

Ohio 4-H Cloverbud Connections

For 4-H Cloverbud Volunteers Working with Grades K—2

January - March 2016 Issue

Teaching Respect

By Joyce Shriner, 4-H Youth Development Educator/CED, Hocking County (OSU Extension).



According to Webster's New World Dictionary, the word respect means: "to feel or show honor or esteem for; to show consideration for; avoid intruding upon or interfering with; to concern; relate to." Showing respect is related to being polite and having good manners. At a very early age children can learn to show respect as they learn manners. Learning to say "Please" and "Thank you" are examples. Parents are the first to teach children to show respect. 4-H Cloverbud volunteers can reinforce the early learning by modeling and reminding Cloverbuds of proper behavior.

All 4-H Cloverbud lessons can include positive messages that teach Cloverbuds how to show respect. For example, a flag or patriotic lesson could include practice standing at attention and placing one's right hand over their heart when the flag passes by during a parade or during the singing of the National Anthem. Snack time could include reminders about chewing food quietly with one's mouth closed and not double dipping.

Other reminders that will help Cloverbuds learn to show respect include:

- ★ Be on time.
- ★ Wipe one's shoes before entering a home or building. Remove muddy footwear.
- ★ Cover a cough or sneeze.
- ★ Wash hands before meals.
- ★ Listen while others are speaking.
- ★ Hold a door for someone who is carrying lots of packages.
- ★ Write thank you notes to show appreciation.
- ★ Whisper when it is appropriate (house of worship, restaurants, library, movie theater) and not when it is inappropriate (in a small group).
- ★ Learn what to say when: you accidentally bump someone – "Excuse me;" you accidentally hurt someone or make a mistake – "I'm sorry;" you couldn't hear what was said – "I beg your pardon."
- ★ Pick up after oneself at home and at school.
- ★ Do chores without complaining.

Being nice and getting along well with others by showing respect makes life easier and happier.



THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES

Click it, Print it, Do it!



www.go.osu.edu/click

Respect-acles

Looking for easy to teach resources for your next meeting? Check out the most recent Click it, Print it, Do it activity for your Cloverbuds!

Teaching Respect and Manners

By Christy Millhouse, 4-H Youth Development Educator,
Preble County (OSU Extension).

Teaching respect and manners helps Cloverbuds understand that other people are important and deserve consideration. Below are some ideas for how to work these lessons into a Cloverbud 4-H meeting.

- ◆ Before serving a snack, talk to the youth about what manners are expected like waiting their turn to be served and asking politely for seconds. Give examples of what to do such as asking, "May I please have more juice?" or saying "Thank you for the snack." While they eat, offer reminders when they do not show manners.
- ◆ Most 4-H clubs meet in the homes of members or in community buildings. Provide materials for the Cloverbuds to make their own thank you cards to say thanks for the use of the building. If possible, allow the children to present the thank you notes themselves.
- ◆ Being able to speak to adults can be challenging for Cloverbud age children. Letting them practice what author, June Hines Moore, calls the Six S's can help make this easier (Moore, 2001). Cloverbuds can practice with each other or ask other adults to help them practice.
 - * Stand – Stand when you meet someone for the first time
 - * Smile – Look in a mirror, smile and say, "Hello, how are you?"
 - * See their eyes – Look people in the eye when meeting them.
 - * Shake their hand – When meeting people it is appropriate to shake hands.
 - * Say your name – Say "Hello, my name is _____."
 - * Say their name back to them – It is nice to meet you _____.
- ◆ There are a few other courtesies youth can be reminded about:
 - ▷ Opening doors for others is always kind.
 - ▷ It is polite to wait until others are done talking before you speak. It is not polite to interrupt.
 - ▷ Saying "I'm sorry" shows you care about others.
- ◆ This is a fun video about manners:
 - * <https://www.bing.com/videos/search?q=videos+about+manners+for+children&FORM=VDR&view=detail&mid=0E4DF3122A17E1A1D5D10E4DF3122A17E1A1D5D1>

References:

<http://www.parents.com/toddlers-preschoolers/development/behavioral/5-ways-to-teach-manners-to-preschoolers/>

Moore, J. H. (2001). *Manners Made Easy*. Nashville, TN: Broadman & Holman Publishers, page 12.

Campus Connections

By Scott Scheer, Ph.D., State Extension Specialist,
4-H Youth Development (The Ohio State University).

Hello again! It's great to make this 4-H Cloverbud Connection with you!

The 4-H Cloverbud Program is an excellent way to help kids learn about giving and showing respect to others. One of the strategies for doing this as a Cloverbud Advisor is to model this behavior with them by valuing and respecting each and every Cloverbud member and having the same expectation in return. As caring adult role models, this positive approach by interacting with each other by showing and giving respect, Cloverbud kids will learn how to do the same.

Another strategy to consider for instilling a respectful attitude with Cloverbud participants is to talk about what respect means. Ask the kids – "What does the word respect mean to you?" "How do you show respect to others?" "How do you feel when you are respected by others?" "What can you do if you see a friend who is being treated badly and disrespected?" Divide the club into small groups of four or five, if there are many participants, so everyone can share. You will be amazed at what the kids will learn from each other and have great ideas for becoming respect builders.

Thanks for your commitment to the 4-H Cloverbud program as we enhance the healthy development of children throughout the state!



Cloverbud Connections is published four times annually by OSU Extension in Monroe and Hocking Counties, providing volunteers and teachers working with kindergarten through second grade access to unbiased, research-based information.

Editors: Bruce P. Zimmer, Extension Educator, 4-H Youth Development, Monroe County, 101 North Main Street, Room 17, Woodsfield, Ohio 43793, Phone - (740) 472-0810, E-mail – zimmer.2@osu.edu; Joyce A. Shriner, Extension Educator, 4-H Youth Development, Hocking County, 150 North Homer Avenue, Logan, Ohio, 43138-1730, Phone – (740)385-3222, E-mail – shriner.3@osu.edu.

Design & Production: Jennie Shaw, Extension Support Staff, OSU Extension, Monroe County.

CFAES provides research and related educational programs to clientele on a nondiscriminatory basis at: <http://go.osu.edu/cfaesdiversity>