v	ou are applying to:		

	States' 4-H office use only	Name:		Country:	
Please respond to the followin written essay. If preferred, the entry, artwork, etc.) as long as different skills and learning sty	y can complete a creative it addresses the prompte	response that did questions clea	demonstrates their s arly. States' 4-H reco	strengths as a leader (video	
Only one response can be submust be an either or decision).					5
What does being a global citiz	en mean to you?				
How have you been a global o	itizen in your own comm	unity? Please sl	nare at least 2-3 spe	cific ways.	
How will you continue to be a	alohal citizen and promo	te States' A.H i	orograms following	vour eychanae? Please he as	
specific as possible.	giobai cicizen ana promo	te States 4-11 p	nograms johowing j	your exchange: Fleuse be us	

	States' 4-H office use only	Name:	Country:	
			ho can comment on your leadership potential and the role(s) or/educator. The State 4-H Office will contact this individual.	
Name:	Position-T	itle/Relat	tionship:	
Email:				
Phone:				
For State and/or Local 4-H Coo	ordinators to complete:			
			le(s) they have played in your 4-H community. Please I to the applicant at this time. Attached additional pages	



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS 2019 SUMMER OUTBOUND PROGRAM JAPAN MEDICAL FORM

予防接種記録・病歴 (医師に英語で 記入してもらって下さい。)

Delegate's Name:	Date of Birth:
参加者名	生年月日 Month/Day/Year
Name of Japanese Organization (Labo/LEX): 交流団体記入欄	State: 州(米国人用)
	別(水圏スカ) npleted by a physician
To the Examining Physician: This individual is a	oplying for a cross-cultural exchange program. Delegates live
as a member of a family in a host country. Not ever The applicant must have a high degree of motiva backgrounds - sometimes under difficult circums evaluation of the applicant's health will be helpfu accepted for participation, necessary immunizations the examination which occurs within one year of	ryone is equipped mentally and physically for this experience. It also and the ability to adjust to different social and cultural stances. Sound health is vital. Your careful and complete I in determining his/her/their assignment. If the applicant is swill be required. *This form must be completed based on
本人と面談の上、下記3枚の項目について記入し、ご署名下さ	いますようお願い申しあげます。
I. Does the applicant have any allergies or reaction	ns to drugs or non-drug items?
アレルギー、薬品の副作用がありますか? Medicines: 薬品でアレルギーをおこすもの	
Penicillin or Related Drugs(ペニシリン系薬品): `	Yes□ No□
Aminopyrine or Sulpyrine Type Drug(ピリン系薬品	引:Yes No
Others(その他):	
Types and degree of reaction(反応の症状と程度)	:
Non-Drug Items: 薬品以外でアレルギーをおこ Bees (蜂) □ Pollen(花粉) □ Dogs(犬) □ Ca	ats (猫) ☐ Small Animals (小動物) ☐
	<u>:</u>
Types and degree of reaction (反応の症状と程度)	•
	YES, please explain condition and/or frequency in detail.
下記の病気や症状がありますか?あれば症状、頻り	そり書さ 称えて下さい。 Condition/Frequency 症状・頻度
Asthma/Respiratory Problems(喘息・呼吸器の病気	• • •
Diabetes/Hypoglycemia(糖尿病・低血糖)	Yes
Heart Trouble(心臟疾患)	Yes No
Lung Trouble(肺疾患)	Yes
Fainting Spells(失神)	Yes
Convulsions (ひきつけ痙攣)	Yes
Epilepsy (てんかん)	Yes
Skin Disease(皮膚の病気)	Yes
Kidney/Gall Bladder/Liver Disease(腎臟・胆囊・肌	干臓) Yes □ No □
Muscular/Skeletal Problem(筋肉又は骨の障害)	Yes
Emotional or Mental Disorder(情緒不安定)	Yes
Stomach/Intestinal Problem (胃腸障害)	Yes
Anxiety (不安障害)	Yes
Depression (うつ病)	Yes

