GenerationRx – Safe Medication Practices for Life
Joyce Shriner, Extension Educator, 4-H Youth Development
OSU Extension, Hocking County (The Ohio State University).

Developed through a partnership between The Ohio State University College of Pharmacy and Cardinal Health Foundation, the toolkit offers a “collection of age-appropriate, engaging resources that educate children (grades K-5) about medication safety principles, equipping them with a foundation for understanding how to use medicines safely before they enter their teen and adult years.”

The toolkit emphasizes four medication safety principles:

1. Only take medicine from individuals that a parent (or guardian) gives permission.
2. Do not share medication or take someone else’s medication.
3. Keep medications in their original containers to avoid confusion with candy or other medicines.
4. Always store medicine in a safe place, such as a locked cabinet or a high shelf that children can’t reach.

The toolkit contains activity stations, games, worksheets and visual aids to keep children engaged and having fun while learning. There are also educational resources for teenagers and adults.

To access the toolkit, log on to www.GenerationRx.org. Click on the “Take Action” tab and then click on “Elementary.”