Intended Audience
• 4-H Club Members

Lesson Objectives
Club members and parents will:
• Teach Lessons
• Give clear instructions.
• Adapt lessons to the ability of the learner.

Time: 20 minutes

Equipment and supplies
• Copy of the Teaching Activity Cards

Do Ahead
• Review Curriculum Overview
• Review Lesson
• Print out a copy of the Teaching Activity Cards

Training Teens to Teach

BACKGROUND
Utilizing older youth to teach programs has been a common practice in the 4-H program for many years. By giving teens the opportunity to teach, we can teach them marketable skills in communication, teaching, and leadership. The 4-H members who are on the receiving end of the lessons gain the skills from the lesson and form a positive relationship with a teen instructor.

The goal of teaching teens to be teachers is to give them a positive leadership experience, while providing their “students” with a fun, educational lesson that is taught or led by a good role model.

WHAT TO DO
Activity:
• Print and cut out a copy of the included Teaching Activity Cards. Have the cards ready for you to randomly select one for each participant. Feel free to add other easy activities that use items found around the house.

• If you have a large group, plan to divide participants into breakout rooms, if possible, and have them do the activity together. (Be sure that there are always at least three people in a breakout room.) Instruct each group to select one person to give instructions and at least one person to follow instructions. On some activities, the whole group may participate.

• Explain that the key to being a good teacher is giving good, clear instructions that the learner will be able to follow. Additionally, as a teacher they will want to make the activity fun for their audience. Even teaching virtually can be fun if you are enthusiastic and engaging.

• Have one teaching activity card for each group. Tell them they will be teaching the rest of the group to do what is on their card.
• Encourage the teens in the group to ask questions of their teacher. Be sure the questions are appropriate for the activity being taught. Tell the group to follow the instructions they are given.

• Make sure each teen has an opportunity to teach one simple activity to the group. Give them one to two minutes to teach each activity, and then have them move on to the next teacher in their group.

• Allow for two minutes time for each member who will be teaching in the breakout rooms. If using Zoom or a similar virtual platform, you may want to share the topic they are supposed to teach in that room’s chat box for reference and be sure to give notice when their time is almost up.

• When the groups finish, bring everyone back together and talk it over.

TALK IT OVER
Reflect:
• Have the group talk about one thing each person did well, i.e., spoke clearly, gave good instructions, smiled during their lesson, included everyone, answered questions clearly, etc.
• Follow up by having participants talk about things to work on to become better teachers.

Apply:
• Have each participant list one thing they will try to improve the next time they are teaching.
• Encourage teens to help set up virtual meetings for their club and teach an activity during that meeting.
• Set a schedule to give teens an opportunity to teach or lead an activity to the whole club. The teens can teach individually or in groups.
• Help them develop ideas for activities for the club and then allow them to follow through.
• Enjoy watching your teens and younger 4-H’ers learn from one another and grow through the experience! Our teens are the leaders of tomorrow’s 4-H clubs and this will help get them on the right track!

EVALUATION
Place the following link in the chat for attendees to use to complete the evaluation for the session go.osu.edu/bestbettervirtual.

Sources
• Some activities taken from Camp Counselor interview stations created by Erin Dailey, Extension Educator, 4-H Youth Development, Jackson County.

Prepared By
Jo Williams,
Extension Educator
4-H Youth Development
OSU Extension Scioto County
williams.2213@osu.edu

Reviewed By
4-H Youth Development professionals in an 11-county region in Southern Ohio
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