Does this person have difficultie 下記の障害や、健康上注意を要する			添えて下さい。 marks 注意書き
Eyes (視力等、目の障害)	Yes ☐ No ☐		=
Uses Contact Lenses (コンタクト			
Ears(聴力等、耳の障害)			
Nose (鼻の障害)			
Throat(咽喉障害)			
Digestion(消化障害)			
Sleepwalking(夢遊病)			
Bed-Wetting(夜尿症)			
Menstrual problems(生理障害)			
Any other difficulties: その他の障害			
今までに手術や事故、またはけがて Yes □ No □ Explain: あればどん		て下さい。	
健康上制限されている行動がありる		=	
Yes No If YES, please list: If an applicant is carrying medici ADD/ADHD medications, such as F 薬品又は処方箋を留学先に携帯して	nes/prescriptions, fill in the fo	ollowing. Plea	ase note that common mphetamine), are illegal in Ja
If an applicant is carrying medici	nes/prescriptions, fill in the fo	ollowing. Plea	ase note that common mphetamine), are illegal in Ja
If an applicant is carrying medici ADD/ADHD medications, such as F 薬品又は処方箋を留学先に携帯して	nes/prescriptions, fill in the fo	ollowing. Plea	ase note that common mphetamine), are illegal in Ja
If an applicant is carrying medici ADD/ADHD medications, such as F 薬品又は処方箋を留学先に携帯して して下さい。 Name of Medicine	nes/prescriptions, fill in the for Ritalin & Adderall (amphetamine くる場合は下記に記入して下る	ollowing. Plea	ase note that common mphetamine), are illegal in Ja)場合は、薬品名の前に"P"と Dosage/Times Taken
If an applicant is carrying medici ADD/ADHD medications, such as F 薬品又は処方箋を留学先に携帯してして下さい。 Name of Medicine 薬品名 Any recent exposure to a contag	nes/prescriptions, fill in the for Ritalin & Adderall (amphetamine こくる場合は下記に記入して下る Illness/Symptoms 病名・症状	pilowing. Plea e and dextroar さい。処方箋の かかったこと	ase note that common mphetamine), are illegal in Ja つ場合は、薬品名の前に"P"と Dosage/Times Taken 服用(量・回数) がありますか?
If an applicant is carrying medici ADD/ADHD medications, such as F 薬品又は処方箋を留学先に携帯して して下さい。 Name of Medicine	nes/prescriptions, fill in the for Ritalin & Adderall (amphetamine こくる場合は下記に記入して下る Illiness/Symptoms 病名・症状 ious disease? 最近、伝染病にしな伝染病だったか記入して下る doctor's care (for reasons othe しば何のためにかかっているか ious disease) ious disease? 最近、伝染病にしないかっているか ious disease? またいなのでは何のためにかかっているか ious disease ious disease? またいなのでは何のためにかかっているか ious disease ious diseas	pllowing. Plea e and dextroar さい。処方箋の かかったこと さい。 er than routin 記入して下さい	ase note that common mphetamine), are illegal in Jaco 場合は、薬品名の前に"P"と Dosage/Times Taken 服用(量・回数) がありますか?

Vaccine ワクチン	Number 回数	Date of injection 接種年月日	Vaccinated by/at 予防接種実施場所	Contracted? 発症歴の有無	Date contracted (M/D/Y) 発症年月日
Measles	1st 🗌			Yes No	
はしか	2nd				
Mumps	1st 🗌			Yes 🗌 No 🗍	
流行性耳下腺炎	2nd 🗌				
	1st 🗆			Yes ☐ No ☐	
Rubella 風疹	2nd				
Chickenpox 水痘				Yes 🗌 No 🗌	
	1st 🗆				
	2nd 🗌			Yes ☐ No ☐	
Polio (OPV)小児麻痺	3rd				
	4th				
DPT 三種混合	1st 🗌				
	2nd 🗌				
Diphtheria ジフテリア	3rd			Yes 🗌 No 🗌	
Pertussis 百日せき	4th 🗌				
Tetanus 破傷風	5th				
Tuberculosis 結核				Yes No	
	1st 🗌			Vaa 🗆 Na 🗆	
Hepatitis B B型肝炎	2nd			Yes 🗌 No 🗌	
	3rd				
Others その他				Yes 🗌 No 🗌	
Considering the statement connection with the above his program?	e questions, is	there any rea	ason you would que	stion his/her par	ticipation in
connection with the above his program? 以上の診察の結果、国際交流 われる場合はYesにX印る	e questions, is 流参加に健康上	s there any rea こなんらかの支	ason you would que 障があると思われます	stion his/her par	ticipation in
connection with the above his program? 以上の診察の結果、国際交流 われる場合はYesにX印を Yes □ No □ Explain: For additional comments, pl	e questions, is 流参加に健康上 を付け、下線部 ease use an ex	s there any rea なんらかの支 ぶにその理由を xtra sheet of pa	ason you would que 障があると思われます 説明して下さい。 aper.	stion his/her par rか?無ければN	ticipation in
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STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS 2019 SUMMER OUTBOUND PROGRAM COSTA RICA & FINLAND MEDICAL FORM

