Keeping Your 4-H Records

BACKGROUND
Youth are often caught up in the day-to-day activities of their 4-H projects and experiences and don’t take the time to keep accurate records. Encouragement by volunteers and parents is critical to making this happen. Youth may be unsure of what records they need to keep, and when it is time to start filling out award and scholarship applications, they may be overwhelmed because they are missing the information they need. Keeping records allows youth to reflect on their experiences and helps them to recognize their many accomplishments.

Why is it important to keep good records?
• Positively reflect your 4-H work
• Aid you in completing 4-H achievement records and 4-H scholarship applications
• Earn trips, scholarships, and other awards
• Enhance writing skills
• Enhance record keeping abilities
• Help prepare for college
• Help prepare for future career opportunities!

Documenting the 4-H Experience
• Show how 4-H has impacted your life
• Tell what you have learned through your 4-H experience
• Document experiences, growth, and degree of participation
• Where appropriate, include: hours, dollars, amounts and numbers of donations

Tips for Making it Easy
• Keep records from year to year
• Continue adding to your forms each year
• Don’t forget about the small events that may apply
• Start Early!

Create a culture of everyone helping each other succeed!
WHAT TO DO

Activity:
- Ask members: Why it is important to keep good records?
  - Have members share their answers with the group
  - Review the answers in the background information
- Review the background information section on: “Documenting the 4-H Experience.”
- Have members complete one page for the current year of “My 4-H Career Record Book.”
  - Ask members to share examples from the various sections of their 4-H Career Record Book
  - Encourage youth to use examples from other club members to help fill in their records with things they may have forgotten
- Review “Tips for Making it Easy” from the background information.
- Explain that this is something that club members can work on together to help each other succeed.

TALK IT OVER

Reflect:
- What is one thing you have learned through your 4-H projects?
- Name one way you feel that your 4-H experiences have benefited you?

  Remind youth to write down their answers somewhere in their 4-H Career Record Book.

Apply:
- Have members share one way they plan to keep up these records in the future.
- Challenge youth to find one other 4-H member to mentor and help encourage them to keep better 4-H records.
- How can these 4-H experiences help you in applying for future jobs?

Prepared by Erin Dailey
Extension Educator
OSU Extension Jackson County
dailey.108@osu.edu

Reviewed by Ohio Valley EERA
4-H Youth Development Professionals
March 2012
Revised March 2014