Ohio Apple Education Activity Guide

The Ohio Apple Marketing Program (OAMP) has contracted with EDUCATION Projects & Partnerships of Columbus to develop an eight-page activity guide to be used by educators and farm marketers. The purpose of this activity guide is to heighten the awareness of Ohio’s apple crop and to increase outreach and education opportunities related to Ohio apples for teachers and students. By connecting to families, this effort attempts to increase the awareness of educational opportunities available through orchard and farm market visits here in Ohio.

This education tool is designed to meet the Ohio Curriculum Model for social studies, science, math and language arts and utilize Johnny Appleseed themes of horticulture, character and service. The guide is designed for students grades K – 3 and is appropriate for classroom use and non-traditional learning environments, such as scout troops, after-school programs, home-school groups, church groups and families.

The activity guide is user-friendly, activity-based and designed with the following characteristics:

- Written for teachers, parents, orchard and farm market owners and students
- Provides student activities geared for K – 3 audience
- Includes many references, resources and web site information related to Ohio apples, orchards and farm markets
- Outlines an orchard visit with suggestions for pre- and post- visit plans
- Provides an activity which outlines a visit to a farm market and grocery store produce section
- Written to meet Ohio-based curriculum requirements: math, language arts, character education, service learning (community service)
- Emphasizes Johnny Appleseed’s good character traits:
  - brave, responsible, respectful, gentle, helping, giving,
  - enterprising, independent spirit who followed his dreams

Continued on page 2...
EDUCATION Projects & Partnerships will conduct a series of workshops, professional development conferences and train-the-trainer sessions. Training sessions will be:

- directly with teachers who will have immediate impact on students and parents.
- for parents who will involve their children in orchard and farm market visits.
- in a train-the-trainer format for the network of agriculture staff and volunteers who have local connections to teachers, libraries, day-care centers, home-school networks, etc.
- for orchard and farm market owners who will be interacting with teachers, parents and families.

Orchard and farm market owners may choose to make the activity guide available to teachers as a pre-visit preparation or a post-visit follow-up. They may also arrange to provide on-site training for teachers in their local area in an attempt to facilitate fall orchard visits.

\[ \text{Source: Carol Warkentien, Education Projects & Partnerships LLC & Ohio Apple Marketing Program} \]

This Ohio Apple Education Activity Guide is available for educators free of charge. Please visit the Ohio Apple website: www.ohioapples.org. Information is also available by contacting OAMP office at 614-246-8290. For information regarding training workshops contact EDUCATION Projects & Partnerships at 614-436-4171 or Cwark6763@aol.com.

\[ \text{Carolyn Wilson, Extension Agent, 4-H Youth Development, Guernsey County, Ohio} \]
Johnny Appleseed: American Hero

Long ago, there lived an American hero named John Chapman. You might know him as Johnny Appleseed. When he was young, he decided to spend his life helping other people. **Johnny kept that promise.** He planted apple trees so travelers would not be hungry. He cut wood, built houses and cleared land. **Johnny was brave.** He traveled without guns or weapons and slept out in the woods. He stopped fights between settlers and Native Americans. **Johnny was friendly.** He was kind to everyone he met. He told stories about his travels to young children. **Johnny was a caretaker.** He took care of the trees that he planted. He knew all about the birds and animals in the woods. Johnny was a simple man. Sometimes he wore his cooking pot on his head and went without shoes. He carried books and apple seeds in a pack on his back. He walked everywhere he went. We remember Johnny Appleseed because he was a man of good character. He lived for others.

Source: Ohio Apple Marketing Program

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**Apple Books**

Johnny Appleseed  
*By S. Kellogg*

10 Apples Up on Top  
*By T. LeSeig*

An Apple a Day  
*By D. Patent*

The Apple Pie Tree  
*By Zoe Hall*

Source: Ohio Apple Marketing Program

**Encourage Children to Taste-Test Apple Products**

Apple Jelly  
Apple Pie  
Apple Dips  
Caramel Apples  
Apple Cider  
Apple Juice  
Apple Sauce  
Apple Butter  
Apple Pastries

Source: Ohio Apple Marketing Program

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**Apple Information on the Web**

**Ohio Apple Orchards:**
www.ohioapples.org  
www.farmtomarkets.com  
Www.ohioproud.org/pubs.html

**More Information and Related Links:**
www.ohiofruit.org  
www.5aday.org  
www.usapple.org

**Other Activities for Kids**
www.ohioapples.org  
www.jahci.org  
www.educationworld.com

Source: Ohio Apple Marketing Program
Campus Connections

Hello Cloverbud Volunteers!!!

What do you think about giving parents ideas of things they can do with their children at home after 4-H Cloverbud get-togethers? Remember that at the end of most 4-H Cloverbud Curriculum Pieces there is a “Going Beyond” section which often recommends books for parents to read to their child or a continuation of activities to do at home.

Well here are a few more ideas that you may want to suggest to parents or caregivers when they pick up their child(ren). Under the “Community Expressive Arts” section, how about a Music and Movement Theme. Children can use a harmonica, tambourine, rattle, dancing ribbon, or drumstick to excite children about music and movement. Also include some singing with simple songs familiar to the child and family.

The “Consumerism and Family Science” curriculum pieces suggest parents include children in activities around the house such as watering the yard or flowers (talk about why plants need water or that too much might hurt the plants). Have the 4-H Cloverbud children participate in grocery shopping, picking out fruits and vegetables, looking at prices, etc.

By having children involved with these “Going Beyond” activities they are spending fun time with their parent(s) or caregiver(s), feeling good about themselves, working on social-interaction skills, and making decisions. All of these aspects are life skills to help children prepare for the future.

Well until next time, take care and have fun. I look forward to sharing more ideas with you soon.

Thanks for all that you do as Cloverbud Leaders and Advisors.

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Apple Smoothies

2 cups applesauce  
1 cup apple cider  
1 cup orange juice  
2 tablespoons maple syrup  
1/2 teaspoon nutmeg  
1/2 teaspoon cinnamon

Combine all ingredients in blender; blend until smooth. Pour into glasses and serve.

Source: The Market Bulletin, Fall 2002  
West Virginia Department of Agriculture

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Ohio State University Extension

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Editors: Bruce P. Zimmer, Extension Agent, 4-H Youth Development, Monroe County, 101 North Main Street, Room 17, Woodsfield, Ohio 43793, Phone - (740) 472-0810, E-mail – zimmer.2@osu.edu; Joyce A. Shrinner, Extension Agent, Family & Consumer Sciences, Hocking County, 150 North Homer Avenue, Logan, Ohio, 43138-1730, Phone – (740)385-3222, E-mail – shriner.3@osu.edu.

Design & Production: Jennie Shaw, Support Staff , OSU Extension, Monroe County.

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Hearing impaired readers may request information about educational topics by calling TDD #1-800-589-8292 (in Ohio) or 1-614-292-1868 (outside Ohio). For those with physical disabilities, special arrangements for participating in educational programs can be made by contacting your local Extension Office.