	Date of Birth: Month/Day/Year
Destination Country:	State
Must be	e completed by a physician
as a member of a family in a host country. No The applicant must have a high degree of n backgrounds - sometimes under difficult cir evaluation of the applicant's health will be h	I is applying for a cross-cultural exchange program. Delegates live to everyone is equipped mentally and physically for this experience notivation and the ability to adjust to different social and culture recurstances. Sound health is vital. Your careful and completelpful in determining his/her/their assignment. If the applicant actions will be required. *This form must be completed based of the date of departure.
Does the applicant have any allergies or re Medicines:	actions to drugs or non-drug items?
Penicillin or Related Drugs: Yes No Aminopyrine or Sulpyrine Type Drug:	Yes No
Types and degree of reaction:	
Non-Drug Items: Bees Pollen Dogs Cats S	Small Animals
Foods:	
Other non-food items:	
Types and degree of reaction:	
Is this person subject to any of the following	g? If YES, please explain condition and/or frequency in deta
A (I / / / D) i / D I	Condition/Frequency
	V Q C
Asthma/Respiratory Problems	Yes
Diabetes/Hypoglycemia	Yes
Diabetes/Hypoglycemia Heart Trouble	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease Kidney/Gall Bladder/Liver Disease	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease Kidney/Gall Bladder/Liver Disease Muscular/Skeletal Problem	Yes
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease Kidney/Gall Bladder/Liver Disease Muscular/Skeletal Problem Emotional or Mental Disorder	Yes No
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease Kidney/Gall Bladder/Liver Disease Muscular/Skeletal Problem Emotional or Mental Disorder Stomach/Intestinal Problem	Yes No
Diabetes/Hypoglycemia Heart Trouble Lung Trouble Fainting Spells Convulsions Epilepsy Skin Disease Kidney/Gall Bladder/Liver Disease Muscular/Skeletal Problem Emotional or Mental Disorder	Yes No

	Eyes	Yes ☐ No ☐	Remarks
	Uses Contact Lenses	V	
	Ears	<u> </u>	
	Nose		
	Throat		
	Digestion	Vaa 🗆 Na 🗆	
	Sleepwalking	<u> </u>	
	Bed-Wetting		
	Menstrual problems		
		s, or injuries which required hospita	
		at the this person is restricted from	<u> </u>
•	Yes 🗌 No 🗌 If YES, please list: _		
	If an applicant is carrying medicine	es/prescriptions, fill in the following	
	Name of Medicine	Illness/Symptoms	Dosage/Times Taken
-			
_			
_			
		us disease?	
	Any recent exposure to a contagio Yes No Explain:		
	Yes No Explain:		
	Yes No Explain:		outine care)?
	Yes No Explain: Is this person currently under a do	octor's care (for reasons other than r	outine care)?
	Yes No Explain: Is this person currently under a do	octor's care (for reasons other than r	outine care)?
	Yes No Explain: Is this person currently under a do Yes No Explain: Any additional information the hos	ector's care (for reasons other than reasons other reasons other than reasons other than reasons other than reasons other reasons of reasons other reasons other reasons of reasons other reasons of reasons other reasons other reasons of	outine care)?
	Yes No Explain: Is this person currently under a do Yes No Explain: Any additional information the hos	octor's care (for reasons other than i	outine care)?

Vaccine	Number	Date of injection	Vaccinated by/at	Contracted?	Date contracte (M/D/Y)
Measles	1st 🗌			Yes 🗌 No 🗌	
IVICASICS	2nd 🗌				
Mumpo	1st 🗌			Yes 🗌 No 🗌	
Mumps	2nd 🗌				
5	1st			Yes No No	
Rubella	2nd 🗌			100 110	
Chickenpox				Yes 🗌 No 🗌	
	1st 🗌			Yes No	
Polio (OPV)	2nd 🗌				
1 0110 (01 1)	3rd 🗌]	
	4th 🗌				
DPT	1st				
	2nd 🗌			Yes ☐ No ☐	
Diphtheria	3rd 🗌			163 🗀 110 🗀	
Pertussis	4th				
Tetanus	5th				
Tuberculosis				Yes No	
	1st			Yes 🗌 No 🗌	
Hepatitis B	2nd			-	
	1.310 1 1				
considering the statem onnection with the about this program?	nents above, your ove questions, is	there any re	ason you would que	stion his/her/the	
Others Considering the statem connection with the about this program? 'es \(\sum \) No \(\sum \) Explain:	nents above, your ove questions, is	there any re	ason you would que	on you may have estion his/her/the	
Considering the statem connection with the about this program?	nents above, your	there any re	ason you would que	on you may have estion his/her/the	
Considering the statem connection with the about this program? Yes No Explain:	nents above, your ove questions, is	there any re	ason you would que	on you may have estion his/her/the	ir participatior
Considering the statem connection with the about this program? Yes No Explain:	nents above, your ove questions, is , please use an ex n which this report h physical examination had	there any re	ason you would que	history of the dove information	elegate. I certi



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS Out-Bound Youth Traveler Program – OH 2019

CONFIDENTIAL REFERENCE #1

(4-H Professional/Volunteer) (For Non 4-H Members: Community Leader)

PRINT IN DARK INK OR TYPE

Applicant's Name: State: OHIO					
The individual above has ap four to eight weeks living wit ability to assume this role with the control of the	th a host family in an unfa				
Thank you for providing th	his reference. All inform	ation is confi	dential to the ext	ent allowed by law.	
Interpersonal Relations: As (specify "Yes" or "No" and/or Cooperative Looked to for guidance Respectful Outgoing Sensitive towards others How does this applicant reach Physical Discomfort:	r comments, please) [] Yes [] No ct to: e: you have known, how wo Below Average [] [] [] [] [] [] [] [] [] []	Comments:		following areas:	
Additional Comments (Use t	The back of this page if he				
Signature:	Printed N	Name:		Date:	
Title:		Teleph	none: ()		
Relationship to Applicant:					
Address:					
	;				
Due: Nov 30! TO: Mary Lynthalheimer.1@osu.edu Fax				<u>, OH, 43210,</u>	



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS Out-Bound Youth Traveler Program – OH 2019

CONFIDENTIAL REFERENCE #2

(School representative)

PRINT IN DARK INK

Applicant's Name:			State: OHIO	0
The individual above has applied four to eight weeks living with a hability to assume this role will be re	ost family in an unfa			
Thank you for providing this re	ference. All inform	nation is confidentia	I to the exter	nt allowed by law.
Interpersonal Relations: As you o (specify "Yes" or "No" and/or come Cooperative Looked to for guidance Respectful Outgoing Sensitive towards others How does this applicant react to: Physical Discomfort: Stress/Pressure:	ments, please) [] Yes [] No	Comments:		
Sudden changes in schedule:				
Emotional Maturity Leadership Enthusiasm/Energy Self-Confidence Sense of Humor Handling Emergencies Self-Starter Flexible	low Average [] [] [] [] [] [] [] [ould you rate the appl Average Abov [] [] [] [] [] [] []		
Do you recommend this applicant YES NO Additional Comments (Use the ba		ecessary)		
Signature:	Printed	Name:		Date:
Title:		Telephone: ()	
Relationship to Applicant:				
Address:				
City:				Zip:
Due: Nov. 30! TO: Mary Lynn Th Thalheimer.1@osu.edu Fa:				OH, 43210



STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS Out-Bound Youth Traveler Program – OH 2019

CONFIDENTIAL REFERENCE #3

(Non-relative adult from school, 4-H, work, other clubs, etc.)

PRINT IN DARK INK

Applicant's Name:	State: OHIO				
The individual above has applied to participate in an international spend four to eight weeks living with a host family in an unfamilia applicant's ability to assume this role will be much appreciated.					
Thank you for providing this reference. All information is confidential to the extent allowed by law.					
Looked to for guidance [] Yes [] No					
Outgoing [] Yes [] No					
How does this applicant react to: Physical Discomfort: Stress/Pressure: Sudden changes in schedule: Awkward and embarrassing situations: In comparison with persons you have known, how would you rate Below Average Emotional Maturity [] [] Leadership [] [] Enthusiasm/Energy [] [] Self-Confidence [] [] Sense of Humor [] [] Handling Emergencies [] [] Self-Starter [] [] Flexible []					
Do you recommend this applicant for participation? YES NO Additional Comments (Use the back of this page if necessary)					
Signature: Printed Name:	Date:				
Title: Tele	ephone: ()				
Relationship to Applicant:					
Address:					
City: State:	Zip:				
City: State: Due: Nov. 30! TO: Mary Lynn Thalheimer, Ohio 4-H, 2201 Fred thalheimer 1@osu edu					